

SYSCO eNutrition>Search Food Products Only>Product Detail>Nutrition Information

Bacon Bit Imitation

Printer Friendly

SUPC: 4062121

Nutrition Information

Serving Size: 1 tbsp (7 grams)

Amount Per Serving

Calories: 30

Calories from Fat: 9

		% Daily Value*
Total Fat:	1 GM	2%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	125 MG	5%
Potassium:	NA	NA
Total Carbohydrate:	2 GM	1%
Dietary Fiber:	1 GM	4%
Sugars:	0 GM	
Protein:	3 GM	

Vitamin A: 0%

Vitamin C: 0%

Calcium: 2%

Iron: 4%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 41%
CHO - 28%
FAT - 31%

Ingredients:

Textured Soy Flour, Partially Hydrogenated Vegetable Oil (Soybean), Salt, Natural and Artificial Flavor, Dextrose, FD&C Red # 3 and 40.

Allergens: Soy

Notes

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Bean Garbanzo Fcy No Sulfite

Printer Friendly

SUPC: 4062337

Nutrition Information

Serving Size: 1/2 cup(s) (130 grams)

Amount Per Serving

Calories: 135

Calories from Fat: 19

		% Daily Value*
Total Fat:		
Saturated Fat:	2 GM	3%
Trans Fat:	0 GM	0%
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	1 GM	
Cholesterol:	0.5 GM	
Sodium:	0 MG	0%
Potassium:	150 MG	6%
Total Carbohydrate:	250 MG	7%
Dietary Fiber:	21 GM	7%
Sugars:	6 GM	25%
Protein:	1 GM	
	7 GM	

Vitamin A: 0%

Vitamin C: 2%

Calcium: 4%

Iron: 10%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 22%
CHO - 63%
FAT - 14%

Ingredients:

Prepared Garbanzo Beans, Water, Salt, Calcium Chloride Added to Help Maintain Firmness, Calcium Disodium EDTA Added to Help Promote Color Retention.

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Bean Veg

Printer Friendly

SUPC: 4540175

Nutrition Information

Serving Size: 1/2 cup (130 grams)

Amount Per Serving

Calories: 110

Calories from Fat: 0

		% Daily Value*
Total Fat:	0 GM	0%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	400 MG	17%
Potassium:	NA	NA
Total Carbohydrate:	21 GM	7%
Dietary Fiber:	6 GM	24%
Sugars:	2 GM	
Protein:	7 GM	

Vitamin A: 0%

Vitamin C: 0%

Calcium: 4%

Iron: 10%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages

PRO - 25%
CHO - 75%
FAT - 0%

Ingredients:

Prepared white beans, water, sugar, corn syrup, tomato paste, salt, paprika, onion powder and natural flavorings.

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Beet Diced Fcy

Printer Friendly

SUPC: 4109310

Nutrition Information

Serving Size: 1/2 cup(s) (120 grams)

Amount Per Serving

Calories: 40

Calories from Fat: 0

		% Daily Value*
Total Fat:	0 GM	0%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	0%
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	0 GM	
Cholesterol:	0 MG	0%
Sodium:	250 MG	10%
Potassium:	140 MG	4%
Total Carbohydrate:	8 GM	3%
Dietary Fiber:	1 GM	4%
Sugars:	6 GM	
Protein:	0 GM	

Vitamin A: 0%

Vitamin C: 0%

Calcium: 0%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages

PRO - 5%
CHO - 95%
FAT - 0%

Ingredients:

Beets, water and salt.

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Mix Baking Complt

Printer Friendly

SUPC: 4044111

Nutrition Information

Serving Size: 39 GR (39 grams)

Amount Per Serving

Calories: 160

Calories from Fat: 52

		% Daily Value*
Total Fat:	6 GM	9%
Saturated Fat:	1.5 GM	7%
Trans Fat:	1.5 GM	
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	0 GM	
Cholesterol:	0 MG	0%
Sodium:	490 MG	20%
Potassium:	0 MG	0%
Total Carbohydrate:	24 GM	8%
Dietary Fiber:	less than 1 GM	2%
Sugars:	less than 1 GM	
Protein:	3 GM	

Vitamin A: 0%

Vitamin C: 0%

Calcium: 2%

Iron: 4%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 7%

CHO - 60%

FAT - 32%

Ingredients:

ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OIL, LEAVENING (BAKING SODA, SODIUM ALUMINUM PHOSPHATE, MONOCALCIUM PHOSPHATE), WHEY, SALT, BUTTERMILK, SOY FLOUR, EGG. CONTAINS WHEAT, MILK, SOY AND EGG INGREDIENTS.

Allergens: Eggs, Milk, Soy, Wheat

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Pepper Banana Ring Mild Pet

Printer Friendly

SUPC: 2207413

Nutrition Information

Serving Size: 1 oz (13 rings) (28 grams)

Amount Per Serving

Calories: 0

Calories from Fat: 0

		% Daily Value*
Total Fat:	0 GM	0%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	0 GM	
Cholesterol:	0 MG	0%
Sodium:	460 MG	19%
Potassium:	NA	NA
Total Carbohydrate:	0 GM	0%
Dietary Fiber:	0 GM	0%
Sugars:	0 GM	0%
Protein:	0 GM	

Vitamin A: 0%

Vitamin C: 0%

Calcium: 0%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages

PRO - 0%
CHO - 100%
FAT - 0%

Ingredients:

Fresh peppers, water, vinegar, salt, phosphoric acid, calcium chloride, sodium benzoate and sodium metabisulfite (preservatives), yellow 5.

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Cheese Amer 160 Sli Wht

Printer Friendly

SUPC: 6698021

Nutrition Information

Serving Size: 2 slices (28 grams)

Amount Per Serving

Calories: 100

Calories from Fat: 81

		% Daily Value*
Total Fat:	9 GM	14%
Saturated Fat:	5 GM	25%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	25 MG	8%
Sodium:	510 MG	21%
Potassium:	NA	NA
Total Carbohydrate:	less than 1 GM	0%
Dietary Fiber:	0 GM	0%
Sugars:	0 GM	
Protein:	5 GM	

Vitamin A: 6%

Vitamin C: 0%

Calcium: 15%

Iron: 0%

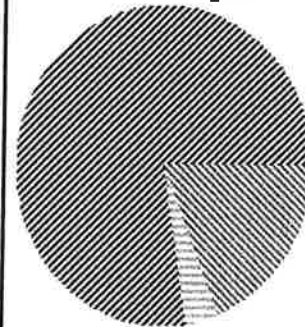
* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 19%
CHO - 3%
FAT - 77%

Ingredients:

CULTURED MILK AND SKIM MILK, WATER, CREAM, SODIUM CITRATE, SALT, SODIUM PHOSPHATE, SORBIC ACID (PRESERVATIVE), CITRIC ACID, ACETIC ACID, ENZYMES, SOY LECITHIN, TITANIUM DIOXIDE (COLOR). ALLERGEN INFORMATION: CONTAINS MILK, SOY.

Allergens: Milk, Soy

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Cheese Cheddar Jack Fthr Shred

Printer Friendly

SUPC: 8919086

Nutrition Information

Serving Size: 1 oz (about 1/3 cup) (28 grams)

Amount Per Serving

Calories: 110

Calories from Fat: 81

		% Daily Value*
Total Fat:	9 GM	14%
Saturated Fat:	5 GM	25%
Trans Fat:	0 GM	NA
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	30 MG	10%
Sodium:	180 MG	8%
Potassium:	NA	NA
Total Carbohydrate:	0 GM	0%
Dietary Fiber:	0 GM	0%
Sugars:	0 GM	0%
Protein:	7 GM	

Vitamin A: 6%

Calcium: 20%

Vitamin C: 0%

Iron: 0%

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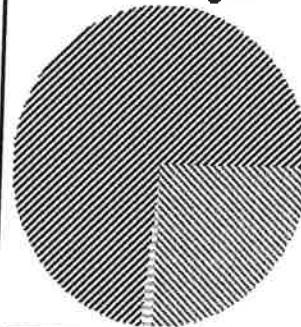
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 25%
CHO - 1%
FAT - 73%

Ingredients:

Mild Cheddar Cheese (Cultured pasteurized milk, salt, enzymes, annatto (color)), Monterey Jack Cheese (Cultured pasteurized milk, salt, enzymes), corn starch, potato starch and powdered cellulose (to prevent caking), natamycin. **ALLERGEN INFORMATION: CONTAINS MILK.**

Allergens: Milk

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SYSCO eNutrition>Search Food Products Only>Product Detail>Nutrition Information

Cheese Chdr Yel Mild Shrd

Printer Friendly

SUPC: 1012749

Nutrition Information

Serving Size: 1/4 cup (28 grams)

Amount Per Serving

Calories: 110

Calories from Fat: 81

Total Fat:

Saturated Fat:	9 GM	14%
Trans Fat:	6 GM	30%
Polyunsaturated Fat:	0 GM	NA
Monounsaturated Fat:	NA	NA

Cholesterol:

30 MG 10%

Sodium:

180 MG 8%

Potassium:

NA NA

Total Carbohydrate:

0 GM 0%

Dietary Fiber:

0 GM 0%

Sugars:

0 GM 0%

Protein:

7 GM

Vitamin A: 6%

Vitamin C: 0%

Calcium: 20%

Iron: 0%

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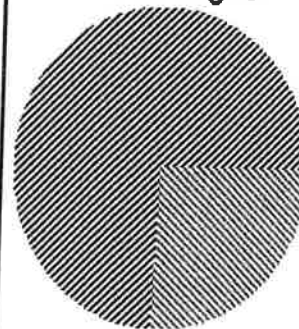
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 26%
CHO - 0%
FAT - 74%

Ingredients:

Pasteurized milk, cheese cultures, salt, enzymes, annatto vegetable color, potato starch, corn starch, and cellulose (anticaking agents).-CONTAINS: MILK.

Allergens: Milk

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SYSCO eNutrition>Search Food Products Only>Product Detail>Nutrition Information

Cheese Cottage Small Curd 4%

Printer Friendly

SUPC: 5020896

Nutrition Information

Serving Size: 1/2 cup (113 grams)

Amount Per Serving

Calories: 110

Calories from Fat: 45

		% Daily Value*
Total Fat:		
Saturated Fat:	5 GM	8%
Trans Fat:	3 GM	15%
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	0 GM	
	1.5 GM	
Cholesterol:	25 MG	8%
Sodium:	410 MG	17%
Potassium:	160 MG	5%
Total Carbohydrate:		
Dietary Fiber:	5 GM	2%
Sugars:	0 GM	0%
	4 GM	
Protein:	12 GM	

Vitamin A: 4%

Calcium: 10%

Vitamin C: 0%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 42%
CHO - 18%
FAT - 40%

Ingredients:

Cultured Pasteurized Skim Milk, Milk, Cream, Contains less than 2%: Salt, Whey, Nonfat Milk, Maltodextrin, Guar Gum, Citric Acid, Carrageenan, Mono- and Diglycerides, Locust Bean Gum, Potassium Sorbate (To Protect Freshness), Carbon Dioxide (To Protect Freshness), Natural Flavor, Enzyme. Contains: Milk

Allergens: Milk

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Sysco eNutrition>Search Food Products Only>Product Detail>Nutrition Information

Cheese Cream Spread Cup

Printer Friendly

SUPC: 8060618

Nutrition Information

Serving Size: 1 unit (28 grams)

Amount Per Serving

Calories: 90

Calories from Fat: 72

		% Daily Value*
Total Fat:	8 GM	12%
Saturated Fat:	5 GM	25%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	25 MG	8%
Sodium:	125 MG	5%
Potassium:	NA	NA
Total Carbohydrate:	2 GM	1%
Dietary Fiber:	0 GM	0%
Sugars:	2 GM	
Protein:	1 GM	

Vitamin A: 4%

Vitamin C: 0%

Calcium: 2%

Iron: 0%

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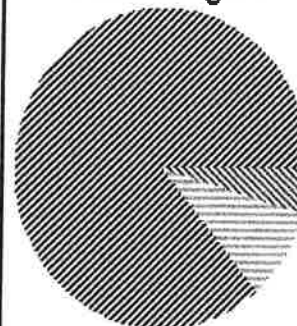
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 5%
CHO - 10%
FAT - 86%

Ingredients:

Pasteurized milk and cream, nonfat dry milk, salt, cheese culture, stabilizers (xanthan and/or carob bean and/or guar gums), potassium sorbate (preservative), citric acid.~CONTAINS: MILK.

Allergens: Milk

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Cheese Grated Ital Blend

Printer Friendly

SUPC: 6848162

Nutrition Information

Serving Size: 1 tbsp (5 grams)

Amount Per Serving

Calories: 20

Calories from Fat: 9

		% Daily Value*
Total Fat:	1 GM	2%
Saturated Fat:	0.5 GM	2%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	5 MG	2%
Sodium:	100 MG	4%
Potassium:	NA	NA
Total Carbohydrate:	1 GM	0%
Dietary Fiber:	0 GM	0%
Sugars:	0 GM	
Protein:	1 GM	

Vitamin A: 0%

• Vitamin C: 0%

Calcium: 4%

• Iron: 0%

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Calories per gram:

Fat 9

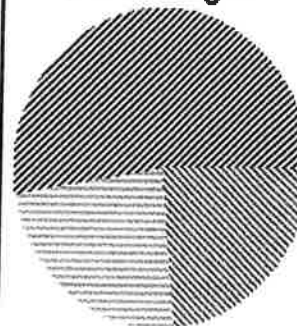


Carbohydrate 4



Protein 4

Calorie Percentages



PRO - 24%
CHO - 24%
FAT - 53%

Allergens: Milk

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Sauce Cheese Chdr Aged

Printer Friendly

SUPC: 4197398

Nutrition Information

Serving Size: 1/4 cup(s) (62 grams)

Amount Per Serving

Calories: 100

Calories from Fat: 72

		% Daily Value*
Total Fat:	8 GM	12%
Saturated Fat:	2 GM	10%
Trans Fat:	3.5 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	5 MG	2%
Sodium:	400 MG	17%
Potassium:	NA	NA
Total Carbohydrate:	5 GM	2%
Dietary Fiber:	0 GM	0%
Sugars:	1 GM	
Protein:	1 GM	

Vitamin A: 0%

Vitamin C: 0%

Calcium: 2%

Iron: 0%

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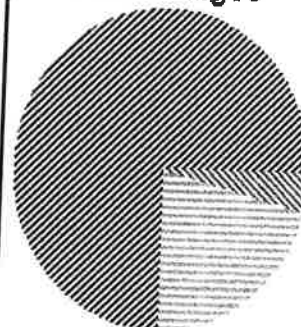
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 4%
CHO - 21%
FAT - 75%

Ingredients:

Water, partially hydrogenated soybean oil, corn starch-modified, aged cheddar cheese (cultured milk, salt, enzymes, annatto color), whey, contains 2% or less of corn starch, salt, sodium phosphate, casein, rice flour, sodium citrate, yeast extract, lactic acid, cellulose gum, monoglycerides, annatto color, natural flavors, caramel color, FD&C yellow no. 6, maltodextrin.

Allergens: Milk

Notes

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Sauce Cheese Chdr Sharp

Printer Friendly

SUPC: 7410467

Nutrition Information

Serving Size: 1/4 Cup (62 grams)

Amount Per Serving

Calories: 70

Calories from Fat: 45

		% Daily Value*
Total Fat:	5 GM	8%
Saturated Fat:	2.5 GM	12%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	560 MG	23%
Potassium:	NA	NA
Total Carbohydrate:	6 GM	2%
Dietary Fiber:	0 GM	0%
Sugars:	1 GM	
Protein:	0 GM	

Vitamin A: 2%

Vitamin C: 0%

Calcium: 2%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 0%
CHO - 35%
FAT - 65%

Ingredients:

WATER, CHEESE WHEY, PALM OIL, MODIFIED TAPIOCA STARCH, MODIFIED CORN STARCH, MALTODEXTRIN, SODIUM PHOSPHATE, CHEDDAR CHEESE (MILK, CULTURES, SALT AND ENZYMES), SALT, NATURAL AND ARTIFICIAL FLAVORS, VINEGAR, SODIUM STEAROYL LACTYLATE, CITRIC ACID, MONO & DIGLYCERIDES, PHOSPHORIC ACID, YEAST EXTRACT, ANNATTO COLOR, CAROTENE COLOR, PAPRIKA COLOR

Allergens: Milk

Notes

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SYSCO eNutrition>Search Food Products Only>Product Detail>Nutrition Information

Crouton Seasoned Hmsty

Printer Friendly

SUPC: 3917309

Nutrition Information

Serving Size: about 7 croutons (7 grams)

Amount Per Serving

Calories: 30

Calories from Fat: 9

		% Daily Value*
Total Fat:	1 GM	2%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	0 GM	
Cholesterol:	0 MG	0%
Sodium:	90 MG	4%
Potassium:	0 MG	0%
Total Carbohydrate:	4 GM	1%
Dietary Fiber:	0 GM	0%
Sugars:	0 GM	0%
Protein:	1 GM	

Vitamin A: 0%

• Vitamin C: 0%

Calcium: 0%

• Iron: 2%

Thiamin: 0%

• Riboflavin: 0%

Niacin: 0%

•

Folate: 0%

•

Phosphorus: 0%

•

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

• Carbohydrate 4

• Protein 4

Calorie Percentages



PRO - 14%
CHO - 55%
FAT - 31%

Ingredients:

ENRICHED FLOUR (WHEAT FLOUR, BARLEY MALT, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PARTIALLY HYDROGENATED SOYBEAN OIL, WATER, WHEY, YEAST, SALT, HIGH FRUCTOSE CORN SYRUP, 2% OR LESS OF THE FOLLOWING: CALCIUM PROPIONATE (PRESERVATIVE), SUGAR, DOUGH CONDITIONERS (MAY CONTAIN ONE OR MORE OF THE FOLLOWING: SODIUM STEAROYL LACTYLATE, CALCIUM STEAROYL LACTYLATE, CALCIUM PEROXIDE, CALCIUM SULFATE, AMMONIUM SULFATE, CALCIUM IODATE, ASCORBIC ACID), SPICES, PARSLEY, ONION, WHEAT GLUTEN, PAPRIKA, TURMERIC (COLOR), EXTRACTIVE OF PAPRIKA, SPICE EXTRACTIVE, TBHQ (TO PRESERVE FRESHNESS). CONTAINS WHEAT AND MILK INGREDIENTS.

Allergens: Milk, Wheat

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SYSKO eNutrition>Search Food Products Only>Product Detail>Nutrition Information

Dough Cookie Sugar Butter

Printer Friendly

SUPC: 1454479

Nutrition Information

Serving Size: 1.33 OZ (37 grams)

Amount Per Serving

Calories: 160

Calories from Fat: 63

		% Daily Value*
Total Fat:	7 GM	11%
Saturated Fat:	4 GM	20%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	15 MG	5%
Sodium:	140 MG	6%
Potassium:	35 MG	1%
Total Carbohydrate:	23 GM	8%
Dietary Fiber:	0 GM	0%
Sugars:	13 GM	
Protein:	2 GM	

Vitamin A: 8%

Calcium: 0%

Thiamin: 8%

Niacin: 4%

Folate: 6%

Phosphorus: 2%

Vitamin C: 0%

Iron: 4%

Riboflavin: 4%

Zinc: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 5%
CHO - 56%
FAT - 39%

Ingredients:

Butter Sugar: Enriched Bleached Flour (Bleached Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Margarine (Palm Oil, Water, Salt, Mono- and Diglycerides, Natural Flavor, Vitamin A Palmitate, Beta Carotene), Eggs, Butter, Invert Sugar, Salt, Baking Soda. Contains: Milk, Eggs and Wheat

Allergens: Eggs, Milk, Wheat

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SYSCO eNutrition>Search Food Products Only>Product Detail>Nutrition Information

Dressing 1000 Isld Chef Style

Printer Friendly

SUPC: 4069431

Nutrition Information

Serving Size: 2 Tbsp (31 grams)

Amount Per Serving

Calories: 110

Calories from Fat: 81

		% Daily Value*
Total Fat:	9 GM	14%
Saturated Fat:	1.5 GM	8%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	10 MG	3%
Sodium:	220 MG	9%
Potassium:	NA	NA
Total Carbohydrate:	7 GM	2%
Dietary Fiber:	0 GM	0%
Sugars:	4 GM	
Protein:	0 GM	

Vitamin A: 0%

Vitamin C: 0%

Calcium: 0%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

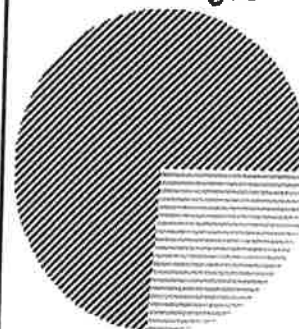
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 0%
CHO - 26%
FAT - 74%

Ingredients:

Soybean Oil, Water, High Fructose Corn Syrup, Distilled Vinegar, Pickled Cucumbers, Corn Syrup, Tomato Paste, Egg Yolk, Modified Food Starch, Contains less than 2% of Salt, Onion*, Potassium Sorbate, Sodium Benzoate and Calcium Disodium EDTA (Preservatives), Xanthan Gum, Bell Pepper*, Natural Flavor, Extractives of Turmeric and Paprika (Colors). *Dried CONTAINS: Egg.

Allergens: Eggs

Notes

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Dressing Balsamic Vingrt

Printer Friendly

SUPC: 9521345

Nutrition Information

Serving Size: 2 TBSP (30 grams)

Amount Per Serving

Calories: 110

Calories from Fat: 99

		% Daily Value*
Total Fat:	11 GM	17%
Saturated Fat:	1.5 GM	8%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	180 MG	8%
Potassium:	NA	NA
Total Carbohydrate:	4 GM	1%
Dietary Fiber:	0 GM	0%
Sugars:	4 GM	
Protein:	0 GM	

Vitamin A: 0%

Vitamin C: 0%

Calcium: 0%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

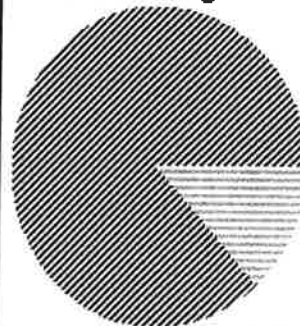
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



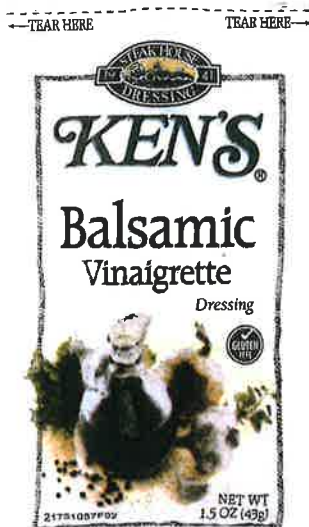
PRO - 0%
CHO - 14%
FAT - 86%

Ingredients:

SOYBEAN OIL, WATER, BALSAMIC VINEGAR, SUGAR, RED WINE VINEGAR, EXTRA VIRGIN OLIVE OIL, DIJON MUSTARD (DISTILLED VINEGAR, WATER, MUSTARD SEED, SALT, WHITE WINE, CITRIC ACID, TURMERIC, SPICES, TARTARIC ACID), CONTAINS LESS THAN 2% OF GARLIC JUICE, SALT, SPICE, XANTHAN GUM, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES), SHALLOTS*, PROPYLENE GLYCOL ALGINATE, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR. *DEHYDRATED CONTAINS: SULFITES.

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DETAILS

NUTRITION INFO

Nutrition Facts		Amount/serving		% Daily Value*		Amount/serving		% Daily Value*	
Serving Size		Total Fat 17g		22%		Total Carbohydrate 3g		1%	
1 Serving (43g)		Saturated Fat 2.5g		13%		Dietary Fiber 0g		0%	
Calories		Trans Fat 0g				Total Sugars 3g			
per Serving		Cholesterol 0mg		0%		Includes 1g Added Sugars		2%	
170		Sodium 330mg		14%		Protein 0g			
		Vitamin D NA		NA%		Calcium 0mg		0%	
		Potassium 0mg		0%		Iron 0mg		0%	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

SOYBEAN OIL, BALSAMIC VINEGAR, WATER, SUGAR, CONTAINS LESS THAN 2% OF SALT, GARLIC, DISTILLED VINEGAR, CARMEL COLOR, XANTHAN GUM, SPICE, OLEORESIN PAPRIKA (COLOR), NATURAL FLAVOR.

Allergens & Warnings

CONTAINS: NA

MAY CONTAIN: NA

FREE FROM: PEANUTS

Dressing Caesar Creamy Liberty

Printer Friendly

SUPC: 6080535

Nutrition Information

Serving Size: 2 Tbsp (30 grams)

Amount Per Serving

Calories: 120

Calories from Fat: 117

		% Daily Value*
Total Fat:	13 GM	20%
Saturated Fat:	2.5 GM	12%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	10 MG	3%
Sodium:	330 MG	14%
Potassium:	0 MG	0%
Total Carbohydrate:	1 GM	0%
Dietary Fiber:	0 GM	0%
Sugars:	0 GM	
Protein:	1 GM	

Vitamin A: 0%

• Vitamin C: 0%

Calcium: 0%

• Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

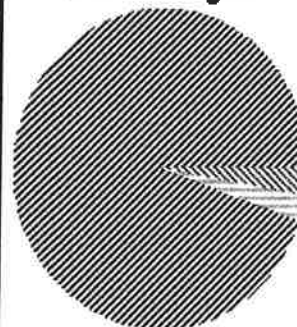


Carbohydrate 4



Protein 4

Calorie Percentages



PRO - 3%
CHO - 3%
FAT - 94%

Ingredients:

Soybean Oil, Water, Parmesan and Romano Cheese [Pasteurized Cultured Milk, Salt, Enzymes], Distilled Vinegar, Egg Yolk, Salt, Contains less than 1% of Food Starch, Garlic*, Onion*, Spices, Buttermilk*, Anchovy Powder (Cured Anchovies, Salt), Lemon Juice Concentrate, Xanthan Gum, Sodium Benzoate (Preservative), Monosodium Glutamate, Caramel Color, Natural Flavor, Celery Seed. *Dried CONTAINS: Egg, Milk, Soybeans, Anchovy.

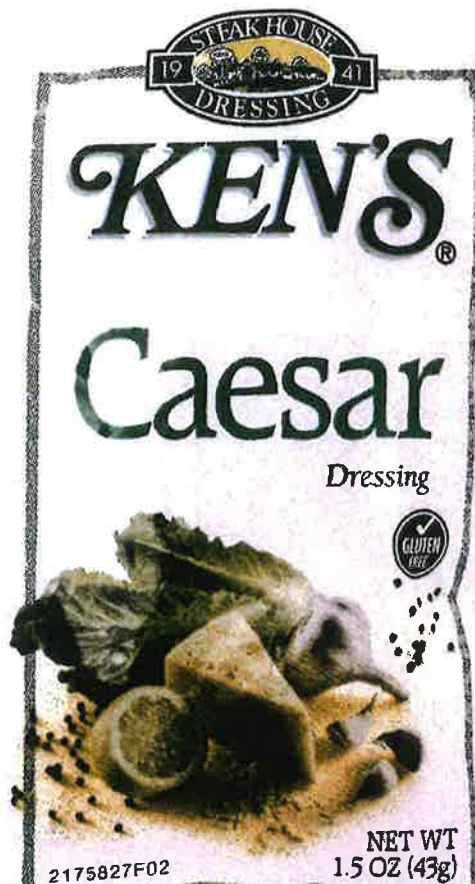
Allergens: Eggs, Fish, Milk, Soy

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DETAILS

NUTRITION INFO

Nutrition Facts		Amount/serving	% Daily Value*	Amount/serving	% Daily Value*
Serving Size		Total Fat 23g	29%	Total Carbohydrate 1g	0%
1 Serving (43g)		Saturated Fat 4g	20%	Dietary Fiber 0g	0%
Calories		Trans Fat 0g		Total Sugars 1g	
per Serving		Cholesterol less than 5mg	2%	Includes 1g Added Sugars	2%
210		Sodium 400mg	17%	Protein 1g	
		Vitamin D NA	NA%	Calcium 26mg	2%
		Potassium 0mg	0%	Iron 0mg	0%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

SOYBEAN OIL, DISTILLED VINEGAR, WATER, APPLE CIDER VINEGAR, ROMANO CHEESE (PASTEURIZED PART-SKIM MILK, CHEESE CULTURES, SALT, ENZYMES), SALT, CONTAINS LESS THAN 2% OF GARLIC, * SUGAR, TABASCO ® BRAND PEPPER SAUCE (DISTILLED VINEGAR, RED PEPPER, SALT), SPICE, MUSTARD FLOUR, ANCHOVIES, MALTODEXTRIN, CARRAGEENAN, XANTHAN GUM, BETA CAROTENE (COLOR). *DRIED. CONTAINS FISH (ANCHOVY), MILK.

Allergens & Warnings

CONTAINS: FISH, MILK
MAY CONTAIN: NA
FREE FROM: PEANUTS

KEN'S



Lite Caesar

A Reduced Calorie Dressing & Marinade

SHAKE WELL REFRIGERATE AFTER OPENING

Fat Per Serving This Product 6g Our Regular Dressing 18g
Calories Per Serving This Product 70 Our Regular Dressing 170

Nutrition Facts:

Serving Size: 2 Tbsp (31g), Servings Per Container 8

Amount Per Serving: Calories 70, Fat Cal 60, Total Fat 6g - 10%*
(Sat. Fat 1g - 6%*) **Trans Fat 0g - 0%*** **Sodium 620mg - 26%***
Total Carb 3g - 1%* (Dietary Fiber 0g - 0%*) **Sugars 3g**, **Protein 1g**,
Vitamin A 0%, Vitamin C 0%, Calcium 0%, Iron 0%.

*Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Vinegar (Distilled), Water, Vegetable Oil (Soybean and/or Canola), Eggs, Emulsifier, Corn Syrup, Romano Cheese (Cheese, Milk, Salt, Enzymes, Salt, Garlic), Contains 2% or less of: Spices, Anchovies (Fish), Lemon Juice Concentrate, Propylene Glycol, Agar, Xanthan Gum, Beta Carotene, Sodium Benzoate as a preservative. *Trace

Questions/Comments? Please include:
complete "Best When Purchased
By Date" Ken's Foods, Inc.
Marblehead, MA 01752
Call 1-800-645-5507
Mon. - Fri. 9am - 5pm EST
www.kensfoods.com



SYSCO eNutrition>Search Food Products Only>Product Detail>Nutrition Information

Dressing French Fat Free

Printer Friendly

SUPC: 6246599

Nutrition Information

Serving Size: 2 Tbsp (34 grams)

Amount Per Serving

Calories: 40

Calories from Fat: 0

		% Daily Value*
Total Fat:		
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	0%
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	NA	NA
Cholesterol:	NA	NA
Sodium:	0 MG	0%
Potassium:	400 MG	17%
Total Carbohydrate:	NA	NA
Dietary Fiber:	10 GM	3%
Sugars:	0 GM	0%
Protein:	9 GM	
	0 GM	

Vitamin A: 0%

Calcium: 0%

Vitamin C: 0%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 0%
CHO - 100%
FAT - 0%

Ingredients:

Water, High Fructose Corn Syrup, Distilled Vinegar, Tomato Paste, Sugar, Salt, Contains less than 1% of Cellulose Gel, Cellulose Gum, Modified Food Starch, Xanthan Gum, Onion*, Mustard Seed, Sodium Benzoate and Potassium Sorbate (Preservatives), Lemon Juice Concentrate, Garlic*, Natural Flavor, Yellow 6, Red 40. *Dried

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SYSCO eNutrition>Search Food Products Only>Product Detail>Nutrition Information

Dressing French Liberty

Printer Friendly

SUPC: 5799408

Nutrition Information

Serving Size: 2 Tbsp (31 grams)

Amount Per Serving

Calories: 130

Calories from Fat: 99

		% Daily Value*
Total Fat:	11 GM	17%
Saturated Fat:	1.5 GM	8%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	5 MG	2%
Sodium:	420 MG	18%
Potassium:	NA	NA
Total Carbohydrate:	7 GM	2%
Dietary Fiber:	0 GM	0%
Sugars:	6 GM	
Protein:	0 GM	

Vitamin A: 0%

Vitamin C: 0%

Calcium: 0%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

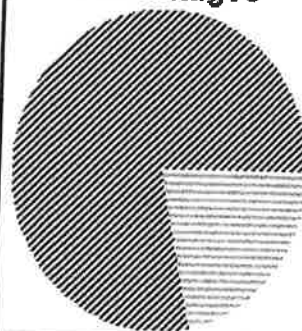
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 0%
CHO - 22%
FAT - 78%

Ingredients:

Soybean Oil, High Fructose Corn Syrup, Water, Distilled Vinegar, Salt, Tomato Paste, Contains less than 2% Egg Yolk, Onion*, Xanthan Gum, ?-Apo-8'-carotenal (Color), Natural Flavor, Calcium Disodium EDTA (To Protect Flavor). *Dried CONTAINS: Egg.

Allergens: Eggs

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SYSCO eNutrition>Search Food Products Only>Product Detail>Nutrition Information

Dressing Honey Mustard Dijon

Printer Friendly

SUPC: 1167907

Nutrition Information

Serving Size: 2 Tbsp (33 grams)

Amount Per Serving

Calories: 110

Calories from Fat: 81

		% Daily Value*
Total Fat:	9 GM	14%
Saturated Fat:	1.5 GM	8%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	10 MG	3%
Sodium:	160 MG	7%
Potassium:	NA	NA
Total Carbohydrate:	9 GM	3%
Dietary Fiber:	0 GM	0%
Sugars:	7 GM	
Protein:	0 GM	

Vitamin A: 0%

Vitamin C: 0%

Calcium: 0%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 0%
CHO - 31%
FAT - 69%

Ingredients:

Water, Soybean Oil, High Fructose Corn Syrup, Corn Syrup, Dijon Mustard (Water, Distilled Vinegar, Mustard Seed, Salt, White Wine, Citric Acid, Turmeric, Spices, Tartaric Acid), Honey, Distilled Vinegar, Egg Yolk, Sugar, Contains less than 1% of Salt, Spice, Xanthan Gum, Sodium Benzoate, Potassium Sorbate and Calcium Disodium EDTA (Preservatives), Phosphoric Acid, Natural and Artificial Flavor, Caramel Color, Turmeric. CONTAINS: Egg.

Allergens: Eggs

Notes

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Dressing Italian Cmy Liberty

Printer Friendly

SUPC: 5799341

Nutrition Information

Serving Size: 2 Tbsp (30 grams)

Amount Per Serving

Calories: 130

Calories from Fat: 126

		% Daily Value*
Total Fat:	14 GM	22%
Saturated Fat:	2 GM	10%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	360 MG	15%
Potassium:	NA	NA
Total Carbohydrate:	2 GM	1%
Dietary Fiber:	0 GM	0%
Sugars:	less than 1 GM	
Protein:	0 GM	

Vitamin A: 0%

Vitamin C: 0%

Calcium: 0%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

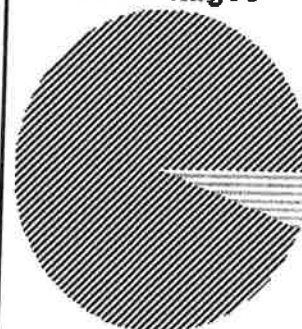
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 0%
CHO - 6%
FAT - 94%

Ingredients:

Soybean Oil, Water, Distilled Vinegar, Salt, Sugar, Contains less than 1% of Garlic*, Spice, Mustard Seed, Bell Pepper*, Xanthan Gum, Calcium Disodium EDTA (To Protect Flavor), Natural Flavor. *Dried

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DETAILS

NUTRITION INFO

Nutrition Facts		Amount/serving		% Daily Value*		Amount/serving		% Daily Value*	
		Total Fat 18g		23%		Total Carbohydrate 3g		1%	
		Saturated Fat 3g		15%		Dietary Fiber 0g		0%	
		Trans Fat 0g				Total Sugars 2g			
		Cholesterol 0mg		0%		Includes 2g Added Sugars		4%	
Serving Size 1 Serving (43g)		Sodium 420mg		18%		Protein 0g			
Calories per Serving		Vitamin D NA		NA%		Calcium 0mg		0%	
170		Potassium 0mg		0%		Iron 0mg		0%	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

SOYBEAN OIL, WATER, DISTILLED VINEGAR, SUGAR, SALT, SOUR CREAM SOLIDS (SOUR CREAM [CREAM, NONFAT MILK, CULTURES], MALTODEXTRIN, CULTURED BUTTERMILK, CULTURED SKIM MILK), CONTAINS LESS THAN 2% OF GARLIC,* PROPYLENE GLYCOL ALGINATE, XANTHAN GUM, RED BELL PEPPER,* POLYSORBATE 60, SPICE, ONION,* NATURAL FLAVOR, CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR).
*DRIED. Contains Milk

Allergens & Warnings

CONTAINS: MILK
MAY CONTAIN: NA
FREE FROM: PEANUTS

SYSCO eNutrition>Search Food Products Only>Product Detail>Nutrition Information

Dressing Italian Golden Lite

Printer Friendly

SUPC: 9766650

Nutrition Information

Serving Size: 2 TBSP (31 grams)

Amount Per Serving

Calories: 30

Calories from Fat: 18

		% Daily Value*
Total Fat:		
Saturated Fat:	2 GM	3%
Trans Fat:	0 GM	0%
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	490 MG	20%
Potassium:	NA	NA
Total Carbohydrate:	4 GM	1%
Dietary Fiber:	0 GM	0%
Sugars:	3 GM	
Protein:	0 GM	

Vitamin A: NA

Calcium: NA

• Vitamin C: NA

• Iron: NA

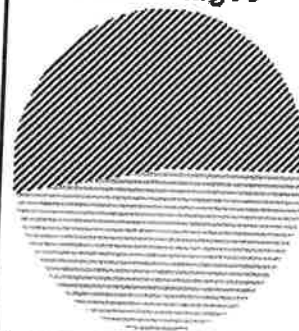
* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
Calories per gram:

Fat 9

• Carbohydrate 4

• Protein 4

Calorie Percentages



PRO - 0%
CHO - 47%
FAT - 53%

Ingredients:

WATER, DISTILLED VINEGAR, HIGH FRUCTOSE CORN SYRUP, SOYBEAN OIL, SUGAR, SALT, CONTAINS LESS THAN 2% OF ONION*, RED BELL PEPPER*, GARLIC*, XANTHAN GUM, LEMON JUICE CONCENTRATE, SODIUM BENZOATE AND POTASSIUM SORBATE (AS PRESERVATIVES), SPICES, CARAMEL COLOR, CALCIUM DISODIUM EDTA ADDED TO PROTECT FLAVOR, ARTIFICIAL COLOR YELLOW 6. *DEHYDRATED

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Dressing Ital Lite

Printer Friendly

SUPC: 4011946

Nutrition Information

Serving Size: 2 Tbsp. (33 grams)

Amount Per Serving

Calories: 40

Calories from Fat: 18

		% Daily Value*
Total Fat:	2 GM	3%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	490 MG	20%
Potassium:	NA	NA
Total Carbohydrate:	5 GM	2%
Dietary Fiber:	0 GM	0%
Sugars:	4 GM	
Protein:	0 GM	

Vitamin A: 0%

Vitamin C: 4%

Calcium: 0%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9



Carbohydrate 4



Protein 4

Calorie Percentages



PRO - 0%
CHO - 53%
FAT - 47%

Notes

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Dressing Ranch Buttermilk Rcal

Printer Friendly

SUPC: 4086575

Nutrition Information

Serving Size: 2 Tbsp (30 grams)

Amount Per Serving

Calories: 90

Calories from Fat: 81

		% Daily Value*
Total Fat:	9 GM	14%
Saturated Fat:	1.5 GM	8%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	10 MG	3%
Sodium:	140 MG	6%
Potassium:	NA	NA
Total Carbohydrate:	3 GM	1%
Dietary Fiber:	0 GM	0%
Sugars:	1 GM	
Protein:	less than 1 GM	

Vitamin A: 0%

• Vitamin C: 0%

Calcium: 0%

• Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Calorie Percentages



PRO - 4%
CHO - 12%
FAT - 84%

Ingredients:

Water, Soybean Oil, Buttermilk*, Distilled Vinegar, Maltodextrin, Egg Yolk, Contains less than 2% of Salt, Sugar, Lactic and Phosphoric Acids, Natural Flavor, Modified Food Starch, Garlic*, Spices, Xanthan Gum, Onion*, Potassium Sorbate (Preservative), Autolyzed Yeast Extract, Disodium Inosinate, Disodium Guanylate. *Dried CONTAINS: Egg, Milk.

Allergens: Eggs, Milk

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Sysco eNutrition>Search Food Products Only>Product Detail>Nutrition Information

Dressing Ranch Liberty Rfg

Printer Friendly

SUPC: 5799309

Nutrition Information

Serving Size: 2 tbsp (30 grams)

Amount Per Serving

Calories: 120

Calories from Fat: 108

		% Daily Value*
Total Fat:	12 GM	18%
Saturated Fat:	2 GM	10%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	10 MG	3%
Sodium:	240 MG	10%
Potassium:	NA	NA
Total Carbohydrate:	2 GM	1%
Dietary Fiber:	0 GM	0%
Sugars:	1 GM	
Protein:	less than 1 GM	

Vitamin A: 0%

Vitamin C: 0%

Calcium: 0%

Iron: 0%

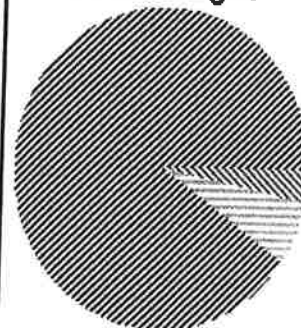
* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 3%
CHO - 7%
FAT - 90%

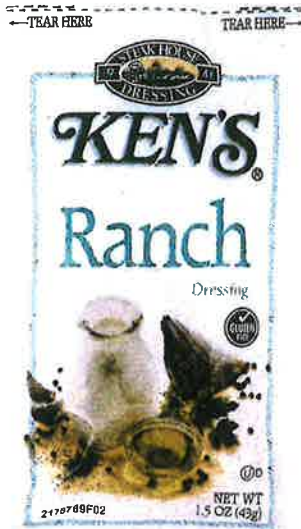
Ingredients:

Cultured Buttermilk (Cultured Lowfat Milk, Salt), Soybean Oil, Water, Egg Yolk, Contains less than 2% of Salt, High Fructose Corn Syrup, Distilled Vinegar, Buttermilk*, Monosodium Glutamate, Onion*, Garlic*, Xanthan Gum, Spices, Lactic Acid, Potassium Sorbate and Calcium Disodium EDTA (Preservatives), Phosphoric Acid, Mustard, Mustard Bran, Celery Seed. *Dried CONTAINS: Egg, Milk.

Allergens: Eggs, Milk

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DETAILS

NUTRITION INFO

Nutrition Facts		Amount/serving		% Daily Value*		Amount/serving		% Daily Value*	
Serving Size		Total Fat 20g		26%		Total Carbohydrate 2g		1%	
1 Serving (43g)		Saturated Fat 3g		15%		Dietary Fiber 0g		0%	
Calories		Trans Fat 0g				Total Sugars 0g			
per Serving		Cholesterol 15mg		5%		Includes 1g Added Sugars		2%	
190		Sodium 270mg		12%		Protein 1g			
		Vitamin D NA		NA%		Calcium 0mg		0%	
		Potassium 0mg		0%		Iron 0mg		0%	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

SOYBEAN OIL, WATER, DISTILLED VINEGAR, EGG YOLK, BUTTERMILK SOLIDS, CONTAINS LESS THAN 2% OF SALT, SUGAR, LEMON JUICE CONCENTRATE, GARLIC * ONION,* XANTHAN GUM, SORBIC ACID (PRESERVATIVE), NATURAL FLAVOR, CREAM, SPICE, MALTODEXTRIN, WHEY, VINEGAR POWDER, BUTTERMILK, AUTOLYZED YEAST EXTRACT, MILK, SOUR CREAM POWDER, LACTIC ACID, CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR), CITRIC ACID. *DRIED. CONTAINS EGG, MILK.

Allergens & Warnings

CONTAINS: EGGS, MILK

MAY CONTAIN: NA

FREE FROM: PEANUTS

Shop

Categories

TALL PINES DAY CAMP (075-1

DETAILS

NUTRITION INFO

Nutrition Facts		Amount/serving		% Daily Value*		Amount/serving		% Daily Value*	
Serving Size		Total Fat 18g		23%		Total Carbohydrate 6g		2%	
1 Serving (43g)		Saturated Fat 3g		15%		Dietary Fiber 0g		0%	
Calories		Trans Fat 0g				Total Sugars 6g			
per Serving		Cholesterol 20mg		7%		Includes 5g Added Sugars		10%	
		Sodium 350mg		15%		Protein 0g			
		Vitamin D NA		NA%		Iron 0mg		0%	
		Potassium 0mg		0%					
		Calcium 0mg							

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients

SOYBEAN OIL, CHILI SAUCE (TOMATO PUREE (WATER, TOMATO PASTE), SUGAR, DISTILLED VINEGAR, SALT, NATURAL FLAVOR, SPICE, ONION POWDER, GARLIC POWDER), DISTILLED VINEGAR, HIGH FRUCTOSE CORN SYRUP, WATER, SWEET RELISH (CUCUMBERS, HIGH FRUCTOSE CORN SYRUP, DISTILLED VINEGAR, SUGAR, SALT, MUSTARD SEEDS, DICED RED PEPPERS, WATER, XANTHAN GUM, NATURAL FLAVOR), EGG YOLK, CONTAINS LESS THAN 2% OF SALT, MUSTARD FLOUR, PROPYLENE GLYCOL ALGINATE, ONION,* SODIUM BENZOATE (PRESERVATIVE), XANTHAN GUM, GARLIC,* OLEORESIN PAPRIKA (COLOR), CALCIUM DISODIUM EDTA (TO PROTECT FLAVOR), RED BELL PEPPER.* *DRIED. CONTAINS EGG.

Allergens & Warnings

CONTAINS: EGGS

MAY CONTAIN: NA

FREE FROM: PEANUTS

Gelatin Assorted Red

Printer Friendly

SUPC: 4418471

Nutrition Information

Serving Size: 1 1/2 tbsp (makes 1/2 cup) (19 grams)

Amount Per Serving

Calories: 70

Calories from Fat: 0

		% Daily Value*
Total Fat:	0 GM	0%
Saturated Fat:	NA	NA
Trans Fat:	0 GM	NA
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	NA	NA
Sodium:	70 MG	3%
Potassium:	0 MG	0%
Total Carbohydrate:	17 GM	6%
Dietary Fiber:	NA	NA
Sugars:	16 GM	NA
Protein:	1 GM	NA

Vitamin A: NA

Vitamin C: 20%

Calcium: NA

Iron: NA

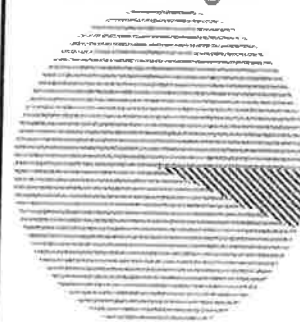
* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 6%
CHO - 94%
FAT - 0%

Ingredients:

Strawberry: Sugar, Gelatin, Adipic Acid, Disodium Phosphate, Sodium Citrate, Fumaric Acid, Natural and Artificial Flavor, Ascorbic Acid (Vitamin C), Red 40, Red 40 Lake. **Raspberry:** Sugar, Gelatin, Adipic Acid, Disodium Phosphate, Sodium Citrate, Fumaric Acid, Natural and Artificial Flavor, Red 40, Ascorbic Acid (Vitamin C), Red 40 Lake, Blue 1. **Cherry:** Sugar, Gelatin, Adipic Acid, Disodium Phosphate, Sodium Citrate, Fumaric Acid, Natural and Artificial Flavor, Red 40, Ascorbic Acid (Vitamin C), Red 40 Lake, Blue 1.

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SYSCO eNutrition>Search Food Products Only>Product Detail>Nutrition Information

Cracker Crumb Graham

Printer Friendly

SUPC: 4009601

Nutrition Information

Serving Size: 1/4 CUP (30 grams)

Amount Per Serving

Calories: 130

Calories from Fat: 32

		% Daily Value*
Total Fat:	3.5 GM	5%
Saturated Fat:	1 GM	5%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	135 MG	6%
Potassium:	NA	NA
Total Carbohydrate:	23 GM	8%
Dietary Fiber:	1 GM	4%
Sugars:	7 GM	
Protein:	2 GM	

Vitamin A: 10%

Vitamin C: 0%

Calcium: 10%

Iron: 6%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

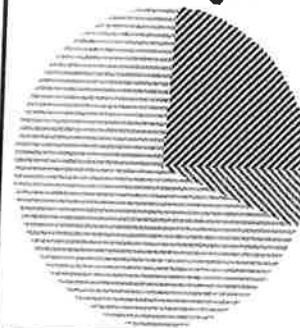
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 6%
CHO - 70%
FAT - 24%

Ingredients:

WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), SUGAR, VEGETABLE OIL (COTTONSEED AND PARTIALLY HYDROGENATED SOYBEAN OIL WITH TBHQ FOR FRESHNESS AND/OR CANOLA OIL), CORN SYRUP, MOLASSES, HONEY, CONTAINS TWO PERCENT OR LESS OF CALCIUM CARBONATE, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), SALT, ARTIFICIAL FLAVOR, VITAMIN A PALMITATE, BHT FOR FRESHNESS, SOY LECITHIN.

Allergens: Soy, Wheat

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Gravy Chicken Rtu

Printer Friendly

SUPC: 4309340

Nutrition Information

Serving Size: 0.25 CUP (59 grams)

Amount Per Serving

Calories: 45

Calories from Fat: 27

		% Daily Value*
Total Fat:	3 GM	5%
Saturated Fat:	1 GM	5%
Trans Fat:	NA	NA
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	5 MG	2%
Sodium:	270 MG	11%
Potassium:	NA	NA
Total Carbohydrate:	3 GM	1%
Dietary Fiber:	0 GM	0%
Sugars:	NA	NA
Protein:	1 GM	

Vitamin A: NA

Vitamin C: NA

Calcium: NA

Iron: NA

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 9%
CHO - 28%
FAT - 63%

Ingredients:

CHICKEN STOCK, COOKED MECHANICALLY SEPARATED CHICKEN, WHEAT FLOUR, MODIFIED FOOD STARCH, CHICKEN FAT, WATER, DRIED DAIRY BLEND (WHEY, CALCIUM CASEINATE), SALT, COOKED CHICKEN MEAT, MARGARINE (PARTIALLY HYDROGENATED SOYBEAN OIL, WATER, BETA CAROTENE FOR COLOR), CONTAINS LESS THAN 0.5% OF THE FOLLOWING INGREDIENTS: ONION POWDER, MONOSODIUM GLUTAMATE, TOMATO PASTE, SODIUM PHOSPHATES, SOY PROTEIN ISOLATE, CHICKEN FLAVOR (CONTAINS CHICKEN STOCK, CHICKEN POWDER, CHICKEN FAT), FLAVORING AND CITRIC ACID.

Allergens: Milk, Soy, Wheat

Notes

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Gravy Turkey Roasted Rtu

Printer Friendly

SUPC: 5491162

Nutrition Information

Serving Size: 1/4 cup(s) (64 grams)

Amount Per Serving

Calories: 37

Calories from Fat: 19

Total Fat:

2 GM

% Daily Value*

3%

Saturated Fat:

0.5 GM

3%

Trans Fat:

0 GM

Polyunsaturated Fat:

NA

NA

Monounsaturated Fat:

NA

NA

Cholesterol:

5 MG

2%

Sodium:

250 MG

10%

Potassium:

NA

NA

Total Carbohydrate:

3 GM

1%

Dietary Fiber:

0 GM

0%

Sugars:

0 GM

Protein:

1 GM

Vitamin A: 2%

• Vitamin C: 0%

Calcium: 2%

• Iron: 2%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

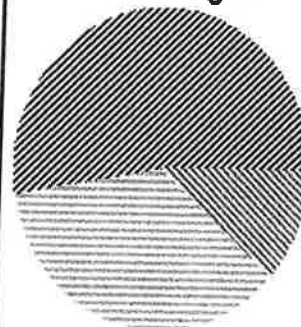


Carbohydrate 4



Protein 4

Calorie Percentages



PRO - 12%
CHO - 35%
FAT - 53%

Ingredients:

Water, Roasted Dark Turkey Meat, Food Starch-Modified, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Chicken Fat, Salt, less than 1% of the following: Dehydrated Turkey Meat, Dehydrated Turkey Broth, Turkey Fat (contains Tocopherols), Sugar, Nonfat Dry Milk, Soy Flour, Cornstarch, Autolyzed Yeast Extract, Torula Yeast, Lipolyzed Butter Oil, Ascorbic Acid, Natural Flavorings, Flavoring (contains Canola Oil), Maltodextrin, Soy Sauce Solids (Soybeans, Wheat, Salt), Lactic Acid, Calcium Lactate, Onion Powder, Garlic Powder, Caramel Color, Turmeric, Oleoresin Paprika, Flavor, Disodium Inosinate and Disodium Guanylate.

Contains: Wheat, Milk Soy

Allergens: Milk, Soy, Wheat

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SYSCO eNutrition>Search Food Products Only>Product Detail>Nutrition Information

Icing Rtu Choc Fudge

Printer Friendly

SUPC: 4158929

Nutrition Information

Serving Size: 35 GR (35 grams)

Amount Per Serving

Calories: 140

Calories from Fat: 54

		% Daily Value*
Total Fat:	6 GM	9%
Saturated Fat:	3 GM	15%
Trans Fat:	0 GM	
Polyunsaturated Fat:	0.5 GM	
Monounsaturated Fat:	2 GM	
Cholesterol:	0 MG	0%
Sodium:	90 MG	4%
Potassium:	NA	NA
Total Carbohydrate:	24 GM	8%
Dietary Fiber:	1 GM	4%
Sugars:	22 GM	
Protein:	0 GM	

Vitamin A: 0%

Vitamin C: 0%

Calcium: 0%

Iron: 2%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 0%
CHO - 64%
FAT - 36%

Ingredients:

SUGAR, PALM OIL, WATER, HIGH MALTOSSE CORN SYRUP, COCOA PROCESSED WITH ALKALI, CORN STARCH. CONTAINS LESS THAN 2% OF THE FOLLOWING: HYDROGENATED PALM OIL, SALT, DISTILLED MONOGLYCERIDES, POLYSORBATE 60, POTASSIUM SORBATE (PRESERVATIVE), NATURAL AND ARTIFICIAL FLAVOR (DAIRY), CITRIC ACID, SODIUM STEAROYL LACTYLATE, SODIUM ACID PYROPHOSPHATE. CONTAINS MILK INGREDIENTS.

Allergens: Milk

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Icing Rtu Vanilla Cream

Printer Friendly

SUPC: 4046124

Nutrition Information

Serving Size: 35 GR (35 grams)

Amount Per Serving

Calories: 150

Calories from Fat: 45

		% Daily Value*
Total Fat:	5 GM	8%
Saturated Fat:	3 GM	15%
Trans Fat:	0 GM	
Polyunsaturated Fat:	0.5 GM	
Monounsaturated Fat:	2 GM	
Cholesterol:	0 MG	0%
Sodium:	75 MG	3%
Potassium:	NA	NA
Total Carbohydrate:	25 GM	8%
Dietary Fiber:	0 GM	0%
Sugars:	23 GM	
Protein:	0 GM	

Vitamin A: 0%

Vitamin C: 0%

Calcium: 0%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 0%
CHO - 69%
FAT - 31%

Ingredients:

SUGAR, PALM OIL, WATER, HIGH MALTOSSE CORN SYRUP, CORN STARCH. CONTAINS LESS THAN 2% OF THE FOLLOWING: HYDROGENATED PALM OIL, SALT, DISTILLED MONOGLYCERIDES, YELLOW 5 & 6 AND OTHER COLOR ADDED, POLYSORBATE 60, POTASSIUM SORBATE AND CITRIC ACID (PRESERVATIVES), SODIUM STEAROYL LACTYLATE, SODIUM ACID PYROPHOSPHATE, NATURAL AND ARTIFICIAL FLAVOR, NONFAT MILK. CONTAINS MILK INGREDIENTS.

Allergens: Milk

Notes

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SYSCO eNutrition>Search Food Products Only>Product Detail>Nutrition Information

Jelly Grape Concord

Printer Friendly

SUPC: 4184461

Nutrition Information

Serving Size: 1 tbsp (20 grams)

Amount Per Serving

Calories: 50

Calories from Fat: 0

		% Daily Value*
Total Fat:		
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	0%
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	NA	NA
Cholesterol:	NA	NA
Sodium:	0 MG	0%
Potassium:	5 MG	0%
Total Carbohydrate:	NA	NA
Dietary Fiber:	13 GM	4%
Sugars:	0 GM	0%
Protein:	10 GM	
	0 GM	

Vitamin A: 0%

Vitamin C: 0%

Calcium: 0%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages

PRO - 0%
CHO - 100%
FAT - 0%

Ingredients:

Grape Juice and Grape Juice Concentrate, High Fructose Corn Syrup, Corn Syrup, Fruit Pectin, Citric Acid, Sodium Citrate.

Notes

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Ketchup Fancy

Printer Friendly

SUPC: 5686266

Nutrition Information

Serving Size: 1 tbsp (17 grams)

Amount Per Serving

Calories: 15

Calories from Fat: 0

		% Daily Value*
Total Fat:	0 GM	0%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	160 MG	7%
Potassium:	NA	NA
Total Carbohydrate:	4 GM	1%
Dietary Fiber:	0 GM	0%
Sugars:	4 GM	
Protein:	0 GM	

Vitamin A: 6%

• Vitamin C: 0%

Calcium: 0%

• Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9



Carbohydrate 4



Protein 4

Calorie Percentages

PRO - 0%
CHO - 100%
FAT - 0%

Ingredients:

Tomato concentrate, high fructose corn syrup, vinegar, corn syrup, salt, onion powder, spice, natural flavors.

Notes

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Kraft American Cheese Slices

Nutrition Facts

Serving Size 19g
Servings per Container about 12
Amount Per Serving

Calories 60 Calories from Fat 40

% Daily Value*

Total Fat 4g	6 %
Saturated Fat 2.5g	13 %
Trans Fat 0g	0 %
Cholesterol 15mg	5 %
Sodium 200mg	8 %
Total Carbohydrate 2g	1 %
Dietary Fiber 0g	0 %
Sugars 1g	
Protein 3g	
Phosphorus	15 %

Vitamin A 2 % Vitamin C 0 %

Calcium 20 % Iron 0 %

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholest	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carb		300g	375g	
Fiber		25g	30g	



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For recipes and tips, visit KidsEatRight.org/CheesyFacts

Margarine Spread Cup

Printer Friendly

SUPC: 1448950

Nutrition Information

Serving Size: 1 Portion (5 grams)

Amount Per Serving

Calories: 25

Calories from Fat: 27

% Daily Value*

Total Fat:	3 GM	5%
Saturated Fat:	0.5 GM	2%
Trans Fat:	0 GM	
Polyunsaturated Fat:	1.5 GM	
Monounsaturated Fat:	1 GM	
Cholesterol:	0 MG	0%
Sodium:	30 MG	1%
Potassium:	NA	NA
Total Carbohydrate:	0 GM	0%
Dietary Fiber:	0 GM	0%
Sugars:	0 GM	0%
Protein:	0 GM	

Vitamin A: 2%

Vitamin C: 0%

Calcium: 0%

Iron: 0%

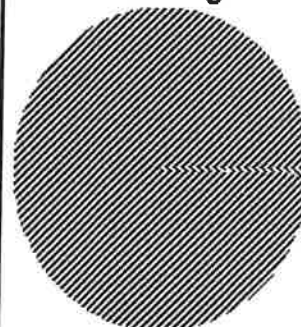
* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 0%
CHO - 0%
FAT - 100%

Ingredients:

VEGETABLE OIL BLEND (LIQUID SOYBEAN, CANOLA, PALM, PALM KERNEL), WATER, WHEY (FROM MILK), SALT, VEGETABLE MONO AND DIGLYCERIDES, SOY LECITHIN, POTASSIUM SORBATE AND CALCIUM DISODIUM EDTA USED TO PROTECT QUALITY, VITAMIN E., CITRIC ACID, CYANOCOBALAMIN (VITAMIN B12), PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), ARTIFICIAL FLAVOR, VITAMIN A PALMITATE, BETA CAROTENE (COLOR), VITAMIN D3.

Allergens: Milk, Soy

Notes

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SYSCO eNutrition>Search Food Products Only>Product Detail>Nutrition Information

Mayonnaise Heavy Duty

Printer Friendly

SUPC: 4002432

Nutrition Information

Serving Size: 1 tbsp (14 grams)

Amount Per Serving

Calories: 100

Calories from Fat: 99

		% Daily Value*
Total Fat:	11 GM	17%
Saturated Fat:	2 GM	10%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	5 MG	2%
Sodium:	65 MG	3%
Potassium:	NA	NA
Total Carbohydrate:	less than 1 GM	0%
Dietary Fiber:	0 GM	0%
Sugars:	0 GM	
Protein:	0 GM	

Vitamin A: 0%

• Vitamin C: 0%

Calcium: 0%

• Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

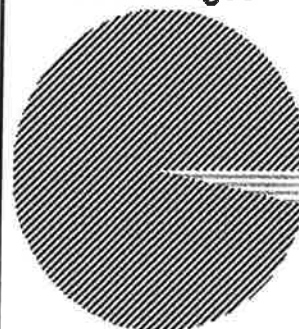


Carbohydrate 4



Protein 4

Calorie Percentages



PRO - 0%
CHO - 4%
FAT - 96%

Ingredients:

Soybean Oil, Water, Egg Yolk, Corn Syrup, Distilled Vinegar, Salt, Mustard Seed, Calcium Disodium EDTA added to protect flavor.

CONTAINS: Egg.

Allergens: Eggs

Notes

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SYSCO eNutrition>Search Food Products and Recipes>Product Detail>Nutrition Information

Milk Condensed Sweetened

Printer Friendly

SUPC: 5150545

Nutrition Information

Serving Size: 1 ozv (38 grams)

Amount Per Serving

Calories: 123

Calories from Fat: 30

		% Daily Value*
Total Fat:		
Saturated Fat:	3.5 GM	5%
Trans Fat:	2 GM	10%
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	0 GM	
Cholesterol:	1 GM	
Sodium:	15 MG	4%
Potassium:	50 MG	2%
Total Carbohydrate:	140 MG	4%
Dietary Fiber:	21 GM	7%
Sugars:	0 GM	0%
Protein:	21 GM	
	3 GM	

Vitamin A: 2%

Calcium: 10%

Vitamin D: 2%

Thiamin: 2%

Niacin: 0%

Folate: 2%

Phosphorus: 10%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs;

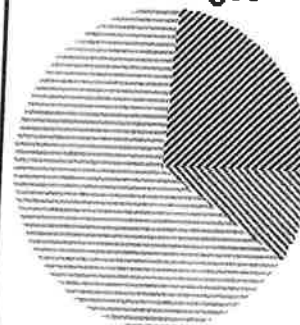
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 10%
CHO - 66%
FAT - 24%

Notes

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SYSCO eNutrition>Search Food Products Only>Product Detail>Nutrition Information

Mustard Spicy Brown

Printer Friendly

SUPC: 4006805

Nutrition Information

Serving Size: 1 TSP (5 grams)

Amount Per Serving

Calories: 5

Calories from Fat: 0

% Daily Value*

Total Fat:	0 GM	0%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	0 GM	
Cholesterol:	0 MG	0%
Sodium:	50 MG	2%
Potassium:	NA	NA
Total Carbohydrate:	0 GM	0%
Dietary Fiber:	0 GM	0%
Sugars:	0 GM	
Protein:	0 GM	

Vitamin A: NA

Vitamin C: NA

Calcium: NA

Iron: NA

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages

PRO - 0%
CHO - 0%
FAT - 0%

Ingredients:

VINEGAR, MUSTARD SEED, SALT, SPICES AND TURMERIC.

Notes

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Mustard Yellow Cls

Printer Friendly

SUPC: 4006748

Nutrition Information

Serving Size: 1 TSP (5 grams)

Amount Per Serving

Calories: 0

Calories from Fat: 0

% Daily Value*

Total Fat:	0 GM	0%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	0 GM	
Cholesterol:	0 MG	0%
Sodium:	55 MG	2%
Potassium:	NA	NA
Total Carbohydrate:	0 GM	0%
Dietary Fiber:	0 GM	0%
Sugars:	0 GM	
Protein:	0 GM	

Vitamin A: 0%

Vitamin C: 0%

Calcium: 0%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages

PRO - 0%
 CHO - 0%
 FAT - 0%

Ingredients:

Distilled Vinegar, Water, No. 1 Grade Mustard Seed, Salt, Turmeric, Paprika, Spice, Garlic Powder, Natural Flavor.

Notes

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Onion Chp Dehy Super Topper

Printer Friendly

SUPC: 4014262

Nutrition Information

Serving Size: 1/4 cup(s) (24 grams)

Amount Per Serving

Calories: 72

Calories from Fat: 1

		% Daily Value*
Total Fat:	0 GM	0%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	0 GM	
Cholesterol:	0 MG	0%
Sodium:	20 MG	1%
Potassium:	280 MG	8%
Total Carbohydrate:	20 GM	7%
Dietary Fiber:	4 GM	16%
Sugars:	1 GM	
Protein:	2 GM	

Vitamin A: NA	• Vitamin C: 10%
Calcium: 8%	• Iron: 4%
Thiamin: 6%	• Riboflavin: 10%
Phosphorus: 2%	•

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9	•	Carbohydrate 4	•	Protein 4
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Calorie Percentages



PRO - 9%
CHO - 90%
FAT - 1%

Ingredients:

ONION

Notes

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Peach Sli Irreg Lite Syrup

Printer Friendly

SUPC: 8576886

Nutrition Information

Serving Size: 1/2 cup (126 grams)

Amount Per Serving

Calories: 70

Calories from Fat: 0

		% Daily Value*
Total Fat:	0 GM	0%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	0%
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	10 MG	0%
Potassium:	105 MG	3%
Total Carbohydrate:	17 GM	6%
Dietary Fiber:	0 GM	2%
Sugars:	13 GM	
Protein:	0 GM	

Vitamin A: 6%

Vitamin C: 2%

Calcium: 0%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Ingredients:

Peaches, water, corn syrup, sugar.

Calorie Percentages



PRO - 2%
CHO - 98%
FAT - 0%

Notes

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Pickle Sli Ham Eco 1/8 Pr

Printer Friendly

SUPC: 5618087

Nutrition Information

Serving Size: 1 oz (7 slices) (28 grams)

Amount Per Serving

Calories: 0

Calories from Fat: 0

% Daily Value*

Total Fat:	0 GM	0%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	0 GM	
Cholesterol:	0 MG	0%
Sodium:	370 MG	15%
Potassium:	NA	NA
Total Carbohydrate:	0 GM	0%
Dietary Fiber:	0 GM	0%
Sugars:	0 GM	
Protein:	0 GM	

Vitamin A: 0%

Vitamin C: 0%

Calcium: 0%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages

PRO - 0%
CHO - 0%
FAT - 0%

Ingredients:

Cucumbers, water, vinegar, salt, lactic acid, alum, calcium chloride, sodium benzoate and potassium sorbate (preservatives), natural flavors, polysorbate 80, yellow 5, blue 1.

Notes

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Sysco eNutrition>Search Food Products Only>Product Detail>Nutrition Information

Pineapple Chunk Jce

Printer Friendly

SUPC: 4300307

Nutrition Information

Serving Size: 1 slice, thin (3-1/2" dia x 1/2" thick) (56 grams)

Amount Per Serving

Calories: 28

Calories from Fat: 1

% Daily Value*

Total Fat:	0 GM	0%
Saturated Fat:	0 GM	0%
Trans Fat:	NA	NA
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	0 GM	
Cholesterol:	0 MG	0%
Sodium:	0 MG	0%
Potassium:	60 MG	2%
Total Carbohydrate:	7 GM	2%
Dietary Fiber:	less than 1 GM	3%
Sugars:	5 GM	
Protein:	0 GM	

Vitamin A: 2%	Vitamin C: 45%
Calcium: 2%	Iron: 2%
Vitamin D: 0%	
Thiamin: 4%	Riboflavin: 2%
Niacin: 2%	Vitamin B-6: 4%
Folate: 2%	Vitamin B-12: 0%
Phosphorus: 0%	Zinc: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages

PRO - 4%
CHO - 94%
FAT - 2%

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Chip Potato Ridged Reg

Printer Friendly

SUPC: 7346275

Nutrition Information

Serving Size: 1 oz. (28 grams)

Amount Per Serving

Calories: 160

Calories from Fat: 90

Total Fat:

Saturated Fat:	10 GM
Trans Fat:	1 GM
Polyunsaturated Fat:	0 GM
Monounsaturated Fat:	4.5 GM
	4.5 GM

% Daily Value*

Cholesterol:

0 MG 0%

Sodium:

160 MG 7%

Potassium:

340 MG 10%

Total Carbohydrate:

14 GM 5%

Dietary Fiber:

1 GM 4%

Sugars:

0 GM

Protein:

2 GM

Vitamin A: 0%

• Vitamin C: 10%

Calcium: 0%

• Iron: 0%

Thiamin: 2%

• Vitamin B-6: 6%

Niacin: 4%

Phosphorus: 4%

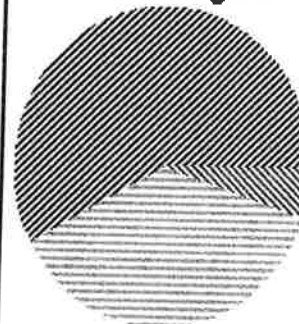
* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
Calories per gram:

Fat 9

• Carbohydrate 4

• Protein 4

Calorie Percentages



PRO - 5%
CHO - 36%
FAT - 58%

Ingredients:

Potatoes, Sunflower Oil and/or Corn Oil, and salt.No Preservatives

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Potato Fry Thin Evercrisp

Printer Friendly

SUPC: 0017461

Nutrition Information

Serving Size: 85 Gram (85 grams)

Amount Per Serving

Calories: 160

Calories from Fat: 63

		% Daily Value*
Total Fat:	7 GM	11%
Saturated Fat:	1 GM	5%
Trans Fat:	1 GM	NA
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	360 MG	15%
Potassium:	NA	NA
Total Carbohydrate:	22 GM	7%
Dietary Fiber:	2 GM	8%
Sugars:	0 GM	
Protein:	2 GM	

Vitamin A: 0%

Calcium: 0%

Vitamin C: 6%

Iron: 6%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 5%
CHO - 55%
FAT - 40%

Ingredients:

Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Bleached Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid). Contains 2% or less of Dextrose, Dextrin, Guar Gum, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Rice Flour, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color, Sugar, Tapioca Starch, Tapioca Starch - Modified, Wheat Starch, Xanthan Gum.

Allergens: Wheat

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Raisin Seedless Select

Printer Friendly

SUPC: 4110565

Nutrition Information

Serving Size: 1/4 cup(s) (40 grams)

Amount Per Serving

Calories: 130

Calories from Fat: 0

		% Daily Value*
Total Fat:	0 GM	0%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	0%
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	10 MG	0%
Potassium:	310 MG	9%
Total Carbohydrate:	31 GM	10%
Dietary Fiber:	2 GM	8%
Sugars:	29 GM	
Protein:	1 GM	

Vitamin A: 2%

Vitamin C: 2%

Calcium: 2%

Iron: 6%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 3%
CHO - 97%
FAT - 0%

Ingredients:

Raisins

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Relish Swt Grn Fcy Pr

Printer Friendly

SUPC: 6103121

Nutrition Information

Serving Size: 1 tbsp (15 grams)

Amount Per Serving

Calories: 15

Calories from Fat: 0

		% Daily Value*
Total Fat:	0 GM	0%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	0 GM	
Cholesterol:	0 MG	0%
Sodium:	110 MG	5%
Potassium:	NA	NA
Total Carbohydrate:	4 GM	1%
Dietary Fiber:	0 GM	0%
Sugars:	3 GM	
Protein:	0 GM	

Vitamin A: 0%

Vitamin C: 0%

Calcium: 0%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages

PRO - 0%
CHO - 100%
FAT - 0%

Ingredients:

Cucumbers, high fructose corn syrup, corn syrup, vinegar, salt, water, xanthan gum, calcium chloride, sodium benzoate (preservative), turmeric (color), alum, natural and artificial flavors, polysorbate 80.

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SYSCO eNutrition>Search Food Products Only>Product Detail>Nutrition Information

Sauce Bbq Reserve Dip Cup

Printer Friendly

SUPC: 3132032

Nutrition Information

Serving Size: 1 oz (28 grams)

Amount Per Serving

Calories: 35

Calories from Fat: 0

		% Daily Value*
Total Fat:	0 GM	0%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	0%
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	270 MG	11%
Potassium:	NA	NA
Total Carbohydrate:	9 GM	3%
Dietary Fiber:	0 GM	0%
Sugars:	7 GM	0%
Protein:	0 GM	0%

Vitamin A: 0%

Vitamin C: 0%

Calcium: 0%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages

PRO - 0%
CHO - 100%
FAT - 0%

Ingredients:

Tomato Puree (Water, Tomato Paste), High Fructose Corn Syrup, Sugar, Distilled Vinegar, Salt, Modified Food Starch, Contains less than 1.5% of Spices, Molasses, Corn Syrup, Natural Hickory Smoke Flavor, Onion*, Caramel Color, Sodium Benzoate (Preservative), Garlic*, Tamarind, Natural Flavors, Chili Pepper. *Dried

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SYSCO eNutrition>Search Food Products Only>Product Detail>Nutrition Information

Sauce Bbq Reserve Original

Printer Friendly

SUPC: 5749775

Nutrition Information

Serving Size: 2 tbsp (34 grams)

Amount Per Serving

Calories: 49

Calories from Fat: 0

		% Daily Value*
Total Fat:	0 GM	0%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	0%
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	0 GM	
Cholesterol:	0 MG	0%
Sodium:	410 MG	17%
Potassium:	NA	NA
Total Carbohydrate:	12 GM	4%
Dietary Fiber:	0 GM	0%
Sugars:	10 GM	
Protein:	0 GM	

Vitamin A: 0%

Vitamin C: 6%

Calcium: 0%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 0%
CHO - 100%
FAT - 0%

Ingredients:

High fructose corn syrup, water, tomato paste, distilled vinegar, salt, food starch-modified, soybean oil, hydrolyzed corn protein, mustard bran, sodium benzoate (preservative), onion powder, garlic powder, spices, natural and artificial flavors, calcium disodium EDTA (to protect flavor), red 40, blue 1.

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Sauce Bbq Reserve Smokey

Printer Friendly

SUPC: 5778071

Nutrition Information

Serving Size: 2 tbsp (35 grams)

Amount Per Serving

Calories: 45

Calories from Fat: 0

% Daily Value*

Total Fat:	0 GM	0%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	0 GM	
Cholesterol:	0 MG	0%
Sodium:	330 MG	14%
Potassium:	NA	NA
Total Carbohydrate:	11 GM	4%
Dietary Fiber:	0 GM	0%
Sugars:	9 GM	
Protein:	0 GM	

Vitamin A: 0%

Vitamin C: 0%

Calcium: 0%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages

PRO - 0%
CHO - 100%
FAT - 0%

Ingredients:

Water, high fructose corn syrup, tomato paste, sugar, vinegar, salt, food starch-modified, molasses, natural flavor, mustard bran, onion powder, sodium benzoate (preservative), garlic powder, calcium disodium EDTA (to protect flavor).

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Sauce Mustard Hny Dip Cup

Printer Friendly

SUPC: 4551727

Nutrition Information

Serving Size: 1 oz (28 grams)

Amount Per Serving

Calories: 109

Calories from Fat: 80

		% Daily Value*
Total Fat:	9 GM	14%
Saturated Fat:	1.5 GM	7%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	10 MG	3%
Sodium:	240 MG	10%
Potassium:	NA	NA
Total Carbohydrate:	8 GM	3%
Dietary Fiber:	0 GM	0%
Sugars:	7 GM	
Protein:	0 GM	

Vitamin A: 0%

Vitamin C: 0%

Calcium: 0%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 0%
CHO - 28%
FAT - 72%

Ingredients:

Soybean Oil, High Fructose Corn Syrup, Water, Distilled Vinegar, Honey, Corn Syrup, Egg Yolk, Salt, Mustard Seed, Contains less than 1% of Xanthan Gum, Onion*, Spices, Mustard Bran, Turmeric, Paprika, Natural and Artificial Flavors, Sodium Benzoate and Calcium Disodium EDTA (Preservatives), Caramel Color, Extractives of Turmeric and Paprika (Colors). *Dried CONTAINS: Egg.

Allergens: Eggs

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Sauce Sweet & Sour

Printer Friendly

SUPC: 4008348

Nutrition Information

Serving Size: 2 TBSP (34 grams)

Amount Per Serving

Calories: 60

Calories from Fat: 0

		% Daily Value*
Total Fat:	0 GM	0%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	0%
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	0 GM	
Cholesterol:	0 MG	0%
Sodium:	110 MG	5%
Potassium:	NA	NA
Total Carbohydrate:	14 GM	5%
Dietary Fiber:	0 GM	0%
Sugars:	11 GM	
Protein:	0 GM	

Vitamin A: NA

Vitamin C: NA

Calcium: NA

Iron: NA

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 0%
CHO - 100%
FAT - 0%

Ingredients:

Water, sugar, distilled vinegar, modified corn starch, salt, pineapple juice powder, dehydrated red and green bell peppers, colored with oleoresin paprika.

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Sauce Sweet & Sour Dip Cup

Printer Friendly

SUPC: 3132065

Nutrition Information

Serving Size: 1 oz (28 grams)

Amount Per Serving

Calories: 48

Calories from Fat: 2

		% Daily Value*
Total Fat:	0 GM	0%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	0 GM	
Cholesterol:	0 MG	0%
Sodium:	110 MG	5%
Potassium:	NA	NA
Total Carbohydrate:	12 GM	4%
Dietary Fiber:	0 GM	0%
Sugars:	14 GM	
Protein:	0 GM	

Vitamin A: NA	• Vitamin C: NA
Calcium: NA	• Iron: NA
Thiamin: 2%	• Riboflavin: 2%
Niacin: 0%	•
Phosphorus: 0%	•

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Calorie Percentages



PRO - 0%
CHO - 96%
FAT - 4%

Ingredients:

High Fructose Corn Syrup, Water, Distilled Vinegar, Pineapple Juice Concentrate, Modified Food Starch, Mustard (water, distilled vinegar, mustard seed, salt, turmeric, spices), Salt, Worcestershire Sauce (Distilled Vinegar, Molasses, Corn Syrup, Water, Salt, Caramel Color, Garlic, Sugar, Spices, Tamarind, Natural Flavor), Soybean Oil, Xanthan Gum, Sodium Benzoate and Potassium Sorbate as Preservatives, Spices, Garlic Powder, Extractives of Paprika

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Sauerkraut Shredded Fcy

Printer Friendly

SUPC: 4189171

Nutrition Information

Serving Size: 2 tbsp (30 grams)

Amount Per Serving

Calories: 5

Calories from Fat: 0

		% Daily Value*
Total Fat:	0 GM	0%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	0%
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	180 MG	8%
Potassium:	NA	NA
Total Carbohydrate:	1 GM	0%
Dietary Fiber:	1 GM	4%
Sugars:	1 GM	
Protein:	0 GM	

Vitamin A: 0%

Vitamin C: 4%

Calcium: 0%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Ingredients:

Sauerkraut, water, salt.

Calorie Percentages

PRO - 0%
CHO - 100%
FAT - 0%

Notes

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Cream Sour Cultrd Grade A

Printer Friendly

SUPC: 5020193

Nutrition Information

Serving Size: 2 tbsp (30 grams)

Amount Per Serving

Calories: 60

Calories from Fat: 45

		% Daily Value*
Total Fat:	5 GM	8%
Saturated Fat:	3.5 GM	18%
Trans Fat:	0 GM	
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	1.5 GM	
Cholesterol:	20 MG	7%
Sodium:	55 MG	2%
Potassium:	70 MG	2%
Total Carbohydrate:	2 GM	1%
Dietary Fiber:	0 GM	0%
Sugars:	2 GM	
Protein:	1 GM	

Vitamin A: 4%

Vitamin C: 0%

Calcium: 4%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 7%
 CHO - 14%
 FAT - 79%

Ingredients:

Cultured Cream, Contains Less than 2% Of: Whey, Food Starch-Modified (Corn), Sodium Tripolyphosphate, Guar Gum, Carrageenan, Calcium Sulfate, Locust Bean Gum, Potassium Sorbate (a preservative). CONTAINS: Milk.

Allergens: Milk

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SunButter Creamy

A great-tasting peanut butter alternative, SunButter Creamy is smooth and creamy, safe for people with peanut and tree nut allergies, delicious and packed with nutrition. Straight from the jar, on a sandwich or in a variety of peanut and tree nut free recipes, kids and adults love it!

Find Near You > ([http://destinilocators.com/sunbutter/site/locator.php?](http://destinilocators.com/sunbutter/site/locator.php?MM=panel2&PROD=737539190017)

MM=panel2&PROD=737539190017)

SunButter Sunflower Butter Is Free From The Top 8 Food Allergens. (<http://sunbutter.com/allergy-information/>)



Nutrition

Ingredients

Roasted sunflower seed, sugar, vegetable oil to prevent separation (mono-diglycerides), salt, and vitamin E (natural mixed tocopherols to preserve freshness).

Nutrition Facts	
Serving Size 2 Tbsp (32g)	
Servings Per Container About 14	
Amount Per Serving	
Calories 200	Calories from Fat 140
% Daily Value*	
Total Fat 16g	25%
Saturated Fat 2g	11%
Trans Fat 0g	0%
Polyunsaturated Fat 6g	
Monounsaturated Fat 8g	
Cholesterol 0mg	0%
Sodium 120mg	5%
Potassium 180mg	5%
Total Carbohydrate 7g	2%
Dietary Fiber 4g	17%
Sugars 3g	
Protein 7g	
Vitamin A 0%*	Vitamin C 0%*
Calcium 2%*	Iron 8%*
Vitamin E 27%*	Niacin 12%*
Phosphorus 8%*	Magnesium 25%*
Zinc 10%*	Copper 25%*
*Percent Daily Values are based on a 2000 calorie diet.	

Stuffing Mix Chick W/seas

Printer Friendly

SUPC: 6995864

Nutrition Information

Serving Size: 1/2 cup(s) (33 grams)

Amount Per Serving

Calories: 130

Calories from Fat: 9

		% Daily Value*
Total Fat:	1 GM	2%
Saturated Fat:	0 GM	0%
Trans Fat:	NA	NA
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	470 MG	20%
Potassium:	NA	NA
Total Carbohydrate:	24 GM	8%
Dietary Fiber:	1 GM	4%
Sugars:	4 GM	
Protein:	4 GM	

Vitamin A: 0%

Vitamin C: 0%

Calcium: 0%

Iron: 8%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 13%
CHO - 79%
FAT - 7%

Ingredients:

INGREDIENTS: UNBROMATED UNBLEACHED ENRICHED WHEAT FLOUR [FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID], UNBROMATED STONE GROUND 100% WHOLE WHEAT FLOUR, DEHYDRATED ONIONS, CORN SYRUP SOLIDS, HIGH FRUCTOSE CORN SYRUP, CONTAINS 2 PERCENT OR LESS OF: SALT, DEHYDRATED CELERY, YEAST, PARTIALLY HYDROGENATED SOYBEAN OIL, DEHYDRATED CHICKEN, CHICKEN FAT, CHICKEN BROTH, MALTODEXTRIN, ONION POWDER, SPICES, VINEGAR, XTRACTIVES OF TURMERIC (COLOR), AUTOLYZED YEAST EXTRACT, EHYDRATED GARLIC, EXTRACTIVES OF PAPRIKA (COLOR), NATURAL FLAVORS, SOY PROTEIN ISOLATE, SOY SAUCE SOLIDS (SOYBEANS), SUGAR, TORULA YEAST EXTRACT, TURMERIC (COLOR) AND MODIFIED CORN STARCH.

Allergens: Soy, Wheat

Notes

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Sysco eNutrition>Search Food Products Only>Product Detail>Nutrition Information

Syrup Table Maple Flavored Cup

Printer Friendly

SUPC: 1696608

Nutrition Information

Serving Size: 1 1/2 oz (42 grams)

Amount Per Serving

Calories: 119

Calories from Fat: 0

		% Daily Value*
Total Fat:	0 GM	0%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	0 GM	
Cholesterol:	0 MG	0%
Sodium:	25 MG	1%
Potassium:	NA	NA
Total Carbohydrate:	31 GM	10%
Dietary Fiber:	0 GM	
Sugars:	21 GM	0%
Protein:	0 GM	

Vitamin A: 0%

Vitamin C: 0%

Calcium: 0%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages

PRO - 0%
CHO - 100%
FAT - 0%

Ingredients:

CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, WATER, NATURAL AND ARTIFICIAL MAPLE FLAVOR, POTASSIUM SORBATE AS PRESERVATIVE, CARAMEL COLOR, CITRIC ACID.

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Cream Whipped Arsl 20% Btrfat

Printer Friendly

SUPC: 9815580

Nutrition Information

Serving Size: 2 Tbsp (5 grams)

Amount Per Serving

Calories: 12

Calories from Fat: 7

		% Daily Value*
Total Fat:	1 GM	1%
Saturated Fat:	1 GM	4%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	less than 5 MG	1%
Sodium:	0 MG	0%
Potassium:	NA	NA
Total Carbohydrate:	less than 1 GM	0%
Dietary Fiber:	0 GM	0%
Sugars:	less than 1 GM	
Protein:	0 GM	

Vitamin A: 0%

Vitamin C: 0%

Calcium: 0%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9

Carbohydrate 4

Protein 4

Calorie Percentages



PRO - 0%
CHO - 31%
FAT - 69%

Ingredients:

Cream, Milk, Sugar, Dextrose, Contains less than 1% of each of the following: Sorbitan Monostearate, Artificial Flavor, Carrageenan, Mixed Tocopherols (Vitamin E) to protect flavor. Propellant: Nitrous Oxide. **ALLERGEN INFORMATION: CONTAINS MILK.**

Allergens: Milk

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Topping Whpdp Tubs

Printer Friendly

SUPC: 1161157

Nutrition Information

Serving Size: 2 tablespoons (9 grams)

Amount Per Serving

Calories: 25

Calories from Fat: 18

		% Daily Value*
Total Fat:	2 GM	3%
Saturated Fat:	2 GM	10%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	0 MG	0%
Potassium:	NA	NA
Total Carbohydrate:	2 GM	1%
Dietary Fiber:	0 GM	0%
Sugars:	1 GM	
Protein:	0 GM	

Vitamin A: 0%

Vitamin C: 0%

Calcium: 0%

Iron: 0%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

Calories per gram:

Fat 9



Carbohydrate 4



Protein 4

Calorie Percentages



PRO - 0%
CHO - 31%
FAT - 69%

Ingredients:

Water, hydrogenated vegetable oils (coconut and palm kernel oils), corn syrup, high fructose corn syrup, contains less than 2% of the following: sodium caseinate (a milk derivative), artificial flavor, polysorbate 60, sorbitan monostearate, guar gum, xanthan gum, soy lecithin, glycerine, colored with (beta cartotene), partially hydrogenated soybean oil. * Not a source of lactose. CONTAINS: MILK, SOY.

Allergens: Milk, Soy

Notes

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