

Breakfast Bar Nutri-grn Apple

Printer Friendly

SUPC: 5523808

Nutrition Information

Serving Size: 1 Bar (37 grams)

Amount Per Serving

Calories: 120

Calories from Fat: 27

		% Daily Value*
Total Fat:	3 GM	5%
Saturated Fat:	0.5 GM	2%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	110 MG	5%
Potassium:	NA	NA
Total Carbohydrate:	24 GM	8%
Dietary Fiber:	3 GM	12%
Sugars:	12 GM	
Protein:	2 GM	

Vitamin A: 15%

Calcium: 20%

Thiamin: 15%

Niacin: 25%

Vitamin C: 0%

Iron: 10%

Riboflavin: 25%

Vitamin B-6: 25%

Zinc: 10%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 6%
CHO - 73%
FAT - 21%

Ingredients:

CRUST: WHOLE GRAIN OATS, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), WHOLE WHEAT FLOUR, SOYBEAN AND/OR CANOLA OIL, SOLUBLE CORN FIBER, SUGAR, DEXTROSE, FRUCTOSE, CALCIUM CARBONATE, WHEY, WHEAT BRAN, SALT, CELLULOSE, POTASSIUM BICARBONATE, NATURAL AND ARTIFICIAL FLAVOR, CINNAMON, MONO- AND DIGLYCERIDES, SOY LECITHIN, WHEAT GLUTEN, NIACINAMIDE, VITAMIN A PALMITATE, CARRAGEENAN, ZINC OXIDE, REDUCED IRON, GUAR GUM, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B1 (THIAMIN HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), FILLING: INVERT SUGAR, CORN SYRUP, APPLE PUREE CONCENTRATE, GLYCERIN, SUGAR, MODIFIED CORN STARCH, SODIUM ALGINATE, MALIC ACID, METHYLCELLULOSE, DICALCIUM PHOSPHATE, CINNAMON, CITRIC ACID, CARAMEL COLOR.

Allergens: Milk, Soy, Wheat

Notes

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Breakfast Bar Nutri-grn Blubry

Printer Friendly

SUPC: 5523816

Nutrition Information

Serving Size: 1 Bar (37 grams)

Amount Per Serving

Calories: 120

Calories from Fat: 27

		% Daily Value*
Total Fat:	3 GM	5%
Saturated Fat:	0.5 GM	2%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	110 MG	5%
Potassium:	NA	NA
Total Carbohydrate:	24 GM	8%
Dietary Fiber:	3 GM	12%
Sugars:	12 GM	
Protein:	2 GM	

Vitamin A: 15%

Vitamin C: 0%

Calcium: 20%

Iron: 10%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

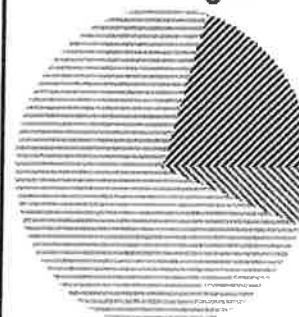
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 6%
CHO - 73%
FAT - 21%

Ingredients:

FILLING (HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, BLUEBERRY PUREE CONCENTRATE, GLYCERIN, SUGAR, WATER, SODIUM ALGINATE, MODIFIED CORN STARCH, NATURAL AND ARTIFICIAL FLAVOR, CITRIC ACID, METHYLCELLULOSE, DICALCIUM PHOSPHATE, MALIC ACID, RED #40, BLUE #1), WHOLE GRAIN ROLLED OATS, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), WHOLE WHEAT FLOUR, SUNFLOWER AND/OR SOYBEAN OIL WITH TBHQ FOR FRESHNESS, HIGH FRUCTOSE CORN SYRUP, SUGAR, CONTAINS TWO PERCENT OR LESS OF HONEY, DEXTROSE, CALCIUM CARBONATE, SOLUBLE CORN FIBER, NONFAT DRY MILK, WHEAT BRAN, SALT, CELLULOSE, POTASSIUM BICARBONATE (LEAVENING), NATURAL AND ARTIFICIAL FLAVOR, MONO- AND DIGLYCERIDES, PROPYLENE GLYCOL ESTERS OF FATTY ACIDS, SOY LECITHIN, WHEAT GLUTEN, NIACINAMIDE, SODIUM STEAROYL LACTYLATE, VITAMIN A PALMITATE, CARRAGEENAN, ZINC OXIDE, REDUCED IRON, GUAR GUM, PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), THIAMIN HYDROCHLORIDE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID.

Allergens: Milk, Soy, Wheat

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4. These items' qualification as "gluten-free" is dependent on the accuracy of the gluten-free

Breakfast Bar Nutri-grn Stwbry

Printer Friendly

SUPC: 5523949

Nutrition Information

Serving Size: 1 Bar (37 grams)

Amount Per Serving

Calories: 120

Calories from Fat: 27

		% Daily Value*
Total Fat:	3 GM	5%
Saturated Fat:	0.5 GM	2%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	125 MG	5%
Potassium:	NA	NA
Total Carbohydrate:	24 GM	8%
Dietary Fiber:	3 GM	12%
Sugars:	11 GM	
Protein:	2 GM	

Vitamin A: 15%

Calcium: 20%

Thiamin: 15%

Niacin: 25%

• Vitamin C: 0%

• Iron: 10%

• Riboflavin: 25%

• Vitamin B-6: 25%

• Zinc: 10%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9



Carbohydrate 4



Protein 4

Calorie Percentages



PRO - 6%
CHO - 73%
FAT - 21%

Ingredients:

CRUST: WHOLE GRAIN OATS, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, VITAMIN B1 [THIAMIN MONONITRATE], VITAMIN B2 [RIBOFLAVIN], FOLIC ACID), WHOLE WHEAT FLOUR, SOYBEAN AND/OR CANOLA OIL, SOLUBLE CORN FIBER, SUGAR, DEXTROSE, FRUCTOSE, CALCIUM CARBONATE, WHEY, WHEAT BRAN, SALT, CELLULOSE, POTASSIUM BICARBONATE, NATURAL AND ARTIFICIAL FLAVOR, MONO- AND DIGLYCERIDES, SOY LECITHIN, WHEAT GLUTEN, NIACINAMIDE, VITAMIN A PALMITATE, CARRAGEENAN, ZINC OXIDE, REDUCED IRON, GUAR GUM, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B1 (THIAMIN HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), FILLING: INVERT SUGAR, CORN SYRUP, STRAWBERRY PUREE CONCENTRATE, GLYCERIN, SUGAR, MODIFIED CORN STARCH, SODIUM ALGINATE, CITRIC ACID, DICALCIUM PHOSPHATE, METHYLCELLULOSE, NATURAL AND ARTIFICIAL FLAVOR, CARAMEL COLOR, MALIC ACID, RED 40.

Allergens: Milk, Soy, Wheat

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Cereal Apple Jacks Bwlpk

Printer Friendly

SUPC: 4044590

Nutrition Information

Serving Size: 1 container (18 grams)

Amount Per Serving

Calories: 70

Calories from Fat: 5

		% Daily Value*
Total Fat:	0.5 GM	1%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	0 GM	
Cholesterol:	0 MG	0%
Sodium:	95 MG	4%
Potassium:	NA	NA
Total Carbohydrate:	16 GM	5%
Dietary Fiber:	2 GM	8%
Sugars:	7 GM	
Protein:	less than 1 GM	

Vitamin A: 6%

Vitamin C: 15%

Calcium: 0%

Iron: 15%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

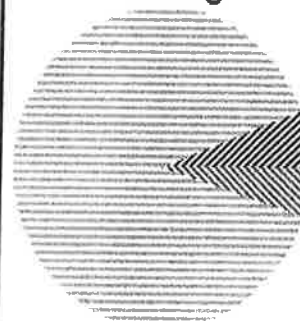
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 5%
CHO - 89%
FAT - 6%

Ingredients:

SUGAR, CORN FLOUR, WHEAT FLOUR, OAT FLOUR, SALT, MILLED CORN, DRIED APPLES, APPLE JUICE CONCENTRATE, MODIFIED CORN STARCH, CINNAMON, SODIUM ASCORBATE AND ASCORBIC ACID (VITAMIN C), YELLOW #6, NIACINAMIDE, REDUCED IRON, ZINC OXIDE, BAKING SODA, PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), TURMERIC COLOR, CALCIUM PHOSPHATE, RIBOFLAVIN (VITAMIN B2), THIAMIN HYDROCHLORIDE (VITAMIN B1), RED #40, VITAMIN A PALMITATE, BLUE #1, BHT (PRESERVATIVE), FOLIC ACID, VITAMIN D AND VITAMIN B12.

Allergens: Wheat

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SYSCO eNutrition>Search Food Products and Recipes>Product Detail>Nutrition Information

Cereal Froot Loop Redsug Indiv

Printer Friendly

SUPC: 2093431

Nutrition Information

Serving Size: 1 Container (28 grams)

Amount Per Serving

Calories: 110

Calories from Fat: 9

% Daily Value*

Total Fat:	1 GM	2%
Saturated Fat:	0.5 GM	2%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	170 MG	7%
Potassium:	NA	NA
Total Carbohydrate:	24 GM	8%
Dietary Fiber:	3 GM	12%
Sugars:	8 GM	
Protein:	2 GM	

Vitamin A: 8%	Vitamin C: 20%
Calcium: 0%	Iron: 20%
Thiamin: 20%	Riboflavin: 20%
Niacin: 20%	Vitamin B-6: 20%
Folate: 20%	Vitamin B-12: 20%
	Zinc: 8%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 7%
CHO - 85%
FAT - 8%

Ingredients:

CORN FLOUR BLEND (WHOLE GRAIN YELLOW CORN FLOUR, DEGERMINATED YELLOW CORN FLOUR), SUGAR, WHEAT FLOUR, WHOLE GRAIN OAT FLOUR, OAT FIBER, CONTAINS 2% OR LESS OF SOLUBLE CORN FIBER, HYDROGENATED VEGETABLE OIL (COCONUT, SOYBEAN AND/OR COTTONSEED), SALT, NATURAL FLAVOR, RED 40, TURMERIC EXTRACT COLOR, YELLOW 6, BLUE 1, ANNATTO EXTRACT COLOR. VITAMINS AND MINERALS: VITAMIN C (SODIUM ASCORBATE AND ASCORBIC ACID), NIACINAMIDE, REDUCED IRON, ZINC OXIDE, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), VITAMIN A PALMITATE, VITAMIN B1 (THIAMIN HYDROCHLORIDE), FOLIC ACID, VITAMIN B12, VITAMIN D3. CONTAINS WHEAT INGREDIENTS. CORN USED IN THIS PRODUCT MAY CONTAIN TRACES OF SOYBEANS.

Allergens: Soy, Wheat

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proper caution in the consumption of any food items and should always consider their individual dietary requirements and needs.

School Equivalents

Portion Size: 1 oz.

ID#:

Child Nutrition Label:

No

Product Formulation Statement:

Yes

Meat/Meat Alt:

N/A oz eq

Grain/Bread:

1.000 oz eq

Fruit:

N/A cup

Vegetable:

Red/Orange:

N/A cup

Dark Green:

N/A cup

Starchy:

N/A cup

Beans/Peas:

N/A cup

Other:

N/A cup

Notes:

I further certify that the above information is true and correct and that a 1 ounce portion of this product (ready for serving) provides 1 oz equivalent Grains. I further certify that non-creditable grains are not above 0.24 oz eq. per portion.

Cereal Froot Loop Bwlpk

Printer Friendly

SUPC: 4044608

Nutrition Information

Serving Size: 1 BOWL (.75 OZ) (21 grams)

Amount Per Serving

Calories: 80

Calories from Fat: 9

		% Daily Value*
Total Fat:	1 GM	2%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	0%
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	110 MG	5%
Potassium:	NA	NA
Total Carbohydrate:	18 GM	6%
Dietary Fiber:	2 GM	8%
Sugars:	7 GM	
Protein:	1 GM	

Vitamin A: 6%

Calcium: 0%

Vitamin C: 15%

Iron: 15%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

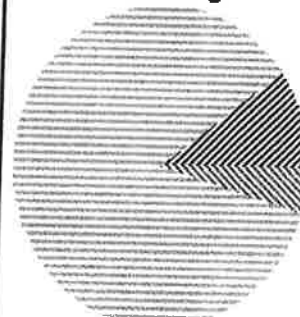
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 5%
CHO - 85%
FAT - 11%

Ingredients:

SUGAR, CORN FLOUR BLEND (WHOLE GRAIN YELLOW CORN FLOUR, DEGERMINATED YELLOW CORN FLOUR), WHEAT FLOUR, WHOLE GRAIN OAT FLOUR, OAT FIBER, MODIFIED FOOD STARCH, SOLUBLE CORN FIBER, CONTAINS 2% OR LESS OF HYDROGENATED VEGETABLE OIL (COCONUT, SOYBEAN AND/OR COTTONSEED), SALT, NATURAL FLAVOR, RED 40, TURMERIC EXTRACT COLOR, YELLOW 6, BLUE 1, ANNATTO EXTRACT COLOR, BHT FOR FRESHNESS. VITAMINS AND MINERALS: VITAMIN C (SODIUM ASCORBATE AND ASCORBIC ACID), NIACINAMIDE, REDUCED IRON, ZINC OXIDE, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), VITAMIN B1 (THIAMIN HYDROCHLORIDE), VITAMIN A PALMITATE, FOLIC ACID, VITAMIN B12, VITAMIN D3.

Allergens: Wheat

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SYSCO eNutrition>Search Food Products and Recipes>Product Detail>Nutrition Information

Cereal Frstd Mini Wheat Bwlpk

Printer Friendly

SUPC: 5769856

Nutrition Information

Serving Size: 1 Container (28 grams)

Amount Per Serving

Calories: 100

Calories from Fat: 0

		% Daily Value*
Total Fat:	0 GM	0%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	0 MG	0%
Potassium:	NA	NA
Total Carbohydrate:	24 GM	8%
Dietary Fiber:	3 GM	12%
Sugars:	6 GM	
Protein:	3 GM	

Vitamin A: 0%

Calcium: 0%

Thiamin: 10%

Niacin: 10%

Folate: 25%

• Vitamin C: 0%

• Iron: 45%

• Riboflavin: 10%

• Vitamin B-6: 10%

• Vitamin B-12: 10%

• Zinc: 4%

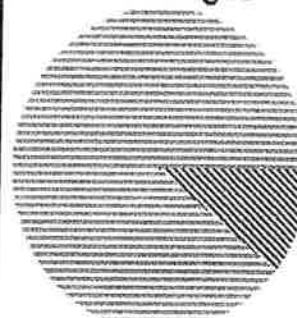
* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 11%
CHO - 89%
FAT - 0%

Ingredients:

WHOLE GRAIN WHEAT, SUGAR, CONTAINS 2% OR LESS OF BROWN RICE SYRUP, GELATIN. VITAMINS AND MINERALS: REDUCED IRON, NIACINAMIDE, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), VITAMIN B1 (THIAMIN HYDROCHLORIDE), ZINC OXIDE, FOLIC ACID, VITAMIN B12.

Allergens: Wheat

Notes

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Portion Size: 1 oz.

ID#:

Child Nutrition Label:

Product Formulation Statement:

at/Meat Alt:

rain/Bread:

Fruit:

Vegetable:

Red/Orange:

Dark Green:

Starchy:

Beans/Peas:

Other:

No

Yes

N/A oz eq

1.000 oz eq

N/A cup

N/A cup

N/A cup

N/A cup

N/A cup

N/A cup

Notes:

I further certify that the above information is true and correct and that a 1 ounce portion of this product (ready for serving) provides 1 oz equivalent Grains. I further certify that non-creditable grains are not above 0.24 oz eq. per portion.

Cereal Kix Bowlpak

Printer Friendly

SUPC: 4375408

Nutrition Information

Serving Size: 17 GR (17 grams)

Amount Per Serving

Calories: 60

Calories from Fat: 5

		% Daily Value*
Total Fat:	0.5 GM	1%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	100 MG	4%
Potassium:	35 MG	1%
Total Carbohydrate:	15 GM	5%
Dietary Fiber:	2 GM	8%
Sugars:	2 GM	
Protein:	1 GM	

Vitamin A: 6%

Calcium: 8%

Vitamin D: 4%

Vitamin C: 6%

Iron: 25%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 6%
CHO - 88%
FAT - 7%

Ingredients:

Whole Grain Corn, Corn Meal, Sugar, Corn Bran, Salt, Brown Sugar Syrup, Trisodium Phosphate, Vitamin E (mixed tocopherols) Added to Preserve Freshness. Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), Vitamin B (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin B2 (riboflavin), Vitamin B1 (thiamin mononitrate), Vitamin A (palmitate), Vitamin B (folic acid), Vitamin B12, Vitamin D3.

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SYSCO eNutrition>Search Food Products and Recipes>Product Detail>Nutrition Information

Cereal Raisin Bran Bwlpk

Printer Friendly

SUPC: 4044624

Nutrition Information

Serving Size: 1 bowl (35 grams)

Amount Per Serving

Calories: 110

Calories from Fat: 5

		% Daily Value*
Total Fat:	0.5 GM	1%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	125 MG	5%
Potassium:	NA	NA
Total Carbohydrate:	27 GM	9%
Dietary Fiber:	4 GM	16%
Sugars:	10 GM	
Protein:	3 GM	

Vitamin A: 6%

Vitamin C: 0%

Calcium: 0%

Iron: 15%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages

PRO - 10%
CHO - 87%
FAT - 4%

Ingredients:

WHOLE GRAIN WHEAT, RAISINS, WHEAT BRAN, SUGAR, BROWN SUGAR SYRUP, CONTAINS 2% OR LESS OF SALT, MALT FLAVOR, VITAMINS AND MINERALS: POTASSIUM CHLORIDE, NIACINAMIDE, REDUCED IRON, VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), ZINC OXIDE, VITAMIN B2 (RIBOFLAVIN), VITAMIN B1 (THIAMIN HYDROCHLORIDE), VITAMIN A PALMITATE, FOLIC ACID, VITAMIN D, VITAMIN B12.

Allergens: Wheat

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School Equivalents

Portion Size: 1.25 oz.

ID#:

Meat/Meat Alt:

res
N/A oz eq

Grain/Bread:

1.250 oz eq

uit:

N/A cup

Vegetable:

ed/Orange:

N/A cup

Dark Green:

N/A cup

Starchy:

N/A cup

Beans/Peas:

N/A cup

Other:

N/A cup

Notes:

I further certify that the above information is true and correct and that a 1.25 ounce portion of this product (ready for serving) provides 1.25 oz equivalent grains. I further certify that non-creditable grains are not above 0.24 oz eq. per portion.

Cheese Stick Mozz Brd Ovenable

Printer Friendly

SUPC: 9459942

Nutrition Information

Serving Size: 1 piece(s) (30 grams)

Amount Per Serving

Calories: 90

Calories from Fat: 41

		% Daily Value*
Total Fat:	4.5 GM	7%
Saturated Fat:	2 GM	10%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	10 MG	3%
Sodium:	270 MG	11%
Potassium:	NA	NA
Total Carbohydrate:	8 GM	3%
Dietary Fiber:	0 GM	0%
Sugars:	0 GM	
Protein:	4 GM	

Vitamin A: 2%

Calcium: 10%

Vitamin C: 0%

Iron: 0%

* Percent Daily V alues are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 18%
CHO - 36%
FAT - 46%

Ingredients:

Part-Skim Mozzarella Cheese (Pasteurized Part-Skim Milk, Culture, Salt, Enzymes, Calcium Chloride), Wheat Flour , Bleached Wheat Flour , Vegetable Oil (Soybean And/Or Canola), Water. Contains 2% or less of Annatto Extract Color, Annatto Extract, Caramel Color , Dextrose, Dried Garlic, Egg Whites, Modified Food Starch, Natural and Artificial Flavors, Onion Powder , Paprika Oleoresin Color , Parsley, Parmesan Cheese (Part Skim Milk, Cheese Cultures, Salt, Enzymes), Romano Cheese (Part-Skim Cow's Milk, Cheese Cultures, Salt, Enzymes), Salt, Sorbitol, Sugar, Yeast.

Allergens: Eggs, Milk, Wheat

Notes

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Cheese Mozz String

Printer Friendly

SUPC: 0615658

Nutrition Information

Serving Size: 1 unit/1oz (28 grams)

Amount Per Serving

Calories: 80

Calories from Fat: 54

		% Daily Value*
Total Fat:	6 GM	9%
Saturated Fat:	3.5 GM	18%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	15 MG	5%
Sodium:	200 MG	8%
Potassium:	NA	NA
Total Carbohydrate:	less than 1 GM	0%
Dietary Fiber:	0 GM	0%
Sugars:	0 GM	
Protein:	6 GM	

Vitamin A: 4%

Vitamin C: 0%

Calcium: 20%

Iron: 0%

* Percent Daily V values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 29%
CHO - 4%
FAT - 66%

Ingredients:

Pasteurized Part Skim milk, Cheese Cultures, Salt, Enzymes. **ALLERGEN INFORMATION: CONTAINS MILK**

Allergens: Milk

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School Equivalents

Portion Size: 1 oz. (28 grams)

ID#:

Child Nutrition Label:

Cheese Cream Orig Spread Cup

Printer Friendly

SUPC: 3717279

Nutrition Information

Serving Size: 1 container (28 grams)

Amount Per Serving

Calories: 71

Calories from Fat: 64

		% Daily Value*
Total Fat:	7 GM	11%
Saturated Fat:	4 GM	20%
Trans Fat:	0 GM	
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	0 GM	
Cholesterol:	20 MG	7%
Sodium:	115 MG	5%
Potassium:	35 MG	1%
Total Carbohydrate:	1 GM	0%
Dietary Fiber:	0 GM	0%
Sugars:	1 GM	
Protein:	1 GM	

Vitamin A: 6%

Vitamin C: 0%

Calcium: 4%

Iron: 0%

Riboflavin: 2%

Phosphorus: 2%

Zinc: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

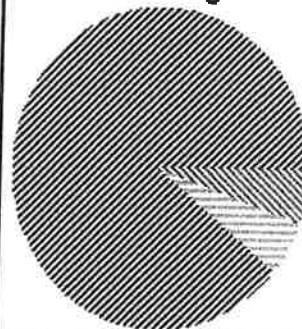
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 6%
CHO - 6%
FAT - 89%

Ingredients:

PASTEURIZED NONFAT MILK AND MILKFAT, WHEY PROTEIN CONCENTRATE, WHEY, CHEESE CULTURE, SALT, CAROB BEAN GUM, XANTHAN GUM, GUAR GUM, SORBIC ACID (AS A PRESERVATIVE), VITAMIN A PALMITATE

Allergens: Milk

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Cheese Cream Cup Plain

Printer Friendly

SUPC: 6261465

Nutrition Information

Serving Size: 1 unit (28 grams)

Amount Per Serving

Calories: 90

Calories from Fat: 81

		% Daily Value*
Total Fat:	9 GM	14%
Saturated Fat:	6 GM	30%
Trans Fat:	0 GM	
Polysaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	30 MG	10%
Sodium:	95 MG	4%
Potassium:	NA	NA
Total Carbohydrate:	2 GM	1%
Dietary Fiber:	0 GM	0%
Sugars:	2 GM	
Protein:	2 GM	

Vitamin A: 8%

Vitamin C: 0%

Calcium: 2%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 8%
CHO - 8%
FAT - 84%

Ingredients:

Pasteurized milk and cream, cheese culture, salt, stabilizers (carob bean and/or xanthan and/or guar gums).

Allergens: Milk

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Tribe Classic/Traditional Hummus

CLASSIC

Nutrition FactsServing Size 2 Tbsp. (28g)
Servings Per Container 10

Amount Per Serving

Calories 60 Calories from Fat 35

% Daily Value*

Total Fat 4g 6%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 140mg 6%

Total Carbohydrate 4g 1%

Dietary Fiber 1g 4%

Sugars 0g

Protein 2g

Vitamin A 0% • Vitamin C 0%

Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Cooked chickpeas (chickpeas, water), tahini (ground sesame), canola oil, dried roasted garlic, sea salt, citric acid, spices,

potassium sorbate (added to maintain freshness).



INGREDIENTS: Cooked Chickpeas (Chickpeas, Water), Tahini (Ground Sesame), Canola Oil, Dried Roasted Garlic, Salt, Citric Acid, Spices.



SYSCO eNutrition>Search Food Products and Recipes>Product Detail>Nutrition Information

Salsa Chunky Mild Authentic

Printer Friendly

SUPC: 7039266

Nutrition Information

Serving Size: 2 Tbsp. (30 grams)

Amount Per Serving

Calories: 10

Calories from Fat: 0

		% Daily Value*
Total Fat:		
Saturated Fat:	0 GM	0%
Trans Fat:	NA	NA
Polyunsaturated Fat:	0 GM	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	NA	NA
Sodium:	220 MG	9%
Potassium:	0 MG	0%
Total Carbohydrate:	2 GM	1%
Dietary Fiber:	NA	NA
Sugars:	1 GM	NA
Protein:	0 GM	

Vitamin A: 2%

Calcium: NA

• Vitamin C: NA

• Iron: NA

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories per gram:

Fat 9

• Carbohydrate 4

• Protein 4

Calorie Percentages

PRO - 0%
CHO - 100%
FAT - 0%

Ingredients:

CRUSHED TOMATOES (WATER, CRUSHED TOMATO CONCENTRATE), DICED TOMATOES IN TOMATO JUICE, WATER, FRESH JALAPENO PEPPERS, FRESH ONIONS, DEHYDRATED ONIONS, DISTILLED VINEGAR, SALT, GARLIC, MODIFIED FOOD STARCH, XANTHAN GUM, NATURAL FLAVORING

Notes

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SYSCO eNutrition>Search Food Products and Recipes>Product Detail>Nutrition Information

Chip Tortilla Yellow Triangle

Printer Friendly

SUPC: 2272690

Nutrition Information

Serving Size: 11 piece(s) (30 grams)

Amount Per Serving

Calories: 150

Calories from Fat: 63

		% Daily Value*
Total Fat:	7 GM	11%
Saturated Fat:	1 GM	5%
Trans Fat:	0 GM	NA
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	65 MG	3%
Potassium:	NA	NA
Total Carbohydrate:	20 GM	7%
Dietary Fiber:	2 GM	8%
Sugars:	0 GM	
Protein:	2 GM	

Vitamin A: 0%

Calcium: 8%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
Calories per gram:

Fat 9

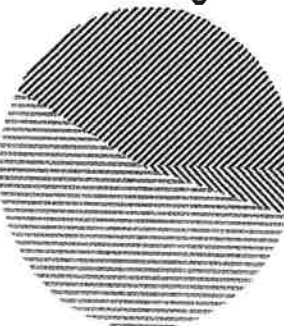
Carbohydrate 4

Protein 4

Ingredients:

Whole Grain Corn treated with Lime, Vegetable Oil (Contains one or more of the following: Soybean Oil, Corn Oil) with TBHQ and Citric Acid, Water, Salt.

Calorie Percentages



PRO - 5%
CHO - 53%
FAT - 42%

Notes

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School Equivalents

Portion Size: 1.06 oz.

Full Nutrition Label:

ID#:

Product Formulation Statement:

No
Yes

Fruit:	1.000 oz eq
Vegetable:	N/A cup
Red/Orange:	
Dark Green:	N/A cup
Starchy:	N/A cup
Beans/Peas:	N/A cup
Other:	N/A cup

Notes:

I further certify that the above information is true and correct and that a 1.06 ounce portion of this product (ready for serving) provides 1.00 oz. equivalent Grains. I further certify that non-creditable grains are not above 0.24 oz eq. per portion.

SYSCO eNutrition>Search Food Products and Recipes>Product Detail>Nutrition Information

Tuna Light Skipjack Chunk Wtr

Printer Friendly

SUPC: 8682692

Nutrition Information

Serving Size: 1/4 cup (56 grams)

Amount Per Serving

Calories: 50

Calories from Fat: 0

		% Daily Value*
Total Fat:	0 GM	0%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	0 GM	
Cholesterol:	20 MG	7%
Sodium:	180 MG	8%
Potassium:	NA	NA
Total Carbohydrate:	less than 1 GM	0%
Dietary Fiber:	0 GM	0%
Sugars:	0 GM	0%
Protein:	13 GM	

Vitamin A: 0%

Calcium: 0%

Vitamin C: 0%

Iron: 2%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories per gram:

Fat 9

Carbohydrate 4

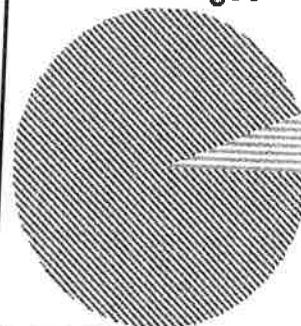
Protein 4

Ingredients:

Skipjack Tuna, Water, Vegetable Broth (Pea & Carrot), Salt.

Allergens: Fish

Calorie Percentages



PRO - 94%
CHO - 6%
FAT - 0%

Notes

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Frank Turkey 8x1 5.25 Cn

Printer Friendly

SUPC: 9822453

Nutrition Information

Serving Size: 1 Frank (56 grams)

Amount Per Serving

Calories: 140

Calories from Fat: 108

		% Daily Value*
Total Fat:	12 GM	18%
Saturated Fat:	4 GM	20%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	50 MG	17%
Sodium:	480 MG	20%
Potassium:	NA	NA
Total Carbohydrate:	1 GM	0%
Dietary Fiber:	0 GM	0%
Sugars:	0 GM	
Protein:	7 GM	

Vitamin A: NA

• Vitamin C: NA

Calcium: 8%

• Iron: 4%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

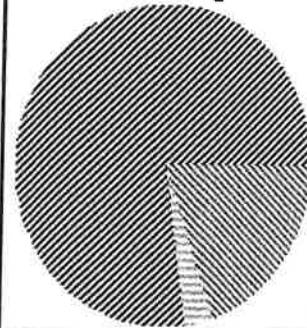
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 20%
CHO - 3%
FAT - 77%

Ingredients:

Mechanically Separated Turkey, Water, Salt, Contains 2% or less of the Following: Corn Syrup Solids, Potassium Lactate, Potassium Acetate, Spices, Sodium Phosphate, Sodium Diacetate, Flavorings, Sodium Erythorbate, Sodium Nitrite.

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School Equivalents

Portion Size:

ID#:

Child Nutrition Label:

Yes



Product Last Saved Date:08 August 2016

Nutrition Facts

Serving Size: 113 GR

Number of Servings per Package: 48

Amount Per Serving

Calories: 50

Calories from Fat: 0

% Daily Value*

Total Fat 0 g 0%

Saturated Fat 0 g 0%

Trans Fat 0 g

Cholesterol 4.9 mg 1%

Sodium 55 mg 2%

Total Carbohydrate 10 g 3%

Dietary Fiber 0 g 0%

Sugars 6.5 g

Protein 4 g

Vitamin A 8% Per Srv Vitamin C 0% Per Srv

Calcium 10% Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat 9	Carbohydrate 4	Protein 4	

Product Specifications:

Code	GTIN	Pack	Pack Description
468	20036632004684	48 X 4 ONZ	

Brand	Brand Owner	GPC Description
LIGHT & FIT	The Dannon Company, Inc.	Yogurt/Yogurt Substitutes (Perishable)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13.289 LBR	12 LBR	USA	Yes	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
15,250 INH	10,375 INH	5,688 INH	0,5208 FTQ	12x11	25 Days	38 FAH / 45 FAH

Ingredients :

STRAWBERRY: CULTURED GRADE A NON FAT MILK, STRAWBERRIES, WATER, MODIFIED FOOD STARCH, CANE SUGAR, CONTAINS LESS THAN 1% OF KOSHER GELATIN, VEGETABLE JUICE (FOR COLOR), NATURAL AND ARTIFICIAL FLAVORS, SUCRALOSE, ACESULFAME POTASSIUM, MALIC ACID, SODIUM CITRATE, VITAMIN A PALMITATE, VITAMIN D3.

RASPBERRY: CULTURED GRADE A NON FAT MILK, WATER, MODIFIED FOOD STARCH, CANE SUGAR, CONTAINS LESS THAN 1% OF RASPBERRY PUREE, KOSHER GELATIN, NATURAL AND ARTIFICIAL FLAVORS, FRUIT JUICE AND VEGETABLE JUICE (FOR COLOR), SUCRALOSE, MALIC ACID, ACESULFAME POTASSIUM, VITAMIN A PALMITATE, VITAMIN D3, SODIUM CITRATE.

BLUEBERRY: CULTURED GRADE A NON FAT MILK, WATER, MODIFIED FOOD STARCH, CANE SUGAR, BLUEBERRIES, CONTAINS LESS THAN 1% KOSHER GELATIN, FRUIT JUICE AND VEGETABLE JUICE (FOR COLOR), NATURAL AND ARTIFICIAL FLAVORS, SUCRALOSE, MALIC ACID, ACESULFAME POTASSIUM, VITAMIN A PALMITATE, VITAMIN D3, SODIUM CITRATE.

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info Provided'):

Eggs - N	Milk - C	Peanuts - N
Soy - N	Wheat - N	TreeNuts - N
Fish - N	Crustacean - N	

Benefits :

Dannon® Light & Fit® is a great choice for customers who want to manage their weight and feel great.

Handling Suggestions :

This product is a 4 oz. individual plastic cup with a foil lid. It is packaged in multi-pack configuration of 4 each 12 packs that are each banded together. The cups snap apart. It must be stored in refrigeration. Product should be stored in an upright position.

Serving Suggestions :

This product can be consumed on it's own, or as a part of a healthy meal or snack

Prep & Cooking Suggestions :

This product can be consumed directly from the container. No preparation required. It should be stored in refrigeration up until the time of consumption.

More Information :

Dannon's website is www.dannonfoodservice.com. Urgent/Product Quality Feedback- If your reason for contacting us needs immediate attention, or if you have a product quality concern, please feel free to contact us by phone: 1-877-DANNONUS (1-877-326-6668)