

# Kosher Pizza Bagels

## Nutrition Facts

18 servings per container

Serving size 1 piece (73g)

Amount per serving

**Calories 150**

% Daily Value \*

Total Fat 4g 5%

Saturated Fat 1.5g 8%

Trans Fat 0g

Polyunsaturated Fat 0.5g

Monounsaturated Fat 1g

Cholesterol 10mg 3%

Sodium 320mg 14%

Total Carbohydrate 22g 8%

Dietary Fiber 1g 4%

Total Sugars 3g

Includes 1g Added Sugars 2%

Protein 8g

Vit. D 0.1mcg 0% • Calcium 120mg 10%

Iron 1.6mg 8% • Potas. 160mg 4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** BAGEL: (ENRICHED FLOUR [WHEAT FLOUR, MALTED BARLEY, NIACIN, IRON, THIAMINE MONONITRATE (B1), RIBOFLAVIN (B2), FOLIC ACID], WATER, LESS THAN 2% OF THE FOLLOWING: SUGAR, YEAST, SOYBEAN OIL, SALT, MODIFIED FOOD STARCH, VINEGAR, SOY PROTEIN ISOLATE) **TOMATO SAUCE:** (WATER, TOMATO PASTE, SALT, SUGAR, ONION POWDER, GARLIC POWDER, SPICES), **MOZZARELLA CHEESE:** (PASTEURIZED REDUCED FAT MILK, CHEESE CULTURES, SALT, ENZYMES), RICE FLOUR. **CONTAINS: WHEAT, SOY, MILK**



## COOKING INSTRUCTIONS

For food safety and quality follow these cooking instructions. Keep frozen until ready to use. Cook thoroughly before eating. Cooking appliances vary in efficiency; time and temperature may need to be adjusted to achieve 165° product temperature. For best results conventional oven preparation is recommended.