

Sysco eNutrition

CRACKER GRAHAM

SUPC: 4014669

Graham Cracker

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Nutrition Information

Serving size 1 pack (21 grams)

Amount Per Serving

Calories**90**

% Daily Value*

Total Fat NA NA

Saturated Fat 0.5g 3%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 90mg 4%

Total Carbohydrate 16g 6%

Dietary Fiber 1g 4%

Total Sugars NA NA

Includes 5g Added Sugars 10%

Protein 1g

Vitamin D NA NA

Calcium 10mg 0%

Iron 0.60mg 4%

Potassium 40mg 1%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Ingredients:

INGREDIENTS: GRAHAM FLOUR (WHOLE GRAIN WHEAT FLOUR), UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE {VITAMIN B1}, RIBOFLAVIN {VITAMIN B2}, FOLIC ACID), SUGAR, SOYBEAN AND/OR CANOLA OIL, MOLASSES, PALM OIL, LEAVENING (BAKING SODA, CALCIUM PHOSPHATE), SALT. CONTAINS: WHEAT.

Contains:

Wheat

Notes

The nutrition information, ingredients/allergens and attributes/diet types displayed as well as any corresponding claims related thereto, including without limitation, claims regarding the vegetarian, vegan, Kosher, and gluten-free status of a product or item in Sysco eNutrition® (collectively, "Product Information & Attributes/Diet Types/Claims") are provided by product manufacturers and suppliers. Such information may not be complete and/or up to date. You should defer to the product packaging and/or consult with the product manufacturer for complete and current product information. Determination of whether or not a product or item meets the parameters of a specific lifestyle/diet is at your discretion and risk. Sysco and its affiliates do not guarantee the validity, accuracy or completeness of any Product Information & Attributes/Diet Types/Claim and you hereby release Sysco and its affiliates for all claims in any way related to the Product Information & Attributes/Diet Types/Claims. Note that if an item is linked to nutrition information from the USDA National Nutrient Database for Standard Reference, ingredients and allergens will not be displayed.