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SYSCO eNutrition>Search Food Products and Recipes>Product Detail>Nutrition Information

Beef Corned Brskt Ch Ckd 1st

Printer Friendly

SUPC: 5664689

Nutrition Information

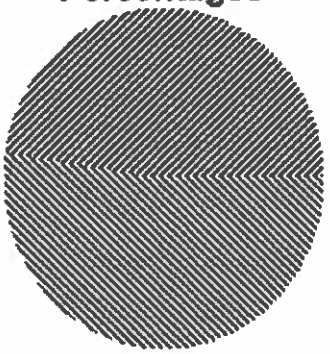
Serving Size: 2 oz (56 grams)

Amount Per Serving		
Calories: 70	Calories from Fat: 32	
		% Daily Value*
Total Fat:	3.5 GM	5%
Saturated Fat:	1 GM	5%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	30 MG	10%
Sodium:	570 MG	24%
Potassium:	NA	NA
Total Carbohydrate:	0 GM	0%
Dietary Fiber:	0 GM	0%
Sugars:	0 GM	
Protein:	9 GM	

Vitamin A: 0% • Vitamin C: 0%

Calcium: 0% • Iron: 0%

Calorie Percentages



PRO - 53%
CHO - 0%
FAT - 47%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Notes

1. The nutritional values indicated may not be complete based on limited information from product manufacturer.
2. This is a representation of the nutrition label. Because the data may change from time to time, this information may not always be identical to the nutrition label information on products sold.
3. If the Nutrition Label, Allergen Information and/or Ingredient List on eNutrition conflicts with these three statements on the product packaging itself, defer to the information on the product packaging. To ensure complete and current information on a product, always contact the product manufacturer.

eNutrition

Beef Patty Grnd Seasoned

SUPC:2580066

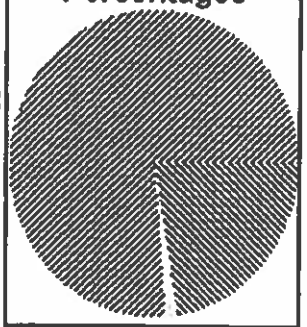
Nutrition Information
Serving Size: 4 oz (112 grams)

Amount Per Serving		
Calories: 330		Calories from Fat: 243
		% Daily Value*
Total Fat:	27 GM	42%
Saturated Fat:	11 GM	55%
Cholesterol:	75 MG	25%
Sodium:	260 MG	11%
Potassium:	NA	NA
Total Carbohydrate:	1 GM	0%
Dietary Fiber:	0 GM	0%
Sugars:	1 GM	
Protein:	18 GM	

Vitamin A: 0% • Vitamin C: 0%
Calcium: 2% • Iron: 10%

Ingredients:
Beef, Water, Bread Crumbs [Flour (unbleached wheat flour, barley malt), water, yeast, may also contain pure vegetable shortening (soy bean and/or cottonseed oils), ammonium chloride, calcium propionate], seasoning [salt, dextrose, sugar, beef flavor (beef stock, natural flavor), beef fat, beef extract powder (maltodextrin, beef extract solids), tomato powder, beef flavor (rendered beef fat, flavoring), citric acid, onion powder, modified food starch, vinegar powder (maltodextrin, modified food starch, vinegar solids), disodium inosinate, disodium guanylate, natural flavorings).

Calorie Percentages



PRO - 22.57%
CHO - 1.25%
FAT - 76.18%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

eNutrition

Beef Steak Philly Flt

SUPC:3788858

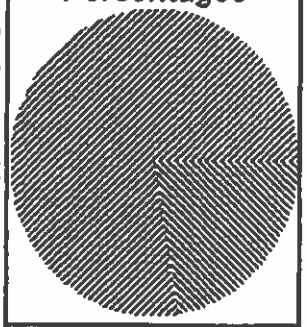
Nutrition Information
Serving Size: 4 oz (113 grams)

Amount Per Serving		
Calories: 350		Calories from Fat: 261
		% Daily Value*
Total Fat:	29 GM	45%
Saturated Fat:	12 GM	60%
Polyunsaturated Fat:	1 GM	
Monounsaturated Fat:	13 GM	
Cholesterol:	90 MG	30%
Sodium:	75 MG	3%
Potassium:	280 MG	8%
Total Carbohydrate:	0 GM	0%
Dietary Fiber:	0 GM	0%
Sugars:	0 GM	
Protein:	19 GM	

Vitamin A: 0%	Vitamin C: 0%
Calcium: 2%	Iron: 10%
Thiamin: 4%	Riboflavin: 10%
Niacin: 25%	Vitamin B-6: 0%
Folate: 2%	Vitamin B-12: 0%
Phosphorus: 25%	Zinc: 30%

Ingredients:
100% Beef

Calorie Percentages



PRO - 22.55%
CHO - 0%
FAT - 77.45%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

106004

CHICKEN SANDWICH STEAKS

CHICKEN, WATER & ISOLATED SOY PROTEIN PRODUCT SEASONED

Ingredients! Chicken Breast Meat, water, isolated soy protein, dextrose, salt, sodium phosphate, spice extractives of pepper and other spices,

PACKED BY
CHARLES RITTER, INC.
PHILA, PA. 19148 SAMPLE

KEEP FROZEN

Net Wt

eNutrition

Salad Chicken All White Meat

SUPC:3928116

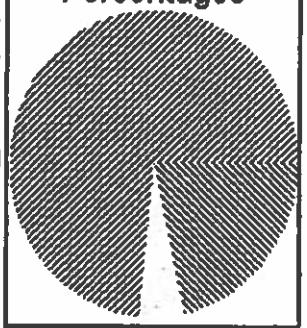
Nutrition Information
Serving Size: 1/2 cup(s) (100 grams)

Amount Per Serving		
Calories: 260		Calories from Fat: 189
		% Daily Value*
Total Fat:	21 GM	32%
Saturated Fat:	3 GM	15%
Trans Fat:	0 GM	
Cholesterol:	45 MG	15%
Sodium:	540 MG	22%
Potassium:	NA	NA
Total Carbohydrate:	3 GM	1%
Dietary Fiber:	1 GM	4%
Sugars:	0 GM	
Protein:	14 GM	

Vitamin A: 0% • Vitamin C: 2%
Calcium: 0% • Iron: 4%

Ingredients:
White Meat Chicken, Mayonnaise (soybean oil, egg yolks, vinegar, high fructose corn syrup, water, salt, natural flavor, calcium disodium EDTA [to protect flavor]), Celery, Cracker Meal (bleached wheat flour, Less Than 2% Partially Hydrogenated Soybean Oil [To Prevent Dusting]), Novagard (Maltodextrin, Cultured Dextrose, Sodium Diacetate, Nisin Preparation, Egg White Lysozyme), Salt, Spice, Disodium Inosinate, Disodium Guanylate, Onion Powder.

Calorie Percentages



PRO - 21.79%
CHO - 4.67%
FAT - 73.54%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Barbara Spevak

From: Dintino, Anthony 075 <Dintino.Anthony@Philly.sysco.com>
Sent: Tuesday, March 03, 2015 11:36 AM
To: 8arbara Spevak
Subject: Emailing: SYSCO Corporation - eNutrition

Good things come from SYSCO eNutrition

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SYSCO eNutrition>Search Food Products Only>Product Detail

Chicken Brst Filgrlmrkprck40/4

SUPC: 8415109

Pack/Size: 2/5 LB

Nutrition Source: Manufacturer

MPC: 38351-928

Manufacturer: Tyson

Brand: Tysonrl

GTIN: 00023700025463

UPC: 023700025463

Ingredients: Boneless, skinless chicken breast filets with rib meat, water, seasoning [maltodextrin, salt, sugar, chicken stock, vegetable stock (carrot, onion, celery), flavors, carrot powder and garlic powder], modified food starch, sodium phosphates, soy protein concentrate, sea salt.

Nutrition Information

Allergens: Soy

Processing response...

Product Information

Tyson Food Service
Working at the Heart of Your Menu

Nutrition Facts

Serving Size: 1 Piece (84g)
Servings Per Container: About 54

Amount Per Serving	
Calories 120	Calories from Fat 25
	% Daily Value*
Total Fat 2.5g	4%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 1g	
Cholesterol 60mg	20%
Sodium 390mg	16%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 23g	46%
Vitamin A 2%	Vitamin C 0%
Calcium 2%	Iron 4%

* Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

CN Label: No

To obtain a signed copy of the CN statement for this item, please contact the Tyson Food Service Concierge via e-mail or call 1-800-243-9766.

Tyson® Red Label™ Premium Unbreaded Grilled Chicken Breast Filets, Fully Cooked, 3 oz.

Product Code: 38300-928 UPC Code: 00023700026415

- Better Prices. Save up to 20% on comparable chicken products you currently menu.
- Better Flavor. No artificial aftertastes commonly associated with other fully cooked chicken items.
- Better Performance. Finish with the method that best suits your operation to deliver outstanding flavor and appearance results.
- Simply seasoned with salt and pepper then fully cooked and seared with grill marks to deliver clean fresh-off-the-grill flavor.

PREPARATION

PREPARATION: Appliances vary, adjust accordingly. CONVECTION OVEN: From frozen, place the breast filets on a lined (non-stick) sheet pan with a small amount of water. Completely cover with foil. Place in a pre-heated, 350°F convection oven for approximately 17-21 minutes. MICROWAVE: From frozen, place 1 or 2 filets on a microwave safe plate and cover completely with cling wrap/plastic wrap. Heat in microwave on highest setting for approximately 2-3 minutes.

PIECE COUNT

Target is 54 3oz FILLET(s) per CASE. Allowable range is between 46 and 64 FILLET(s) per CASE.

MASTER CASE

Gross Weight:	10.6686 LB	Width:	9.1875 IN
Net Weight:	10LB	Length:	11.75 IN
Cube:	0.609 FT	Height:	9.75 IN

PALLET CONFIGURATION

Ti: 17 Hi: 7

INGREDIENTS

Boneless, skinless chicken breast fillets with rib meat, water, seasoning [maltodextrin, salt, sugar, chicken stock, vegetable stock* (carrot, onion, celery), flavors, carrot powder and garlic powder], modified food starch, sodium phosphates, soy protein concentrate, sea salt.

CONTAINS soy

STORAGE

Shelf Life:	365 days
Storage Temp:	0 F
Storage Method:	Frozen

eNutrition

Chicken Brd 8pc Dixie Crisp Fc

SUPC:7244015

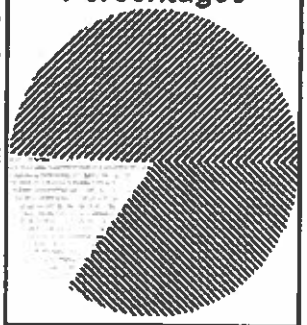
Nutrition Information
Serving Size: 3 oz (84 grams)

Amount Per Serving		
Calories: 220		Calories from Fat: 108
		% Daily Value*
Total Fat:	12 GM	18%
Saturated Fat:	3 GM	15%
Trans Fat:	0 GM	
Cholesterol:	55 MG	18%
Sodium:	470 MG	20%
Potassium:	NA	NA
Total Carbohydrate:	9 GM	3%
Dietary Fiber:	0 GM	0%
Sugars:	0 GM	
Protein:	19 GM	

Vitamin A: 2% • Vitamin C: 0%
Calcium: 0% • Iron: 8%

Ingredients:
Containing up to 8% solution of water, sodium phosphates, and salt. Young Fryer Parts, Water, Salt and Sodium Phosphate, Breaded and Battered w/ Bleached Enriched Wheat Flour (Wheat flour enriched w/ Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Wheat Gluten, Yellow Corn Flour, Modified Corn Starch, Salt, Dried Egg Whites, Spices, Extractives of Paprika, Carmel Color. Breading set in Partially Hydrogenated Soybean Oil.

Calorie Percentages



PRO - 34.55%
CHO - 16.36%
FAT - 49.09%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

eNutrition

Chicken Brst Fajita Strip Ckd

SUPC:3450772

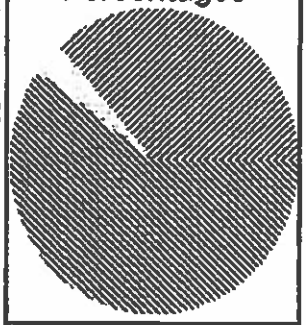
Nutrition Information
Serving Size: 3 oz (85 grams)

Amount Per Serving		
Calories: 120		Calories from Fat: 41
		% Daily Value*
Total Fat:	4.5 GM	7%
Saturated Fat:	1.5 GM	8%
Trans Fat:	0 GM	
Polyunsaturated Fat:	1 GM	
Monounsaturated Fat:	1.5 GM	
Cholesterol:	65 MG	22%
Sodium:	810 MG	34%
Potassium:	200 MG	6%
Total Carbohydrate:	1 GM	0%
Dietary Fiber:	0 GM	0%
Sugars:	0 GM	
Protein:	17 GM	

Vitamin A: 2%	•	Vitamin C: 4%
Calcium: 2%	•	Iron: 4%
Thiamin: 6%	•	Riboflavin: 8%
Niacin: 30%	•	Vitamin B-6: 0%
Folate: 2%	•	Vitamin B-12: 0%
Phosphorus: 20%	•	Zinc: 8%

Ingredients:
INGREDIENTS: Chicken Breast with Rib Meat, Water, Seasoning [Salt, Maltodextrin, Dried Torula Yeast, Sugar, Dextrose, Spices, Dehydrated Garlic, Dehydrated Onion, Chili Pepper, Paprika], Salt, Sodium Phosphate.

Calorie Percentages



PRO - 60.44%
CHO - 3.56%
FAT - 36%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Barbara Spevak

From: Dintino, Anthony 075 <Dintino.Anthony@Philly.sysco.com>
Sent: Tuesday, March 03, 2015 11:35 AM
To: Barbara Spevak
Subject: Emailing: SYSCO Corporation - eNutrition

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SYSCO eNutrition>Search Food Products Only>Product Detail

Chicken Brst Pty Savry Fc

SUPC: 3602463

Pack/Size: 100/3.1 OZ

Nutrition Source: Profile Database

MPC: 51987

Manufacturer: Tyson

Brand: Tyson

GTIN: 00023700519870

UPC: 023700519870

Ingredients: Chicken breast with rib meat, water, seasoning [corn syrup solids, brown sugar, salt, dextrose, vinegar powder (maltodextrin, modified corn starch, dried vinegar), garlic powder, onion powder, chicken type flavor (hydrolyzed corn gluten, autolyzed yeast extract, thiamine hydrochloride, disodium inosinate, disodium guanylate)], sodium phosphates. GLAZED WITH: Water, caramel glaze (maltodextrin, corn starch, caramel color, xanthan gum, guar gum).

Nutrition Information

Processing response...

Barbara Spevak

From: Dintino, Anthony 075 <Dintino.Anthony@Philly.sysco.com>
Sent: Tuesday, March 03, 2015 11:34 AM
To: Barbara Spevak
Subject: Emailing: SYSCO Corporation - eNutrition

Good things come from SYSCO eNutrition

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SYSCO eNutrition>Search Food Products Only>Product Detail

Chicken Brst Pty Brd Fc

SUPC: 8285559

Pack/Size: 2/5LB

Nutrition Source: Manufacturer

MPC: 85679

Manufacturer: Koch Foods

Brand: Koch

GTIN: 00045421856799

Ingredients: Chicken Breast With Rib Meat, Water, Bleached Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Modified Food Starch, Contains 2% Or Less Of Wheat Flour, Salt, Yellow Corn Flour, Cornstarch, Sodium Phosphate, Dextrose, Extractives Of Paprika, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate, Monocalcium Phosphate), Wheat Gluten, Leavening (Sodium Bicarbonate, Sodium Aluminum Phosphate), Xanthan Gum, Malted Barley Flour.

Nutrition Information

Processing response...

eNutrition

Chicken Brst Patty Ckd W/soy

SUPC:1976109

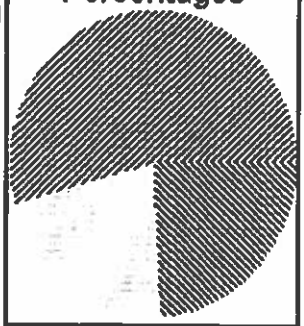
Nutrition Information
Serving Size: 1 piece(s) (99 grams)

Amount Per Serving		
Calories: 250		Calories from Fat: 135
		% Daily Value*
Total Fat:	15 GM	23%
Saturated Fat:	3.5 GM	18%
Trans Fat:	0 GM	
Polyunsaturated Fat:	6 GM	
Monounsaturated Fat:	6 GM	
Cholesterol:	40 MG	13%
Sodium:	570 MG	24%
Potassium:	NA	NA
Total Carbohydrate:	13 GM	4%
Dietary Fiber:	1 GM	4%
Sugars:	0 GM	
Protein:	15 GM	

Vitamin A: 0% • Vitamin C: 0%
Calcium: 4% • Iron: 10%

Ingredients:
Chicken breast with rib meat, water, vegetable protein product (isolated soy protein, magnesium oxide, zinc oxide, niacinamide, ferrous sulfate, vitamin B12, copper gluconate, vitamin A palmitate, calcium pantothenate, pyridoxine hydrochloride, thiamine mononitrate, riboflavin), dried whole egg, seasoning (salt, onion powder, modified corn starch, natural flavor), and sodium phosphates. BREADED WITH: Enriched wheat flour (enriched with niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), water, enriched bleached wheat flour (enriched with niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), salt, modified corn starch, spices, dextrose, garlic powder, oleoresin paprika and annatto, xanthan gum, and natural flavors. Breading set in vegetable oil.

Calorie Percentages



PRO - 24.29%
CHO - 21.05%
FAT - 54.66%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

eNutrition

Chicken Leg Meat Pcs Bttr Ginr

SUPC:7329220

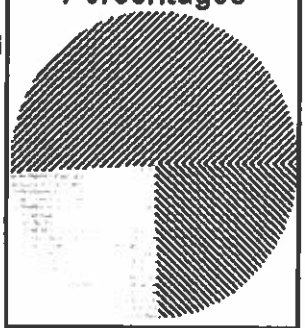
Nutrition Information
Serving Size: 4.04 OZ (113 grams)

Amount Per Serving		
Calories: 210		Calories from Fat: 108
		% Daily Value*
Total Fat:	12 GM	18%
Saturated Fat:	2.5 GM	12%
Cholesterol:	60 MG	20%
Sodium:	1300 MG	54%
Potassium:	NA	NA
Total Carbohydrate:	13 GM	4%
Dietary Fiber:	0 GM	0%
Sugars:	less than 1 GM	
Protein:	13 GM	

Vitamin A: 0% • Vitamin C: 0%
Calcium: 0% • Iron: 2%

Ingredients:
Boneless, skinless chicken dark meat CONTAINING: Up to 15% of a solution of water, seasoning [maltodextrin, soy sauce solids (soybean, wheat, salt), salt, monosodium glutamate, sugar, modified corn starch, natural and artificial flavor, spice, soybean oil, acetic acid, propylene glycol, maltol and sulfiting agents], sodium phosphates. BATTERED WITH: Water, wheat flour, modified food starch, partially hydrogenated soybean and cottonseed oil, salt, dextrose, whey, garlic powder, spice, onion powder, extractives of paprika. PREDUSTED WITH: Corn starch, wheat flour, modified food starch, yellow corn flour, salt, dextrose, leavening (sodium aluminum phosphate, sodium bicarbonate). Batter set in vegetable oil.

Calorie Percentages



PRO - 24.54%
CHO - 24.54%
FAT - 50.92%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Chicken Meat Pulled Wht/drk

Printer Friendly

SUPC: 1586692

Nutrition Information

Serving Size: 3 OZ (84 grams)

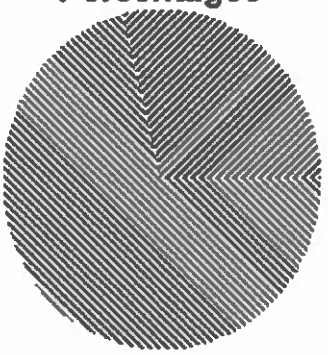
Amount Per Serving		
Calories: 130		Calories from Fat: 36
		% Daily Value*
Total Fat:	4 GM	6%
Saturated Fat:	1 GM	5%
Trans Fat:	NA	NA
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	85 MG	28%
Sodium:	30 MG	1%
Potassium:	NA	NA
Total Carbohydrate:	0 GM	0%
Dietary Fiber:	0 GM	0%
Sugars:	0 GM	
Protein:	22 GM	

Vitamin A: 0% • Vitamin C: 0%

Calcium: 0% • Iron: 0%

Ingredients:
Fully cooked, boneless, skinless, pulled natural proportion, chicken meat.

Calorie Percentages



PRO - 71%
CHO - 0%
FAT - 29%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Notes

1. The nutritional values indicated may not be complete based on limited information from product manufacturer.
2. This is a representation of the nutrition label. Because the data may change from time to time, this

Barbara Spevak

From: Dintino, Anthony 075 <Dintino.Anthony@Philly.sysco.com>
Sent: Tuesday, March 03, 2015 11:33 AM
To: 8arbara Spevak
Subject: Emailing: SYSCO Corporation - eNutrition

Good things come from SYSCO eNutrition

[Contact Us] [Help] [Log Out]

SYSCO eNutrition>Search Food Products Only>Product Detail

Chicken Nug Brd

SUPC: 7251440

Pack/Size: 250/.64 OZ

Nutrition Source: Profile Database

Child Nutrition

MPC: 8076080229

Manufacturer: Advance Food Company

Brand: Advance

GTIN: 00880760802294

UPC: 880760802294

Ingredients: INGREDIENTS: Chicken Breast With Rib Meat, Water, Vegetable Protein Product [Soy Protein Concentrate, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), Cyanocobalamin (B12)], Dried Whole Eggs, Salt, Sodium Phosphate, Breading [Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Yellow Corn Flour, Salt, Wheat Gluten, Dried Egg Whites, Spice, Partially Hydrogenated Soybean Oil], Batter [Water, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid),Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate), Garlic Powder, Spice, Partially Hydrogenated Soybean Oil, Natural Flavor]. Contains: Soy, Wheat, Egg.

Nutrition Information

Processing response...

Pollock Nugget Brd Prck 1 Oz

Printer Friendly

SUPC: 2056943

Nutrition Information

Serving Size: 3 PCS (84 grams)

Amount Per Serving		
Calories: 203		Calories from Fat: 91
		% Daily Value*
Total Fat:	10 GM	16%
Saturated Fat:	1.5 GM	8%
Trans Fat:	0 GM	
Polyunsaturated Fat:	5 GM	
Monounsaturated Fat:	2 GM	
Cholesterol:	25 MG	8%
Sodium:	670 MG	28%
Potassium:	140 MG	4%
Total Carbohydrate:	16 GM	5%
Dietary Fiber:	less than 1 GM	2%
Sugars:	1 GM	
Protein:	12 GM	

Vitamin A: 2%	•	Vitamin C: 2%
Calcium: 2%	•	Iron: 8%
Thiamin: 2%	•	Riboflavin: 2%
Niacin: 10%	•	Vitamin B-6: 2%
Folate: 2%	•	
Phosphorus: 25%	•	Zinc: 2%

Ingredients:

66.0% SEAFOOD MIX (POLLOCK OR WHITING OR HOKI: 52.8%, WATER: 8.8%, VEGETABLE PROTEIN PRODUCT: 2.4% (ISOLATED SOY PROTEIN, MAGNESIUM OXIDE, ZINC OXIDE, NIACINAMIDE, FERROUS SULFATE, VITAMIN B12, COPPER GLUCONATE, VITAMIN A PALMITATE, CALCIUM PANTOTHENATE, PYRIDOXINE HYDROCHLORIDE, THIAMINE MONONITRATE, RIBOFLAVIN), SEASONINGS: 2.0% [SALT, SODIUM PHOSPHATE, MALTODEXTRIN, DEXTROSE, HYDROLYZED CORN PROTEIN, NATURAL FLAVORS, PARTIALLY HYDROGENATED SOYBEAN OIL, POLYSORBATE 80 (EMULSIFIER), CALCIUM SILICATE (AS AN ANTICAKING AGENT)]. BREADING: 19.7%; ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), PARTIALLY HYDROGENATED SOYBEAN OIL, DEXTROSE, SALT, YEAST, CARAMEL COLOR, PAPRIKA. BATTER: 14.3%; WATER, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, PARTIALLY HYDROGENATED VEGETABLE SHORTENING, (SOYBEAN AND/OR COTTONSEED OIL), PROPYLENE GLYCOL MONOESTERS, MONO AND DIGLYCERIDES, SOY LECITHIN, TBHQ (AS PRESERVATIVE), CITRIC ACID (AS PRESERVATIVE), SUGAR, SALT, LEAVENING (SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM PHOSPHATE), NONFAT MILK, EGG YOLKS. FRIED IN SOYBEAN OIL. CONTAINS FISH, SOY, WHEAT, MILK, EGG.

Total Fat	81g	65g	Less Than
Sat Fat	25g	20g	Less Than
Cholesterol	375mg	300mg	Less Than
Sodium	3000mg	2400mg	Less Than
Total Carbohydrate	375g	300g	
Dietary Fiber	31g	25g	

Calories per gram:

Fat 9 • Protein 4 • Carbohydrate 4

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

eNutrition

Salad Coleslaw Shred Orig West

SUPC:3162179

Nutrition Information
Serving Size: 1/2 cup (100 grams)

Amount Per Serving		
Calories: 140		Calories from Fat: 72
		% Daily Value*
Total Fat:	8 GM	12%
Saturated Fat:	1 GM	5%
Cholesterol:	5 MG	2%
Sodium:	290 MG	12%
Potassium:	NA	NA
Total Carbohydrate:	16 GM	5%
Dietary Fiber:	2 GM	8%
Sugars:	13 GM	
Protein:	1 GM	

Vitamin A: 2% • Vitamin C: 360%
Calcium: 4% • Iron: 0%

Ingredients:
Cabbage, High Fructose Corn Syrup, Mayonnaise (Soybean Oil, Water, Egg Yolks, Vinegar, High Fructose Corn Syrup, Salt, Spices, Onion Powder, Garlic Powder, Calcium Disodium EDTA [Protect Quality]), Seasoning (Salt, Glucono Delta Lactone, Ascorbic Acid, Xanthan Gum, Dextrose, Potassium Sorbate and Sodium Benzoate [Preservatives], Onion Powder, Spice Extractives), Carrots, Bell Peppers.

Calorie Percentages

PRO - 2.86%
CHO - 45.71%
FAT - 51.43%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

eNutrition

Eggroll Vegetable 3 Oz

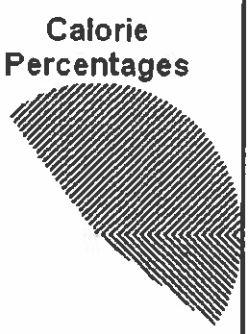
SUPC:1999283

Nutrition Information
Serving Size: 1 piece(s) (85 grams)

Amount Per Serving		
Calories: 150		Calories from Fat: 54
		% Daily Value*
Total Fat:	6 GM	9%
Saturated Fat:	1.5 GM	8%
Trans Fat:	0 GM	
Cholesterol:	5 MG	2%
Sodium:	450 MG	19%
Potassium:	NA	NA
Total Carbohydrate:	21 GM	7%
Dietary Fiber:	2 GM	8%
Sugars:	2 GM	
Protein:	4 GM	

Vitamin A: 15% • Vitamin C: 8%
Calcium: 2% • Iron: 8%

Ingredients:
FILLING: Cabbage, broccoli, carrots, water chestnuts, precooked long grain brown rice, celery, bamboo shoots, contains 1 percent or less of salt, modified food starch, onions, autolyzed yeast extract, sesame seed oil, flavor (yeast extract, salt, maltodextrin, natural and artifical flavor), garlic, sugar, spices; CRUST: enriched bleached flour ([wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid], calcium propionate [preservative]), water, enriched durum flour (durum flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), contains 1 percent or less of enriched bleached flour (wheat flour, malted barley flour, niclan[a B vitamin], iron, thiamine mononitrate[vitamin B1], riboflavin[vitamin B2], folic acid), salt, cottonseed oil, dried whole egg, wheat gluten. Fried in cottonseed and/or soybean oil.



PRO - 10.39%
CHO - 54.55%
FAT - 35.06%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Barbara Spevak

From: Dintino, Anthony 075 <Dintino.Anthony@Philly.sysco.com>
Sent: Tuesday, March 03, 2015 11:29 AM
To: Barbara Spevak
Subject: Emailing: SYSCO Corporation - eNutrition

Good things come from SYSCO eNutrition

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SYSCO eNutrition>Search Food Products Only>Product Detail

Toast French Sticks Btrd

SUPC: 8267199

Pack/Size: 5/2 LB

Nutrition Source: Manufacturer

Brand: Sys Rel

Ingredients: Bread [Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Salt, Yeast, Spices, Sodium Stearoyl Lactylate, Calcium Proplonate (To Preserve Freshness), Soybean Oil], Water, Enriched Bleached Wheat Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Soybean And/Or Canola), Sugar, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid). Contains 2% or less of Artificial Flavor, Dextrose, Dried Yeast, Dried Whole Egg, Ferric Orthophosphate, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Milk Protein Concentrate, Modified Food Starch, Modified Wheat Starch, Natural Flavors, Salt, Wheat Starch, Whey, White Whole Wheat Flour. CONTAINS: Milk, Egg, Wheat

Nutrition Information

Allergens: Eggs, Milk, Wheat

Processing response...

eNutrition

Toast French Stick Homestyle

SUPC:1474345

Nutrition Information

Serving Size: 5 piece(s) (113 grams)

Amount Per Serving		
Calories: 330		Calories from Fat: 117
		% Daily Value*
Total Fat:	13 GM	20%
Saturated Fat:	2.5 GM	12%
Trans Fat:	0 GM	
Cholesterol:	15 MG	5%
Sodium:	280 MG	12%
Potassium:	NA	NA
Total Carbohydrate:	48 GM	16%
Dietary Fiber:	3 GM	12%
Sugars:	13 GM	
Protein:	6 GM	

Vitamin A: 0% • Vitamin C: 0%

Calcium: 4% • Iron: 20%

Ingredients:

Bread [Enriched Wheat Flour(Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, High Fructose Corn Syrup, Salt, Yeast, Spices, Sodium Stearoyl Lactylate, Calcium Propionate (To Preserve Freshness), Soybean Oil], Water, Enriched Bleached Wheat Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Soybean And/Or Canola), Sugar. Contains 2% or less of Corn Starch, Dextrose, Egg, Monocalcium Phosphate, Natural and Artificial Flavors, Nonfat Milk, Salt, Sodium Bicarbonate, Sodium Acid Pyrophosphate, Whey, Yellow Corn Flour.

Calorie Percentages

PRO - 7.21%
CHO - 57.66%
FAT - 35.14%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

eNutrition Hot Dogs

Frank All-beef 4x1 6 In
SUPC:1137702

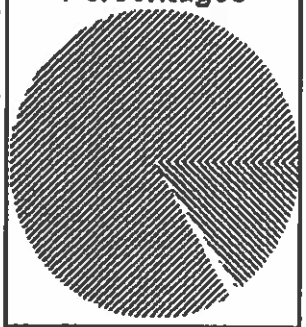
Nutrition Information
Serving Size: 4 oz (113 grams)

Amount Per Serving		
Calories: 330		Calories from Fat: 279
		% Daily Value*
Total Fat:	31 GM	48%
Saturated Fat:	14 GM	70%
Cholesterol:	65 MG	22%
Sodium:	1030 MG	43%
Potassium:	NA	NA
Total Carbohydrate:	1 GM	0%
Dietary Fiber:	0 GM	0%
Sugars:	0 GM	
Protein:	13 GM	

Vitamin A: 0% • Vitamin C: 0%
Calcium: 2% • Iron: 8%

Ingredients:
Beef, water, salt, flavorings, sorbitol, sodium phosphates, sodium erythorbate, paprika, sodium nitrite.

Calorie Percentages



PRO - 15.52%
CHO - 1.19%
FAT - 83.28%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Hot Dogs

eNutrition

Frank All-beef 8x1 6 In

SUPC:1137728

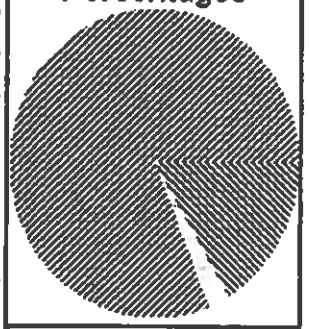
Nutrition Information
Serving Size: 1 piece(s) (56 grams)

Amount Per Serving		
Calories: 170		Calories from Fat: 135
		% Daily Value*
Total Fat:	15 GM	23%
Saturated Fat:	6 GM	30%
Cholesterol:	35 MG	12%
Sodium:	530 MG	22%
Potassium:	NA	NA
Total Carbohydrate:	1 GM	0%
Dietary Fiber:	0 GM	0%
Sugars:	0 GM	
Protein:	7 GM	

Vitamin A: 0% • Vitamin C: 0%
Calcium: 0% • Iron: 4%

Ingredients:
Beef, water, salt, flavorings, sorbitol, sodium phosphates, sodium erythorbate, sodium nitrite, extract of paprika.

Calorie Percentages



PRO - 16.77%
CHO - 2.40%
FAT - 80.84%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

eNutrition

Entree Macaroni & Cheese

SUPC:2491603

Nutrition Information
Serving Size: 1 cup (241 grams)

Amount Per Serving		
Calories: 300		Calories from Fat: 108
		% Daily Value*
Total Fat:	12 GM	18%
Saturated Fat:	7 GM	35%
Trans Fat:	0 GM	
Cholesterol:	20 MG	7%
Sodium:	1390 MG	58%
Potassium:	NA	NA
Total Carbohydrate:	35 GM	12%
Dietary Fiber:	3 GM	12%
Sugars:	2 GM	
Protein:	12 GM	

Vitamin A: 15% • Vitamin C: 0%
Calcium: 20% • Iron: 6%

Ingredients:
Cooked enriched macaroni (wheat flour, egg white solids, niacin, ferrous sulfate, thiamine mononitrate, riboflavin , folic acid), water, skim milk, cheddar cheese (milk, cheese culture, salt, enzyme), margarine (hydrogenated vegetable oil [soybean and/or cottonseed and/or canola], water, whey, salt, soy lecithin, monoglycerides, artificial color, artificial flavor, citric acid, monoglyceride citrate, vitamin a palmitate, vitamin d), bleached enriched flour (wheat flour, niacin, ferrous sulfate, thiamine mononitrate, riboflavin, folic acid), Contains less than 2 % of the following ingredients: modified food starch, salt, partially hydrogenated soybean oil, sugar, enzyme modified cheddar cheese (cheddar cheese [milk, cheese culture, salt, enzymes], water, disodium phosphate), sodium phosphate, flavoring, oleoresin paprika, enzyme modified butter oil [milk].

Calorie Percentages

PRO - 16.22%
CHO - 47.30%
FAT - 36.49%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

meatballs

Nutrition Facts

Serving Size 3 Pieces (85g/3 oz)
Servings Per Container About 53

Amount Per Serving	
Calories 240	Calories from Fat 170
	% Daily Value*
Total Fat 19g	29%
Saturated Fat 8g	40%
Cholesterol 45mg	15%
Sodium 420mg	18%
Total Carbohydrate 5g	2%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 13g	
Vitamin A 2% •	Vitamin C 2%
Calcium 4% •	Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: Beef, water, textured vegetable protein (textured soy flour, caramel color), onions, bread crumbs (wheat flour, salt, yeast), contains 2% or less of each of the following: corn syrup, dehydrated garlic, dehydrated onion, flavorings, grill flavor (maltodextrin, grill flavor from vegetable oil), romano cheese (made from sheep's milk, salt, enzymes), salt, soy protein concentrate, soybean oil, spices, sugar. **Contains: soy, wheat, milk.**

Cook from frozen state.

HEATING INSTRUCTIONS: Heat meatballs in your favorite sauce until internal temperature reaches 165°F.

eNutrition

Pasta Ziti .

SUPC:4862835

Nutrition Information
Serving Size: 2 oz (56 grams)

Amount Per Serving		
Calories: 210		Calories from Fat: 9
		% Daily Value*
Total Fat:	1 GM	2%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	0 GM	
Cholesterol:	0 MG	0%
Sodium:	0 MG	0%
Potassium:	NA	NA
Total Carbohydrate:	41 GM	14%
Dietary Fiber:	2 GM	8%
Sugars:	2 GM	
Protein:	7 GM	

Vitamin A: 0%	Vitamin C: 0%
Calcium: 0%	Iron: 10%
Thiamin: 30%	Riboflavin: 15%
Niacin: 20%	Vitamin B-6: 0%
Folate: 25%	Vitamin B-12: 0%

Ingredients:
Durum Semolina, Niacin, Ferrous Sulfate (iron), Thiamine Mononitrate,Riboflavin, Folic Acid.

Calorie Percentages

PRO - 13.93%
CHO - 81.59%
FAT - 4.48%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

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SYSCO eNutrition > Search Food Products and Recipes > Product Detail > Nutrition Information

Pasta Shell Stfd W/cheese

Printer Friendly

SUPC: 1948512

Nutrition Information

Serving Size: 2 Pieces (113 grams)

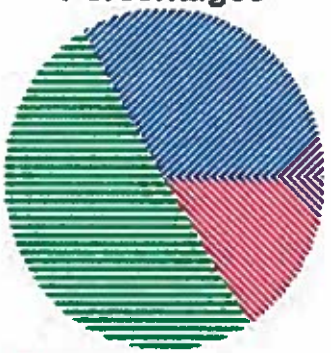
Amount Per Serving		
Calories: 220	Calories from Fat: 72	
		% Daily Value*
Total Fat:	8 GM	12%
Saturated Fat:	4 GM	20%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	45 MG	15%
Sodium:	450 MG	19%
Potassium:	NA	NA
Total Carbohydrate:	27 GM	9%
Dietary Fiber:	1 GM	4%
Sugars:	3 GM	
Protein:	9 GM	

Vitamin A: 8% • Vitamin C: 2%

Calcium: 15% • Iron: 10%

Ingredients:
A. Filling: Whole Milk Ricotta Cheese (Milk,, Whey, Cream, Vinegar, Salt, Carrageena As Stabilizer), Part Skim Ricotta Cheese (Whey, Milk, Vinegar, Salt, Carrageenan As Stabilizer), Water, Liquid Pasteurized Whole Eggs, Modified Food Starch, Salt, Romano cheese (Sheep s Milk, Cultures, Rennet, Salt), Pepper, Parsley. B.Pasta: Flour (Durum Semolina, Ferrous Sulphate, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid), Water. CONTAINS: EGG, MILK, AND WHEAT.

Calorie Percentages



PRO - 17%
CHO - 50%
FAT - 33%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Notes

eNutrition

Dough Ball Pizza

SUPC:8234551

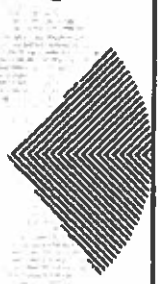
Nutrition Information
Serving Size: 2 oz (56 grams)

Amount Per Serving		
Calories: 140		Calories from Fat: 18
		% Daily Value*
Total Fat:	2 GM	3%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	
Polyunsaturated Fat:	1 GM	
Monounsaturated Fat:	0 GM	
Cholesterol:	0 MG	0%
Sodium:	140 MG	6%
Potassium:	NA	NA
Total Carbohydrate:	25 GM	8%
Dietary Fiber:	1 GM	4%
Sugars:	1 GM	
Protein:	5 GM	

Vitamin A: 0% • Vitamin C: 0%
Calcium: 0% • Iron: 8%

Ingredients:
Enriched wheat flour(wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), water, yeast, partially hydrogenated soybean and/or cottonseed oil, CONTAINS 2% OR LESS OF THE FOLLOWING: salt, sugar, dough conditioners (ascorbic acid, enzymes, sodium stearoyl lactylate, azodicarbonamide), L-Cysteine

Calorie Percentages

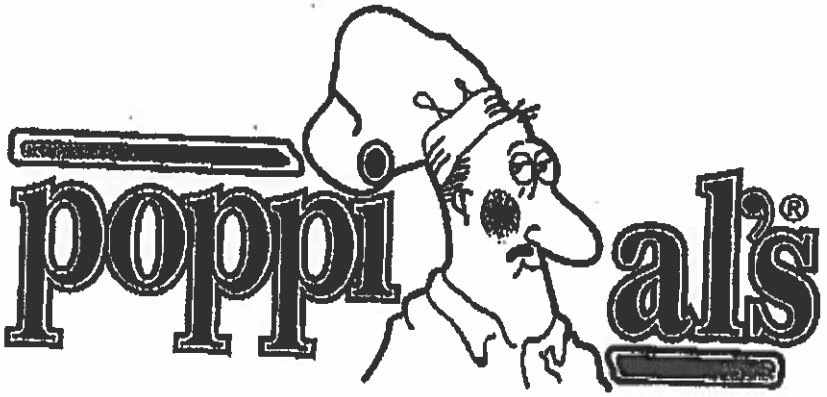


PRO - 14.49%
CHO - 72.46%
FAT - 13.04%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4



16" TRADITIONAL THREE-CHEESE PIZZA

Ingredients: Crust: wheat flour (flour, thiamin riboflavin, niacin, iron folic acid), water, sugar, salt, 10% olive oil/soy oil blend, yeast, cornmeal. Sauce: Tomato puree, water, garlic, 10% olive oil/soy oil blend, salt, sugar, spices. Cheeses: Mozzarella (pasteurized milk, cheese culture, salt, enzymes), White Cheddar (pasteurized milk, culture, rennett, salt, calcium chloride) and Romano Cheese (milk, cheese cultures, salt enzymes, calcium chloride, water, disodium phosphate).

To Bake: Defrost for best result. Preheat oven to 400 degrees. Remove wrap and cake circle. Place pizza directly on oven rack and bake for 7-10 minutes or until cheese bubbles and crust is crisp. Enjoy!

NET WEIGHT: 45 OZ (1 LB 13 OZ)

Reg. PA Dept of Agriculture

7750 ALLENTOWN BLVD. • HARRISBURG, PA 17112 • (717) 652-8283 • FAX (717) 652-7108

Poppi Al's
Poppi Al's 16" Cheese Pizza

3:41pm 02/26/2010

Nutrition Facts

Serv. Size 4 1/2 oz (128g)
Serv. Per Cont. 10
Calories 260
Fat Cal. 60

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/serving	%DV*	Amount/serving	%DV*
Total Fat 10g	15%	Total Carb. 34g	11%
Sat. Fat 6g	28%	Fiber 2g	7%
Trans Fat 0g		Sugars 3g	
Cholest. 25mg	9%	Protein 13g	
Sodium 530mg	22%		

Vitamin A 4% • Vitamin C 2% • Calcium 20% • Iron 10%

CONTAINS: Milk, Soy

eNutrition

Salad Pasta California

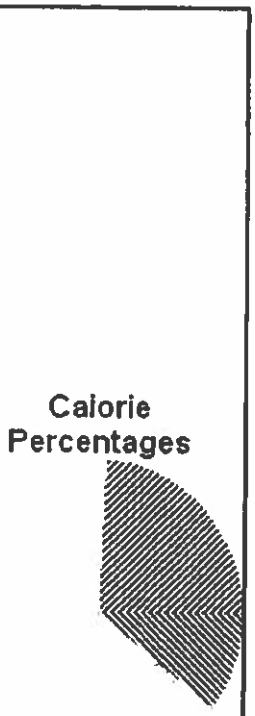
SUPC:6528160

Nutrition Information
Serving Size: 3/4 cup(s) (145 grams)

Amount Per Serving		
Calories: 140		Calories from Fat: 36
		% Daily Value*
Total Fat:	4 GM	6%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	
Cholesterol:	0 MG	0%
Sodium:	280 MG	12%
Potassium:	NA	NA
Total Carbohydrate:	24 GM	8%
Dietary Fiber:	1 GM	4%
Sugars:	9 GM	
Protein:	4 GM	

Vitamin A: 6% • Vitamin C: 15%
Calcium: 0% • Iron: 6%

Ingredients:
INGREDIENTS: Cooked Enriched Pasta (durum semolina wheat flour, spinach, tomato, iron, niacin, thiamine mononitrate, riboflavin, folic acid), Water, Corn Syrup, Red Bell Pepper (red pepper, water, citric acid), Zucchini, Celery, Vinegar, Carrot, Soybean Oil, Onion, Salt, Potassium Sorbate and Sodium Benzoate to protect flavor, Modified Corn Starch, Xanthan Gum, Spice, Garlic Powder



PRO - 10.81%
CHO - 64.86%
FAT - 24.32%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

eNutrition

Potato Tater Barrel Mw/ne

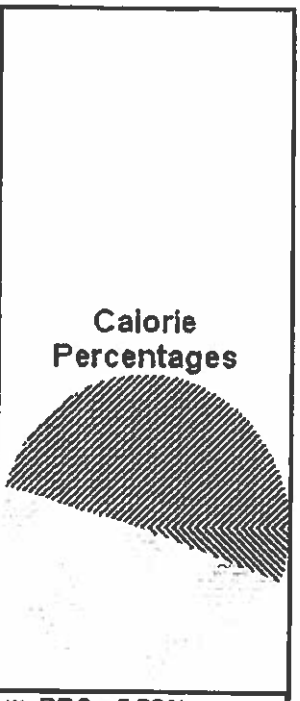
SUPC:7025083

Nutrition Information
Serving Size: 3oz (85 grams)

Amount Per Serving		
Calories: 140		Calories from Fat: 63
		% Daily Value*
Total Fat:	7 GM	11%
Saturated Fat:	1 GM	5%
Trans Fat:	0 GM	
Cholesterol:	0 MG	0%
Sodium:	310 MG	13%
Potassium:	260 MG	7%
Total Carbohydrate:	17 GM	6%
Dietary Fiber:	2 GM	8%
Sugars:	0 GM	
Protein:	2 GM	

Vitamin A: 0% • Vitamin C: 2%
Calcium: 0% • Iron: 2%

Ingredients:
Potatoes, vegetable oil (contains one or more of the following: canola oil, soybean oil, cottonseed oil, sunflower oil, corn oil), salt, natural flavor, dextrose, sodium acid pyrophosphate added to preserve natural color.



PRO - 5.76%
CHO - 48.92%
FAT - 45.32%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

SUPERPRETZEL® Pretzel Dogs

Soft Pretzel Mini Hot Dogs

Made with 100% All Beef Hot Dog

The makers of SUPERPRETZEL Soft Pretzels are excited to announce the latest addition to the Soft Pretzel product line: SUPERPRETZEL – Mini Pretzel Dogs. These meaty mini hot dogs are wrapped in gourmet pretzel dough and are perfect for snacking, appetizers, kid's meals, parties – or anytime.

Product Benefits:

- 0g *Trans* Fat
- Ideal for kid's meals, casual dining menus
- Great Tasting, Fun Food!
- Pre-formed and frozen - ready to heat and serve

Nutrition Facts

Serving Size 1 Piece (.08 oz)

Amount Per Serving	
Calories	60
Calories from Fat	30
	% Daily Value*
Total Fat 3.5g	5%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 125mg	5%
Total Carbohydrate 6g	2%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 2g	

Vitamin A 0%	•	Vitamin C 0%
Calcium 2%	•	Iron 2%

INGREDIENTS: PRETZEL ROLL [ENRICHED BLEACHED WHEAT FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, BROWN SUGAR, VEGETABLE SHORTENING (PALM OIL), YEAST, MALT, SALT, BICARBONATES AND CARBONATES OF SODA], BEEF HOTDOG [BEEF, WATER, DEXTROSE, SALT, CORN SYRUP SOLIDS,SODIUM LACTATE, SPICES INCLUDING MUSTARD, SODIUM DIACETATE, SODIUM ERYTHORBATE, FLAVORINGS, EXTRACTIVES OF PAPRIKA, SODIUM NITRITE].
CONTAINS WHEAT

Baking Instructions

For best results, place the product in a refrigerator overnight, or remove the product from the freezer approximately 30 minutes prior to preparation.

Conventional Oven:
1. Heat in oven at 275°F for approximately 8-9 minutes.
2. Serve immediately or hold up to two hours under heat.

Turbo Chef:
1. Preheat oven to 480°F with a baking stone.
2. Place 10 Pretzel Dogs bottom down, into a Teflon Basket.
3. Cook for 20 seconds.
4. Serve immediately or hold up to two hours under heat.

Product Information

Product Description	SUPERPRETZEL Mini Pretzel Dogs
Case Pack	60 (6 - 10 count bags)
Item Code	7140
Case / Unit UPC	53493071408
GTIN	10053493071405
Cube	0.159
Case Dimensions	10.063 x 6.183 x 4.0
Net Weight	2.4 lbs
Case Gross Weight	3.9 lbs
Pallet Count	368 (23 x 16)

Handling Information

Shelf Life: 180 Days (6 Months) Frozen

J&J SNACK FOODS CORP. 6000 Central Highway, Pennsauken, NJ 08109 • 888-JJSNACK • Fax (856) 665-6718 • www.jjsnack.com

eNutrition

Entree Rice Fried Veg

SUPC:8890360

Nutrition Information
Serving Size: 1 cup (140 grams)

Amount Per Serving		
Calories: 200		Calories from Fat: 14
		% Daily Value*
Total Fat:	1.5 GM	2%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	
Cholesterol:	0 MG	0%
Sodium:	530 MG	22%
Potassium:	NA	NA
Total Carbohydrate:	41 GM	14%
Dietary Fiber:	2 GM	8%
Sugars:	3 GM	
Protein:	4 GM	

Vitamin A: 25% • Vitamin C: 8%
Calcium: 4% • Iron: 6%

Ingredients:
FRIED RICE INGREDIENTS: Water, Rice, Soy Sauce (Water, Wheat, Soybean, Salt), Onion, Carrot, Corn, Red Bell Pepper, Peas, Sugar, Corn Oil, Dehydrated Green Onion, Peas, Sesame Seed Oil, Disodium Guanylate, Disodium Inosinate. Contains soy and wheat.

Calorie Percentages

PRO - 8.27%
CHO - 84.75%
FAT - 6.98%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Good things come from SYSCO eNutrition

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Sloppy Joe Bbq W/grnd Bf Rtu

Printer Friendly

SUPC: 2357333

Nutrition Information

Serving Size: 1/2 cup(s) (121 grams)

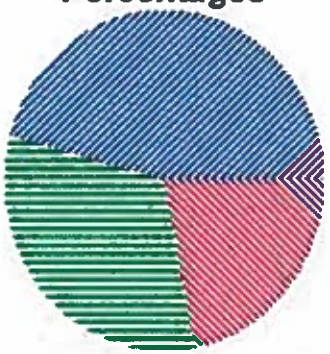
Amount Per Serving		
Calories: 200		Calories from Fat: 90
		% Daily Value*
Total Fat:	10 GM	15%
Saturated Fat:	4 GM	20%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	20 MG	7%
Sodium:	730 MG	30%
Potassium:	NA	NA
Total Carbohydrate:	16 GM	5%
Dietary Fiber:	5 GM	20%
Sugars:	11 GM	
Protein:	11 GM	

Vitamin A: 15% • Vitamin C: 0%

Calcium: 4% • Iron: 10%

Ingredients:
Beef, Water, Tomato Paste, Sugar, Textured Soy Concentrate (Caramel Color added), Salt, Food Starch-Modified, Vinegar, Dehydrated Onion, Spice, Citric Acid, Smoke Flavoring, Dehydrated Green Pepper, Dehydrated Red Pepper, Garlic Powder, Oleoresin Paprika.

Calorie Percentages



* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Notes

1. The nutritional values indicated may not be complete based on limited information from product

DISTRIBUTED BY
DON PEPINO SALES CO., INC.
WILLIAMSTOWN, N.J. 08094
http://www.donpepino.com
BRAND
spaghetti sauce
fresh pack
INGREDIENTS: TOMATOES,
CORN OIL, SALT, POWDERED
GARLIC, SPICES AND
POWDERED ONION.
NET WT. 6 LBS. 8 OZ.
PRODUCT OF U.S.A.

eNutrition

Shell Taco 5.25" Yel Prefry

SUPC:6798698

Nutrition Information
Serving Size: 3 piece(s) (33 grams)

Amount Per Serving		
Calories: 160		Calories from Fat: 63
		% Daily Value*
Total Fat:	7 GM	11%
Saturated Fat:	1 GM	5%
Trans Fat:	0 GM	
Polyunsaturated Fat:	4 GM	
Monounsaturated Fat:	2 GM	
Cholesterol:	0 MG	0%
Sodium:	0 MG	0%
Potassium:	NA	NA
Total Carbohydrate:	21 GM	7%
Dietary Fiber:	2 GM	8%
Sugars:	0 GM	
Protein:	2 GM	

Vitamin A: 0% • Vitamin C: 0%
Calcium: 2% • Iron: 2%

Calorie Percentages

PRO - 5.16%
CHO - 54.19%
FAT - 40.65%

Ingredients:
Yellow Corn Masa Flour, Water, Vegetable Oil (Contains one or more of the following: Soybean Oil, Corn Oil, Cottonseed Oil), and may contain TBHQ (used as a preservative).

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

eNutrition

Beef Taco Fill Ckd W/chck&tvp

SUPC:2389708

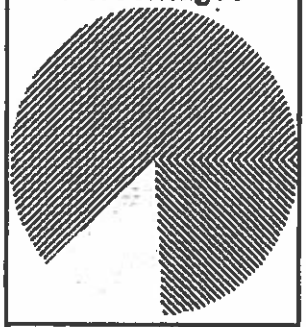
Nutrition Information
Serving Size: 2 oz (56 grams)

Amount Per Serving		
Calories: 110		Calories from Fat: 72
		% Daily Value*
Total Fat:	8 GM	12%
Saturated Fat:	3 GM	15%
Trans Fat:	0 GM	
Polyunsaturated Fat:	1 GM	
Monounsaturated Fat:	3 GM	
Cholesterol:	20 MG	7%
Sodium:	350 MG	15%
Potassium:	130 MG	4%
Total Carbohydrate:	4 GM	1%
Dietary Fiber:	0 GM	2%
Sugars:	0 GM	
Protein:	7 GM	

Vitamin A: 6%	•	Vitamin C: 0%
Calcium: 2%	•	Iron: 6%
Thiamin: 0%	•	Riboflavin: 0%
Niacin: 6%	•	Vitamin B-6: 0%
Folate: 0%	•	Vitamin B-12: 0%
Phosphorus: 6%	•	Zinc: 0%

Ingredients:
INGREDIENTS: Beef, Mechanically Separated Chicken, Water, Soy Protein Concentrate, Yellow Corn Flour, 2% or less of each of the following: Caramel Color, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate, Pyridoxine Hydrochloride, Riboflavin, Cyanocobalamin, Salt, Maltodextrin, Paprika, Spices (including Mustard), Modified Food Starch, Chili Pepper, Sugar, Flavor, Citric Acid, Autolyzed Yeast Extract, Dehydrated Potatoes, Soy Lecithin, Dreid Beef Stock, Red Pepper, Sodium Phospahte, Natural Flavor.CONTAINS: Soy INGREDIENTES: Carne de Res, Pollo Separado Mechicamente, Aqua, Concentrado de Ptoreina de Soya, Harina de Maiz Amarilla, 2% o emnos de ios siguientes: Color de Caramelo, Oxido de Cinc, Niacinamida, Sulfato Ferroso, Gluconato de Cobre, Palmitato de Vitamina A, Pantotenato de Calcio, Mononitrato de Tiamine, Chiorhidrato de Piridoxina, Riboflavina, Cianocobalamina, Sal, Maltodextrina, Paprika, Expecias (incluyendo Mostaza), Fecula del Alimento Modificada, Pimiento Chili, Azucar, Sabarizante, Acido Citrico Extracto de Levaduro Autolizado, Patatas Deshidratadas, Lecitinade Soya, Caldo de Red Deshidratado, Pimiento Rojo, Fosfato del Sodio, Saborizante Natural. CONTIENTE: Soya CONTAINS: Soy

Calorie Percentages



PRO - 24.14%
CHO - 13.79%
FAT - 62.07%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500

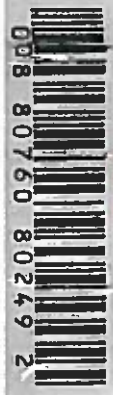
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g
Calories per gram:			
Fat 9	Carbohydrate 4		Protein 4

KEEP FROZEN

KB4260

370610

6/3 LB. BAGS
NET WT. 18 LBS.



SHORTY'S™

FULLY COOKED TACO FILLING

WITH BEEF, CHICKEN AND TEXTURED VEGETABLE PROTEIN

CARAMEL COLOR ADDED

INGREDIENTS: BEEF, MECHANICALLY SEPARATED CHICKEN, HYDRATED TEXTURED VEGETABLE PROTEIN (WATER, SOY PROTEIN CONCENTRATE, CARAMEL COLOR), WATER, YELLOW CORN FLOUR, AND 2% OR LESS OF EACH OF THE FOLLOWING: SALT, MALTODEXTRIN, PAPRIKA, SPICES (INCLUDING MUSTARD), MODIFIED FOOD STARCH, CHILI PEPPER, SUGAR, FLAVOR, CITRIC ACID, AUTOLYZED YEAST EXTRACT, CARAMEL COLOR, DEHYDRATED POTATOES, SOY LECITHIN, DRIED BEEF STOCK, RED PEPPER, SODIUM PHOSPHATE, NATURAL FLAVOR.
CONTAINS SOY.

FOR INSTITUTIONAL USE ONLY

Dist. By: Advance PierreFoods, Inc., Cincinnati, OH 45246

KEEP FROZEN

KB4260

370610

6/3 LB. BAGS
NET WT. 18 LBS.

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FULLY COOKED TACO FILLING

WITH BEEF, CHICKEN AND TEXTURED VEGETABLE PROTEIN

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INGREDIENTS: BEEF, MECHANICALLY SEPARATED CHICKEN, HYDRATED TEXTURED VEGETABLE PROTEIN (WATER, SOY PROTEIN CONCENTRATE, CARAMEL COLOR), WATER, YELLOW CORN FLOUR, AND 2% OR LESS OF EACH OF THE FOLLOWING: SALT, MALTODEXTRIN, PAPRIKA, SPICES (INCLUDING MUSTARD), MODIFIED FOOD STARCH, CHILI PEPPER, SUGAR, FLAVOR, CITRIC ACID, AUTOLYZED YEAST EXTRACT, CARAMEL COLOR, DEHYDRATED POTATOES, SOY LECITHIN, DRIED BEEF STOCK, RED PEPPER, SODIUM PHOSPHATE, NATURAL FLAVOR.
CONTAINS SOY.

U.S. INSPECTED AND PASSED BY DEPARTMENT OF AGRICULTURE EST. 21171

FOR INSTITUTIONAL USE ONLY

MEI-370610-VIC Dist. By: AdvancePierre Foods, Inc., Cincinnati, OH 45246

April 25, 2007

CAESAR'S TORTELLINI WITH CHEESE PRECOOKED SPECIFICATIONS

Product Code: 70109

Pack Size: 2/5 lb. Pkg. – Net Wt. 10 lbs.

Ingredients: DOUGH: Enriched Semolina Flour (Semolina Flour [Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid]), Water, Eggs. FILLING: Ricotta Cheese (Whey, Pasteurized Whole Milk, Skim Milk, Vinegar, Salt), Imported Romano Cheese (Pasteurized Sheep's Milk, Cheese Culture, Salt), Cracker Meal (Enriched Bleached Wheat Flour [Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid]), Ammonium Bicarbonate, Leavening [Sodium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate], Guar Gum), Potato Flakes (Dehydrated Potatoes, Mono and Diglycerides [preserved with: Sodium Acid Pyrophosphate, Sodium Bisulfite, and Citric Acid]), Salt, Shortening (Partially Hydrogenated Soybean and Cottonseed Oils), Garlic, and Spices. ALLERGENS: WHEAT, MILK, EGGS, SOY.

Physical Dimensions: 1 ¼" x 1 ¼" x ½"

Cooking Instructions: (DO NOT THAW BEFORE COOKING)
1. Place frozen Tortellini into salted boiling water for 2-3 minutes. Drain and serve with your favorite sauce, or chill and serve with your favorite salad dressing.
ALWAYS HEAT PRODUCT TO INTERNAL TEMPERATURE OF 160° F.

Nutritional:

Serving Size: 1 Cup (100g) Servings Per Container: 45				
Amount Per Serving				
Calories: 270				Calories from Fat: 35
				% Daily Value*
Total Fat 4g				6%
Saturated Fat 2g				10%
Trans Fat 0g				
Cholesterol 10mg				3%
Sodium 490mg				20%
Potassium 135mg				4%
Total Carbohydrate 47g				16%
Dietary Fiber 2g				8%
Insoluble Fiber 1g				
Sugars 1g				
Protein 10g				
Vitamin A	2%	•	Vitamin C	0%
Calcium	6%	•	Iron	15%
Vitamin E	2%	•	Vitamin K	0%
Riboflavin	25%	•	Niacin	20%
Vitamin B12	2%	•	Biotin	0%

* Percent Daily Values are based on a 2,000 caloric diet. Your daily values may be higher or lower depending on your caloric needs:

Nutrients:	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Microbiological:

Aerobic Plate Count	<500,000/G	Mold	<5,000/G
Total Coliforms	<500/G	Salmonella	Neg. in 25 G
E.Coli	<10/G	Listeria Monocytogenes	Neg. in 25 G
Staphylococcus Aureus	<50/G	Shigella	Neg. in 25 G
Yeast	<5,000/G		

Shelf Life: 12 months – Frozen Unopened Package

Stacking: 10 Block x 10 High = 100 cases per pallet

Box Dimensions: 15" x 10 ¾" x 5"

Case Cube: 0.47

UPC: 0-78411-10523

Code Dating: ex: April 1, 2003 / Code: 109139 / 1=1st Shift / 091=Day of Year (Julian Date) / 3=Year / 9=Time of Day (9th Hour)

Caesar's Pasta Products
1001 Lower Landing Road Blackwood, New Jersey 08012-3105

VALARE PASTA
Value in every bite!

Nutrition Facts

Serving Size 1 Cup (139g)
Servings Per Container About 33

Amount Per Serving	
Calories 260	Calories from Fat 50
	% Daily Value*
Total Fat 5g	8%
Saturated Fat 1.5g	7%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 570mg	24%
Total Carbohydrate 44g	15%
Dietary Fiber 2g	7%
Sugars 2g	
Protein 9g	
Vitamin A 2% •	Vitamin C 0%
Calcium 6% •	Iron 4%

FROZEN PRODUCT SPECIFICATION CODE (5045)

PRODUCT: Valare Precooked Cheese Tortellini

CONTAINER INFORMATION:

A. Box Dimensions: 11.75" x10.63" x 7.06"
B. Cubic Feet: 0.51
C. Pallet Configuration: 12 block x 9 high
D. Net Weight: 10 lb
E. Gross Weight: 11 lb
F. UPC: 00021605050450

SPECIFIC PACK INFORMATION:

MFG Code	Pack/Size	Product Description
5045	4- 2.5 lb bags	Precooked Egg Pasta Cardinal Caps filled with Ricotta, Romano, Parmesan Cheeses and Spices.

PIECE INFORMATION:

A. Piece Weight: 0.17 - 0.21 oz approx
B. Pieces per lb: 80 approx
C. Pieces per case: 800 approx, +/- 5 %

INGREDIENT STATEMENT:

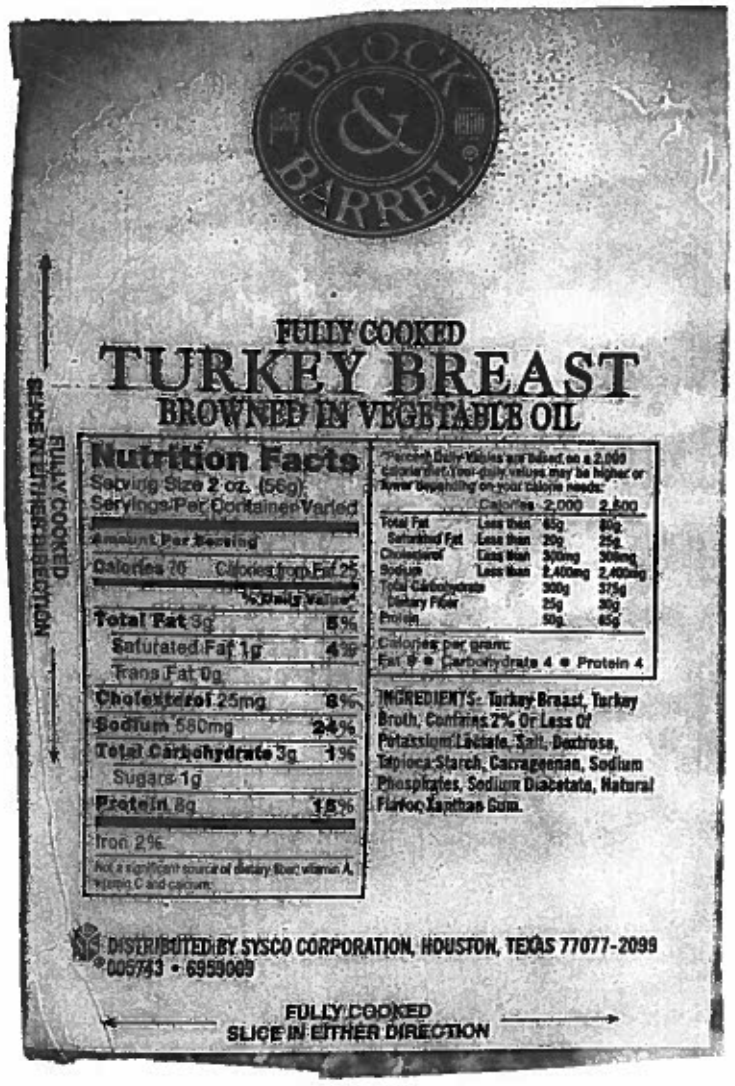
Ingredients: Pasta: Extra Fancy Durum Flour (Enriched With Niacin, Ferrous Sulfate, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Liquid Pasteurized Whole Eggs, Dough Mix (Yellow Corn Flour, Soybean Oil, Betacarotene Color).
Filling: Bread Crumbs (Wheat Flour, Yeast, Sugar, Salt), Part Skim Ricotta (Whey, Milk, Vinegar and Carrageenan (Stabilizer), Water, Canola Oil, Romano Cheese (Made From Cow's Milk (Pasteurized Cultured Milk, Salt, Enzymes), Parmesan Cheese [(Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes) and Powdered Cellulose (Anti-Caking Agent)], Salt, Black Pepper and Nutmeg.

ALLERGEN STATEMENT: Contains Wheat, Milk, Eggs, Nutmeg.

KOSHER: Yes, Tablet-K

SHELF-LIFE: Frozen (0 degrees F° or less), 18 months from date of manufacture.

50 Talbot Lane, South Windsor, CT 06074 Phone (860)-436-4042


BLOCK & BARREL
FULLY COOKED
TURKEY BREAST
BROWNED IN VEGETABLE OIL
Nutrition Facts
Serving Size 2 oz. (56g)
Servings Per Container Varied
Amount Per Serving
Calories 70 Calories from Fat 25
% Daily Value*
Total Fat 3g 5%
Saturated Fat 1g 4%
Trans Fat 0g
Cholesterol 25mg 8%
Sodium 580mg 24%
Total Carbohydrate 3g 1%
Sugars 1g
Protein 8g 15%
Iron 2%
Not a significant source of dietary fiber, vitamin A, vitamin C and calcium.
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:
Calories 2,000 2,500
Total Fat Less than 65g 80g
Saturated Fat Less than 20g 25g
Cholesterol Less than 300mg 300mg
Sodium Less than 2,400mg 2,400mg
Total Carbohydrate 300g 375g
Dietary Fiber 25g 30g
Protein 50g 65g
Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4
INGREDIENTS: Turkey Breast, Turkey Broth, Contains 2% Or Less Of Potassium Lactate, Salt, Dextrose, Tapioca Starch, Carrageenan, Sodium Phosphates, Sodium Diacetate, Natural Flavor, Xanthan Gum.
DISTRIBUTED BY SYSCO CORPORATION, HOUSTON, TEXAS 77077-2099
*005743 • 6959009
FULLY COOKED
SLICE IN EITHER DIRECTION
FULLY COOKED
SLICE IN EITHER DIRECTION

eNutrition

Veal Patty Oval W/bf Brd Ckd

SUPC:7751472

Nutrition Information
Serving Size: 3.20 OZ (91 grams)

Amount Per Serving		
Calories: 285		Calories from Fat: 176
		% Daily Value*
Total Fat:	20 GM	30%
Saturated Fat:	8 GM	42%
Trans Fat:	0 GM	
Cholesterol:	35 MG	12%
Sodium:	350 MG	15%
Potassium:	NA	NA
Total Carbohydrate:	18 GM	6%
Dietary Fiber:	2 GM	7%
Sugars:	2 GM	
Protein:	11 GM	

Vitamin A: 2% • Vitamin C: 0%
Calcium: 4% • Iron: 10%

Ingredients:
INGREDIENTS: Veal, Beef, Water, Textured Vegetable Protein Product [Soy Flour, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), Cyanocobalamin (B12)], Vegetable Protein Product [Soy Protein Concentrate, Zinc Oxide, Niacinamide, Ferrous Sulfate, Copper Gluconate, Vitamin A Palmitate, Calcium Pantothenate, Thiamine Mononitrate (B1), Pyridoxine Hydrochloride (B6), Riboflavin (B2), Cyanocobalamin (B12)], Seasoning [Enriched Wheat Flour, Salt, Leavening (Sodium Bicarbonate, Corn Starch, Monocalcium Phosphate), Dextrose, Spices], Salt. Breaded with: Enriched Bleached Wheat Flour [Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid),Dextrose, Yellow Corn Flour, Potato Flour, Partially Hydrogenated Soybean Oil, Dried Whey, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Caramel Color, Salt, Onion Powder, Oleoresin Paprika, Spice Extractive. Battered with: Water, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid),Iodized Salt, Dextrose, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Onion Powder, Colored with Oleoresin Paprika, Natural Flavor. CONTAINS: Soy, Wheat

Calorie Percentages

PRO - 15.19%
CHO - 24.21%
FAT - 60.60%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4