GF. Animal Crackers

Sysco eNutrition

GF- Animal Crackers

CRACKER ORIGINAL ANIMAL GL FR

SUPC: 4082972

Nutrition Information

Serving size 9 crackers (30g) (30 grams)

Amount Per Serving

Calories 130

	% Daily Value*
Total Fat 3g	**4%**
Saturated Fat 1.5g	**8%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 120mg	**5%**
Total Carbohydrate 24g	**9%**
Dietary Fiber 0g	**0%**
Total Sugars 10g	
Includes 10g Added Sugars	**20%**
Protein 1g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Ingredients:
Tapioca Starch, Sugar, Rice Flour, Palm Oil, Tapioca Syrup, Dried Egg Whites, Cassava Flour, Less Than 2% Of: Potato Flour, Water, Salt, Soy Lecithin, Baking Soda, Xanthan Gum, Natural Flavor, Caramel Color.
CONTAINS: EGG, SOY.

Contains:
Eggs, Soy

Notes

Sysco eNutrition

GF - Bagel - Plain

BAGEL PLAIN I/W FS GLU FREE

SUPC: 1249727

Nutrition Information

Serving size	**1 bagel (99g) (99 grams)**
Amount Per Serving	
Calories	**310**
	% Daily Value*
Total Fat 9g	**12%**
Saturated Fat 0.5g	**3%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 470mg	**20%**
Total Carbohydrate 47g	**17%**
Dietary Fiber less than 1g	**4%**
Total Sugars 6g	
Includes 5g Added Sugars	**10%**
Protein 8g	
Vitamin D 0mcg	0%
Calcium 70mg	6%
Iron 0.80mg	4%
Potassium 120mg	3%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Ingredients:
Water, Brown Rice Flour (Rice Flour, Rice Bran With Germ), Tapioca Starch, Canola Oil, Dried Egg Whites, Potato Starch, Sugar, Tapioca Maltodextrin, Tapioca Syrup, Pea Protein Isolate, Less Than 2% Of: Xanthan Gum, Salt, Yeast, Cultured Corn Syrup Solids, Citric Acid (Mold Inhibitor), Enzymes. CONTAINS: EGG.

Contains:
Eggs

Notes

GF - Breaded Chicken Tenders

Harvestland Breaded Chicken Tenderloins

210 Calories per serving
Keep frozen until ready to use.
Once opened, consume within a few days for best quality.

- Gluten-Free

Description

What's Inside

Ingredients

Breaded Chicken Breast Tenderloins Containing Up To 16% Of A Solution Of Water And Sea Salt. Breaded With: Wheat Flour, Sea Salt, Ground Paprika, Leavening (sodium Bicarbonate), Torula Yeast, Cane Syrup Crystals, Spice, Annatto, Natural Flavor. Battered And Predusted With: Wheat Flour, Water, Corn Starch, Evaporated Cane Syrup Crystals, Sea Salt, Spice, Guar Gum, Leavening (sodium Bicarbonate), Natural Flavor, Annatto, Turmeric. Breading Is Prebrowned In Vegetable Oil.

- Gluten-Free

GF- Brown Rice Pasta

Tinkyada gluten-free brown rice pasta is a nutritious, allergen-friendly option (no wheat, dairy, or soy) with an al dente texture. A typical 2 oz (56g) dry serving provides approximately **200–210 calories, 2g fat, 44–45g carbohydrates, 2g fiber, 0g sugar, and 4g protein**, making it high in carbs and low in fat. Peterson's Fresh Market +4

Nutritional Breakdown (Typical 2 oz / 56g Dry Serving):

- **Calories:** $\approx 200 - 210$
- **Total Fat:** 2g (3% Daily Value)
- **Sodium:** $5 - 10$mg (0% Daily Value)
- **Total Carbohydrates:** $44 - 45$g (16% Daily Value)
- **Dietary Fiber:** $1 - 2$g ($4 - 7$% Daily Value)
- **Sugars:** 0g
- **Protein:** 4g Giant Food +3

Key Features of Tinkyada Pasta:

- **Ingredients:** Brown rice, rice bran, and water.
- **Allergen Info:** Gluten-free, often produced in a dedicated facility to avoid cross-contamination.

Sysco eNutrition

GF-Brownie-Choc Chip

BROWNIE CHOC CHIP GLUTEN FREE

SUPC: 3652961

Nutrition Information

Serving size	**1 Serving (99 grams)**
Amount Per Serving	
Calories	**420**
	% Daily Value*
Total Fat 21g	**27%**
Saturated Fat 4.5g	**23%**
Trans Fat 0g	
Cholesterol 85mg	**28%**
Sodium 115mg	**5%**
Total Carbohydrate 57g	**21%**
Dietary Fiber 1g	**4%**
Total Sugars 44g	
Includes 44g Added Sugars	**88%**
Protein 5g	
Vitamin D 0mcg	0%
Calcium 31mg	2%
Iron 3.00mg	15%
Potassium 260mg	6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Ingredients:
INGREDIENTS: sugar, eggs, soybean oil, cocoa powder, chocolate chips (sugar, chocolate liquor, cocoa buffer, soy lecithir, vanillin), brown rice flour. gluten-free whole oat floul potato starch, tapioca starch. invert sugar, natural vanilla flavor, sa//, xan/han gum,baking soda. CONTAINS: EGG, SOY.

Contains:
Eggs, Soy

Notes

Sysco eNutrition

GF - chicken Tenders

CHICKEN BRD TNDRS CKD GLTN FR

SUPC: 1707192

Nutrition Information

Serving size	**1 Serving (84 grams)**
Amount Per Serving	
Calories	**170**
	% Daily Value*
Total Fat 7g	**9%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 35mg	**12%**
Sodium 350mg	**15%**
Total Carbohydrate 14g	**5%**
Dietary Fiber 1g	**4%**
Total Sugars 0g	
Includes 0g Added Sugars	**0%**
Protein 13g	
Vitamin D 0mcg	0%
Calcium 5mg	0%
Iron 0mg	0%
Potassium 180mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2000 calories a day is used for general nutrition advice.

Ingredients:
CHICKEN BREAST TENDERLOINS, WATER, RICE STARCH, SEA SALT. BREADED WITH: CORN FLAKE CRUMB (YELLOW CORN MEAL, SUGAR, SALT), SALT, SOYBEAN OIL, CORN STARCH, SPICES AND SPICE EXTRACTIVES (INCLUDING EXTRACTIVES OF PAPRIKA), RICE FLOUR, TAPIOCA DEXTRIN. PREDUSTED AND BATTERED WITH: RICE FLOUR, WATER, CORN STARCH, SALT, SPICES AND SPICE EXTRACTIVES (INCLUDING EXTRACTIVE OF PAPRIKA AND EXTRACTIVE OF TURMERIC), GARLIC POWDER, ONION POWDER

Free From:
Crustaceans, Eggs, Fish, Milk, Peanuts, Sesame seeds, Soy, Tree Nuts, Wheat

Notes

The nutrition information, ingredients/allergens and attributes/diet types displayed as well as any corresponding claims related thereto, including without limitation, claims regarding the vegetarian, vegan, Kosher, and gluten-free status of a product or item in Sysco eNutrition® (collectively, "Product Information & Attributes/Diet Types/Claims") are provided by product manufacturers and suppliers. Such information may not be complete and/or up to date. You should defer to the product packaging and/or consult with the product manufacturer for complete and current product information. Determination of whether or not a product or item meets the parameters of a specific lifestyle/diet is at your discretion and risk. Sysco and its affiliates do not guarantee the validity, accuracy or completeness of any Product Information & Attributes/Diet Types/Claim and you hereby release Sysco and its affiliates for all claims in any way related to the Product Information & Attributes/Diet Types/Claims. Note that if an item is linked to nutrition

GF - Chocolate Chip Cookies

Nutrition Facts

Serving Size
2 cookies (28g)

Calories 130

	% Daily Value *
Total Fat 7g	**9%**
Saturated Fat 3.5g	**18%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 110mg	**5%**
Total Carbohydrate 19g	**7%**
Dietary Fiber 1g	**4%**
Total Sugars 11g	**22%**
Includes 11g Added Sugars	**22%**
Protein 1g	**2%**
Vitamin C --mg	--%
Vitamin D 0mcg	0%
Iron 1mg	6%
Calcium 24.1mg	2%
Potassium 52.1mg	1%
Phosphorus --mg	--%

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Nutrition Facts for Cybele's - Chocolate Chip Superb Cookies, Chocolate Chip

OIL, BROWN SUGAR, CANE SUGAR, FRUCTOSE, BROWN RICE SYRUP, WATER, EGG REPLACER (POTATO STARCH, TAPIOCA FLOUR, LEAVENING [CALCIUM LACTATE*, CALCIUM CARBONATE, CREAM OF TARTAR], CELLULOSE GUM, MODIFIED CELLULOSE), MOLASSES, PREBIOTIC FROM NON-GMO TAPIOCA STARCH, VANILLA EXTRACT, GRAPE JUICE, RICE SYRUP, BAKING SODA, SALT, XANTHAN GUM, SUNFLOWER LECITHIN.

missing.data Source

Ingredients: GLUTEN-FREE FLOUR (BROWN RICE FLOUR, POTATO STARCH, TAPIOCA FLOUR), SEMI-SWEET CHOCOLATE CHIPS (CANE SUGAR, UNSWEETENED CHOCOLATE, COCOA BUTTER), PALM

Click to see full view

6.0 servings per container | 2 cookies(28g)

120	125g	0g	8g	0g
Calories	Sodium	Dietary Fiber	Sugars	Protein

Nutrition facts

GF - Confetti Cookies

6.0 servings per container

Serving size	2 cookies(28g)
Amount per serving	
Calories	**120**
% Daily Value*	
8%	**Total Fat** 6g
15%	Saturated Fat 3g
	Trans Fat 0g
0%	**Cholesterol** 0g
5%	**Sodium** 125g
7%	**Total Carbohydrate** 18g
0%	Dietary Fiber 0g
	Sugars 8g
	Protein 0g
2%	Calcium 24mg
0%	Iron 0mg

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

Gluten-Free Flour (Brown Rice Flour, Potato Starch, Tapioca Flour), Palm Oil Shortening, Rainbow Sprinkles (Sugar, Palm Kernel and Palm Oil, Corn Starch, Vegetable Juice [Beet Juice, Blueberry], Sunflower Lecithin, Annatto Extract, Spirulina Exract, Turmeric, Beta-Carotene, Paprika Oleoresin, MaltoDextrin, Carnauba Wax, Cellulose Gum), Cane Sugar, Brown Sugar, Water, Fructose, Brown Rice Syrup, Egg Replacer (Potato Starch, Tapioca Flour, Leavening [Calcium Lactate, Calcium Carbonate, Cream of Tartar], Cellulose Gum, Modified Cellulose), Rice Dextrin, Grape Juice, Prebiotic Tapioca Fiber, Vanilla Extract, Baking Soda, Salt, Xanthan Gum, Sunflower Lecithin

Sysco Shop

GF - David's Cookies: Chocolate Chip

Cookie Chocolate Chip Gluten Free Individually Wrapped

Customer Name: TALL PINES DAY CAMP

Account Number: 138396

24/3OZ 3646415

Description

David's Cookies Chocolate Chip cookie has a soft texture and is loaded with chocolate chips

- Individually wrapped. Retail ready with scannable bar code and GFCO certification symbol on package
- 24 cookies per case
- 4" diameter baked cookie
- Retail-ready, tamper evident packaging
- Individually wrapped
- Case yields 24 cookies
- Produced in an allergen-free GFCO certified facility
- Gluten-free, nut-free and dairy-free
- OU Kosher Parve
- Ready to eat. Thaw and sell
- Store frozen
- Frozen shelf life is one year from date of manufacture; refrigerated shelf life is one week; thawed shelf life is three to five days
- Store frozen at 0° F +/- 10° until ready to use
- Case dimensions: 9.75" x 9.75" x 6.5"
- Julian code - Mfg date
-
- Pair with fruit for a delicious gluten-free dessert or snack

Preparation and Cooking Instructions
Thaw = Thaw and serve

Ingredients

chocolate chips (sugar, unsweetened chocolate, cocoa butter, soy lecithin, natural flavor), brown sugar, margarine (vegetable oil blend [palm fruit oil, soybean & olive oils] water, salt, mono and diglycerides, natural flavor, vitamin A palmitate, beta carotene color), brown rice flour, eggs, sugar, gluten-free whole oat flour, tapioca starch, potato starch, palm oil, invert sugar, modified corn starch, natural vanilla flavor, xanthan gum, salt, baking soda. CONTAINS: EGG, SOY.

Nutrition Facts

1 Cookie, 3 oz Servings per container

Serving Size	**1 Cookie, 3 oz (85g)**
Amount per Serving	
Calories	**380**
	% Daily Value*
Total Fat 19g	**24%**
Saturated Fat 8g	**40%**
Trans Fat	
Cholesterol 30mg	**10%**
Sodium 210mg	**9%**
Total Carbohydrate 55g	**20%**
Dietary Fiber 3g	**11%**
Total Sugars	
Includes 33 g Added Sugars	**66%**
Protein 4g	**8%**
Vitamin D 0mcg	**0%**
Calcium 25mg	**2%**
Iron 3.00mg	**15%**
Potassium 25mg	**1%**

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GF - Graham Crackers

Nutrition Facts

7 servings per container

Serving size	**32.00**
Amount per serving	
Calories	**150**
	% Daily Value*
Total Fat 5g	**6%**
Saturated Fat 2g	**10%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 130mg	**6%**
Total Carbohydrate 24g	**9%**
Dietary Fiber 1g	**4%**
Total Sugars 7g	
Includes 7g Added Sugars	**14%**
Protein 1g	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

PEA STARCH, NON-HYDROGENATED SHORTENING (PALM OIL)+, BROWN RICE FLOUR, POTATO STARCH*, BROWN SUGAR*, SWEET RICE FLOUR, TAPIOCA STARCH, WATER, CANE SUGAR, TAPIOCA SYRUP, RICE BRAN, MOLASSES*, SALT, SODIUM BICARBONATE, PEA PROTEIN, NATURAL FLAVOR, PEA FIBER, INULIN, SUNFLOWER LECITHIN, MONO CALCIUM PHOSPHATE, MODIFIED CELLULOSE, GUAR GUM.

Directions

Indoors: 1 pkg. Kinnikinnick S'moreables Graham Style Crackers (220g) 7 large marshmallows (cut in half) 1/4 cup mini chocolate chips. Preheat oven to 350 degrees F. Break Kinnikinnick S'moreables in half & place 14 halves on a clean cookie sheet. Press half a marshmallow into chocolate chips (sticky side to adhere to chips). Place chips down on S'moreables cracker halves. Bake for 3-5 min or until marshmallow puffs & turns light golden brown. Remove from oven & immediately top with other half of the S'moreables cracker. Press together slightly. Yields: 14 S'mores. Outdoors: 1 pkg. Kinnikinnick S'moreables Graham Style Crackers (220g) 14 large marshmallows 14 squares milk chocolate. Break Kinnikinnick S'moreables in half. Top each half with piece of chocolate. Place marshmallow on stick & roast in fire pit until soft & slightly golden brown. Carefully, place marshmallow on S'moreables Graham Style cracker half covered in chocolate. Using the other cracker half, carefully slide marshmallow off stick to create sandwich style wafer. Yields: 14 S'mores.

Instructions: Store in a sealed container in a cool, dry place.

Warnings

May contain: eggs.

Sysco Shop

GF - Hamburger Bun

Bun Hamburger Gluten Free

Customer Name: TALL PINES DAY CAMP

Account Number: 138396

8/10.4OZ 2099974

Description

With Udi's® gluten-free buns, you'll never have to skip the bun again. Our soft, golden buns are perfect for all of your favorite foods—from burgers to sandwiches. Whether you are grilling up perfection in the backyard, or frying snacks for the kids, our tasty buns are the ideal addition to your gourmet burger. Dairy-free, soy-free, and nut-free, you can feel good about this gourmet favorite.

- 8 bags of 4 each hamburger buns
- Hamburger Bun
- 1 hamburger bun 74 g/ 200 calories
- Certified Gluten-Free
- Kosher
- No Artificial Dyes or Flavors
- Product comes in frozen.
- Thaw and enjoy.
- Temperature Qualifier Code: Storage and Handling; Delivery To Distribution Centre
- Minimum Temperature: 0°F
- Maximum Temperature: 20°F
- Keep frozen until ready to consume.
- Thaw and then refrigerate for up to 7 days.
- Case Dimensions are 15.82 in x 8.07 in x 10.39 in

Ingredients

Water, Tapioca Starch, Brown Rice Flour (Rice Flour, Rice Bran With Germ), Canola Oil, Invert Cane Syrup, Resistant Corn Starch, Less Than 2% Of: Tapioca Syrup, Dried Egg Whites, Yeast, Tapioca Maltodextrin, Potato Flour, Sugar, Sugarcane Fiber, Salt, Gum Blend (Xanthan Gum, Sodium Alginate, Guar Gum), Cultured Corn Syrup Solids, Xanthan Gum, Citric Acid (Mold Inhibitor), Enzymes. CONTAINS: EGG.

Nutrition Facts

1 bun (74g) Servings per container

Serving Size **1 bun (74g) (74g)**

Amount per Serving

Calories **220**

	% Daily Value*
Total Fat 6g	8%
Saturated Fat 0g	0%
Trans Fat	
Cholesterol 0mg	0%
Sodium 160mg	7%
Total Carbohydrate 39g	14%
Dietary Fiber 2g	7%
Total Sugars	
Includes 4 g Added Sugars	8%
Protein 3g	6%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

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Sysco Shop

GF - Hot Dog Roll

Bun Hot Dog Gluten Free

Customer Name: TALL PINES DAY CAMP

Account Number: 138396

6/6CT 1097926

Description

Enjoy Udi's Healthy Foods hot dog buns, even while limiting your gluten intake, with Udi's Gluten Free Classic Hot Dog Buns. The delicious taste and soft texture make a flavorful addition to hot dogs, sandwiches and more.

- Contain six 6CT 14.3 oz
- Standard hot dog bun size Soft texture
- Serving Size 68 g
- Frozen gluten free classic hot dog buns
- Ready to eat
- Shelf life 180 days
- Keep frozen
- Case dimensions 15.31Lx12.31Wx6.875H
- Enjoy hot dog buns, even while limiting your gluten intake, with Udi's Gluten Free Classic Hot Dog Buns. The delicious taste and soft texture make a flavorful addition to hot dogs, sandwiches and more

Preparation and Cooking Instructions
Ready_To Eat = Ready to eat

Ingredients

WATER, TAPIOCA STARCH, BROWN RICE FLOUR (RICE FLOUR, RICE BRAN WITH GERM), CANOLA OIL, RESISTANT CORN STARCH, EGG WHITES, INVERT CANE SUGAR, TAPIOCA MALTODEXTRIN, POTATO FLOUR, CANE SUGAR, TAPIOCA SYRUP, YEAST, SUGARCANE FIBER, SALT, GUM (XANTHAN GUM, SODIUM ALGINATE, GUAR GUM), CULTURED CORN SYRUP SOLIDS, CITRIC ACID (MOLD INHIBITOR), XANTHAN GUM, ENZYMES. CONTAINS:EGGS

Nutrition Facts

1 Serving Servings per container

Serving Size	**1 bun (68g) (68g)**
Amount per Serving	
Calories	**190**
	% Daily Value*
Total Fat 5g	**6%**
Saturated Fat 0g	**0%**
Trans Fat	
Cholesterol 0mg	**0%**
Sodium 350mg	**15%**
Total Carbohydrate 35g	**13%**
Dietary Fiber 5g	**18%**
Total Sugars	
Includes NA Added Sugars	
Protein 4g	**8%**
Vitamin D NA	
Calcium 0mg	**0%**
Iron 0mg	**0%**
Potassium 100mg	**2%**

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

GF - Popsicles

Nutrition Facts

6 servings per container

Serving size **3 pops (140g)**

	Per Serving		Per Pop	
Calories	**40**		**15**	
		% DV*		% DV*
Total Fat	0g	0%	0g	0%
Sodium	0mg	0%	0mg	0%
Total Carbohydrate	10g	4%	3g	1%
Total Sugars	0g		0g	
Incl. Added Sugars	0g	0%	0g	0%
Sugar Alcohol	6g		2g	
Protein	0g		0g	
Vitamin C		6%		2%

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, vitamin D, calcium, iron and potassium.

*% DV = % Daily Value

INGREDIENTS: WATER, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, LESS THAN 2% OF: SUGAR, BEET JUICE, VEGETABLE JUICE, TURMERIC EXTRACT, ANNATTO EXTRACT (FOR COLOR) GUAR GUM, MALIC ACID, CITRIC ACID, ASCORBIC ACID (VITAMIN C), NATURAL AND ARTIFICIAL FLAVOR, CHERRY JUICE CONCENTRATE, GRAPE JUICE CONCENTRATE, LOCUST BEAN GUM.

GF - Vanilla Wafers

Nutrition Facts

Serving Size 8 Cookies (36g)

Amount Per Serving	
Calories 160	
	% Daily Value*
Total Fat 5g	7%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 0g	0%
Sodium 130mg	6%
Total Carbohydrate 27g	
Dietary Fiber 1g	4%
Sugar 10g	10%
Protein 1g	
Vitamin A 0%	Vitamin C 0%
Calcium 1%	Iron 0%

*Percent Daily Values are based on 2000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

- ✓ Has Potato
- ✓ Has Sugar
- ✓ Has Eggs
- ✓ Has Corn
- ✗ No Mustard
- ✗ No Yeast
- ✗ No Sulphites
- ✗ No Sesame
- ✗ No Fish/Shellfish

Ingredients

Sugars (cane sugar, tapioca syrup), Egg whites, White rice flour, Potato starch*, Shortening (palm oil, modified palm oil), Pea starch, Tapioca

Sysco Shop

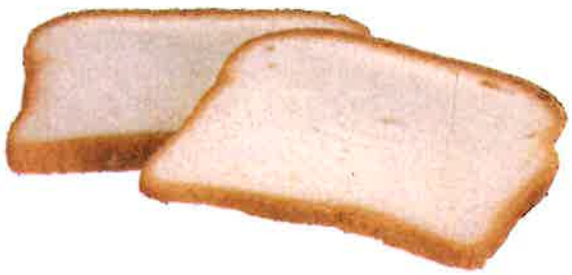
GF - White Bread

Bread White Soft Sandwich Gluten Free

Customer Name: TALL PINES DAY CAMP

Account Number: 138396

6/24OZ 7040539



Description

Soft texture and delicious taste - you won't know you are eating gluten-free bread. Just thaw and serve. Udi's delicious, soft white bread has the soft texture and delicious taste of the regular bread you have been craving, but without the gluten. Full of taste, free of gluten.

- Contain six, 24 oz
- Six Bread Loaves in Printed Wrappers in Corrugate case
- Large slices and a soft texture
- 14 servings per container
- Serving Size = 1 slice (49g)
- Gluten free bread
- Thaw and serve
- Keep frozen
- When ready to use, thaw in refrigeration for 24 hours
- Case Dimensions are 15.875 in x 9.125 in x 8.75 in
- Udi's delicious, soft white bread has the soft texture and delicious taste of the regular bread you have been craving, but without the gluten

Preparation and Cooking Instructions
Unprepared = Please follow preparation instructions as printed on the consumer packaging.

Ingredients

Water, Pea Starch, Modified Tapioca Starch, Rice Starch, Canola Oil, Rice Flour, Sorghum Flour, Tapioca Starch, Invert Cane Syrup, Cane Sugar, Dried Egg Whites, Less Than 2% Of: Modified Cellulose, Salt, Cultured Brown Rice, Yeast, Guar Gum, Xanthan Gum, Brown Rice Flour, Enzymes. CONTAINS: EGG.

Nutrition Facts

1 slice (49g) Servings per container

Serving Size 1 slice (49g) (49g)

Amount per Serving

Calories 150

	% Daily Value*
Total Fat 5g	6%
Saturated Fat 0g	0%
Trans Fat	
Cholesterol 0mg	0%
Sodium 270mg	12%
Total Carbohydrate 24g	9%
Dietary Fiber 1g	4%
Total Sugars	
Includes 2 g Added Sugars	4%
Protein 2g	4%
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 0mg	0%
Potassium 0mg	0%

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