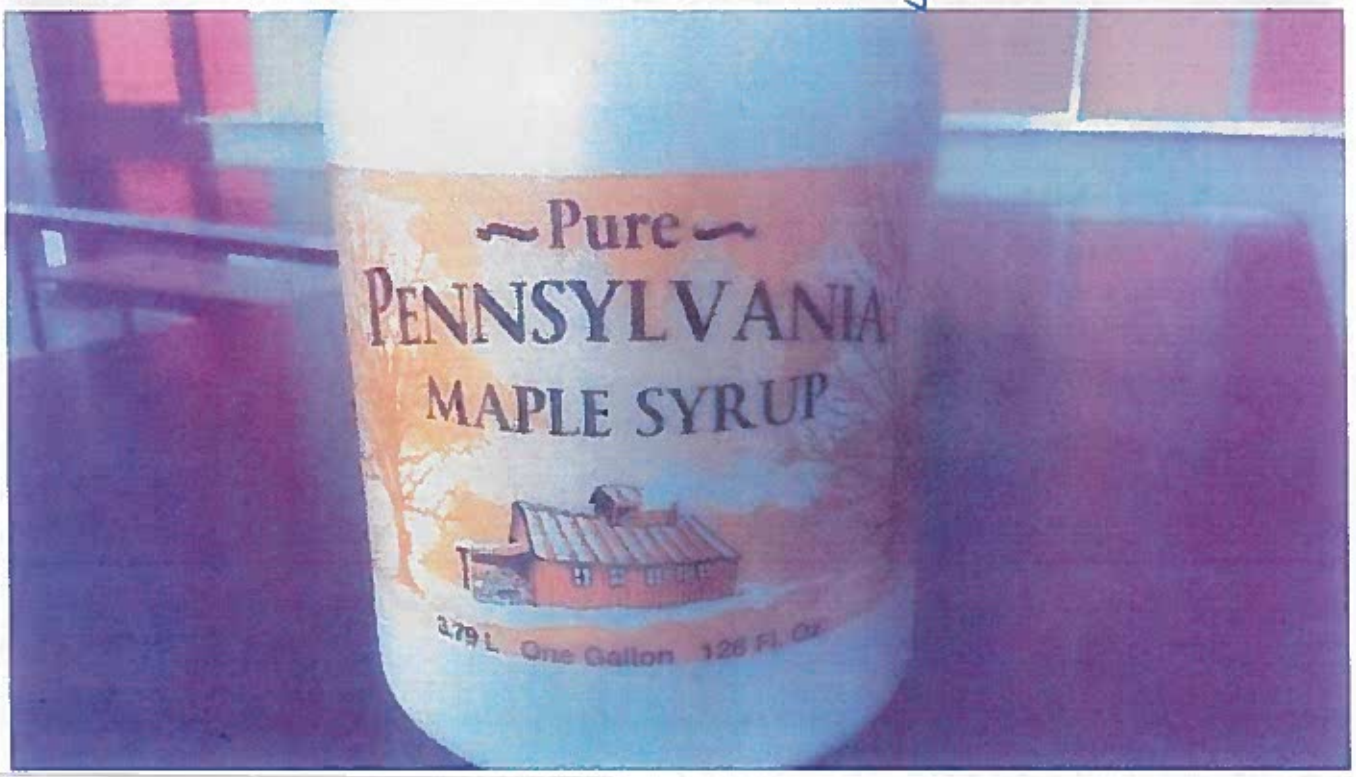

Nutrition Facts
Serving Size 4 tbsp (60mL)
Servings Per Container 64
Amount Per Serving
Calories 200
% Daily Value*
Total Fat 0g 0%
Trans Fat 0g
Sodium 7mg 0%
Total Carbohydrates 53g 18%
Sugars 53g
Protein 0g 0%
*Percent Daily Values are based on a 2,000 calorie diet.
Pure PENNSYL
...is delicious on pan
hot and cold cereals,
as a glaze for ham a
beans and in place o
Refrigerate
After Opening
PATTERSON FARMS
P.O. Box 216
Sabinsville, Pa. 16943
814-628-3751

Cooking


~Pure~
PENNSYLVANIA
MAPLE SYRUP
3.79 L One Gallon 128 Fl. Oz.

Pepperoni

(mini, Hormel

eNutrition

Us] Out]

SYSCO eNutrition>Search Food Products Only>Product Detail

Dough Ball Pizza Ind Wrpd

SUPC: 4857330

Pack/Size: 20/19 OZ

Nutrition Source: Manufacturer

Brand: Arezzio

Ingredients: Enriched wheat flour(wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), water, yeast, partially hydrogenated soybean and/or cottonseed oil, CONTAINS 2% OR LESS OF THE FOLLOWING: salt, sugar, dough conditioners (ascorbic acid, enzymes, sodium stearoyl lactylate, azodicarbonamide), L-Cysteine

Nutrition Information

Allergens: Wheat

Processing response...

SALTINES
(Premium

original topped with sea salt

PREMIUM

SALTINE CRACKERS

Nutrition Facts

Serving Size 5 crackers (16g)
Servings Per Container About 85

Amount Per Serving	
Calories 70	Calories from Fat 15
	% Daily Value*
Total Fat 1.5g	**2%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 0g	
Cholesterol 0mg	**0%**
Sodium 135mg	**6%**
Potassium 20mg	**1%**
Total Carbohydrate 12g	**4%**
Dietary Fiber 0g	**0%**
Sugars 0g	
Protein 1g	

Vitamin A 0% • Vitamin C 0%
Calcium 0% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: UNBLEACHED ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE (VITAMIN B1), RIBOFLAVIN (VITAMIN B2), FOLIC ACID), SOYBEAN OIL, PARTIALLY HYDROGENATED COTTONSEED OIL, SEA SALT, SALT, MALTED BARLEY FLOUR, BAKING SODA, YEAST.

CONTAINS: WHEAT.

MONDELEZ GLOBAL LLC
EAST HANOVER, NJ 07936 USA

WHEN WRITING TO US, PLEASE ENCLOSE THE END FLAP WITH PRINTED CODE, OR CALL 1-800-NABISCO (622-4726), WEEKDAYS.
FOR BEST WHEN USED BY INFORMATION, PLEASE SEE DATE PRINTED ON PACKAGE.

Mondelēz International

Molasses Pure Lt Unsulphured

Printer Friendly

SUPC: 5370952

Nutrition Information

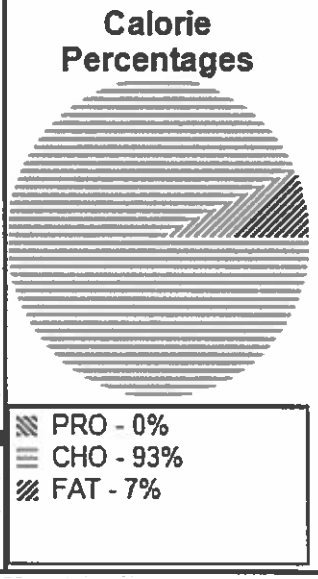
Serving Size: 1 tbsp (21 grams)

Amount Per Serving		
Calories: 60	Calories from Fat: 5	
		% Daily Value*
Total Fat:	0.5 GM	1%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	0 GM	
Cholesterol:	0 MG	0%
Sodium:	15 MG	1%
Potassium:	0 MG	0%
Total Carbohydrate:	14 GM	5%
Dietary Fiber:	0 GM	0%
Sugars:	15 GM	
Protein:	0 GM	

Vitamin A: 0% • Vitamin C: 0%

Calcium: 4% • Iron: 6%

Ingredients:
Molasses



* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Notes

1. The nutritional values indicated may not be complete based on limited information from product manufacturer.
2. This is a representation of the nutrition label. Because the data may change from time to time, this information may not always be identical to the nutrition label information on products sold.
3. If the Nutrition Label, Allergen Information and/or Ingredient List on eNutrition conflicts with these three statements on the product packaging itself, defer to the information on the product packaging.

Syrup Corn Light W/vanila

Printer Friendly

SUPC: 5296504

Nutrition Information

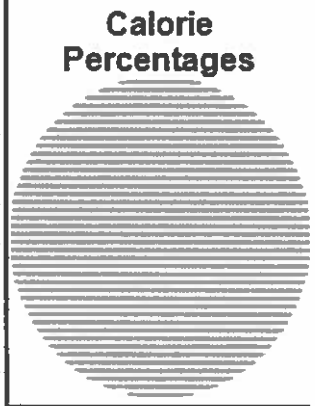
Serving Size: 2 tbsp (30 grams)

Amount Per Serving		
Calories: 95	Calories from Fat: 0	
		% Daily Value*
Total Fat:	0 GM	0%
Saturated Fat:	0 GM	0%
Trans Fat:	0 GM	
Polyunsaturated Fat:	NA	NA
Monounsaturated Fat:	NA	NA
Cholesterol:	0 MG	0%
Sodium:	5 MG	0%
Potassium:	NA	NA
Total Carbohydrate:	23 GM	8%
Dietary Fiber:	0 GM	0%
Sugars:	15 GM	
Protein:	0 GM	

Vitamin A: 0% • Vitamin C: 0%

Calcium: 0% • Iron: 0%

Ingredients:
Corn syrup, water, high fructose corn syrup, vanilla flavoring, salt.



* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Notes

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2. This is a representation of the nutrition label. Because the data may change from time to time, this information may not always be identical to the nutrition label information on products sold.
3. If the Nutrition Label, Allergen Information and/or Ingredient List on eNutrition conflicts with these

Juice Orange Nfc Premium

Printer Friendly

SUPC: 8847079

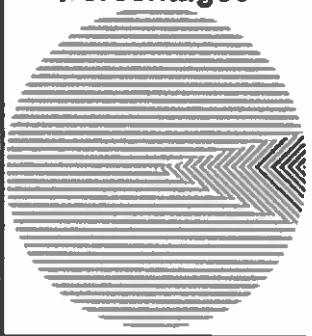
Nutrition Information

Serving Size: 1 fruit yields (86 grams)

Amount Per Serving		
Calories: 39	Calories from Fat: 2	
		% Daily Value*
Total Fat:	0 GM	0%
Saturated Fat:	0 GM	0%
Trans Fat:	NA	NA
Polyunsaturated Fat:	0 GM	
Monounsaturated Fat:	0 GM	
Cholesterol:	0 MG	0%
Sodium:	0 MG	0%
Potassium:	170 MG	5%
Total Carbohydrate:	9 GM	3%
Dietary Fiber:	0 GM	1%
Sugars:	7 GM	
Protein:	less than 1 GM	

Vitamin A: 4%	•	Vitamin C: 70%	
Calcium: 2%	•	Iron: 2%	
Thiamin: 6%	•	Riboflavin: 2%	
Niacin: 2%	•	Vitamin B-6: 2%	
Folate: 6%	•	Vitamin B-12: 0%	
Phosphorus: 2%	•	Zinc: 0%	

Calorie Percentages



PRO - 6%
CHO - 90%
FAT - 4%

* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2000	2500
Total Fat	Less Than	65g	81g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	375mg
Sodium	Less Than	2400mg	3000mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	31g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Notes

1. The nutritional values indicated may not be complete based on limited information from product manufacturer.
2. This is a representation of the nutrition label. Because the data may change from time to time, this

Whole Wheat Flour (Heckers)

JUNO Message Center

From: Juliet Schofield <jschofield@uhlmann.com>

To: "aileenros1@juno.com" <aileenros1@juno.com>

Sent: Thu, Jun 19, 2014 10:51 AM

Subject: Heckers and Ceresota Flour

Good morning Aileen,

This email is confirmation that our flour is indeed, produced in a nut free facility. We will soon be adding this information to the FAQ section on our website.

Please feel free to call if I can assist you further.

Regards,

Juliet Schofield
Executive Assistant
The Uhlmann Company
1009 Central Street
Kansas City, MO 64105
(816) 218-0038

APRICOT
pressure

431 Atlantic City Boulevard
Bayville, NJ
(732) 606-0800

ShopRite Preserves - Apricot - (0)

Share this

Add To List

ShopRite of New London

Not your store?

Details

17.50 oz
SKU / UPC: 041190045280

Nutrition

Nutrition Facts

Serving Size 1 tbsp
Servings Per Container 25

Amount Per Serving	
Calories 50	Calories from Fat 0
	% Daily Value*
Sodium 5mg	**0%**
Total Carbohydrate 13g	**4%**
Sugars 9g	
Protein 0g	
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	0%

Ingredients

Fresh Apricots, Corn Syrup, Sugar, Pectin, Citric Acid.

Directions

Refrigerate after opening.

Other Info

Manufacturer

Wakefern Food Corp.

Elizabeth, NJ 07207
800-SHOPRITE

Share this

You May Also Like

Smucker's - Red Raspberry Jam -

SKU 051500000939

Smucker's - Strawberry Jam -

SKU 051500000946

Smucker's - Strawberry

SKU 051500000953

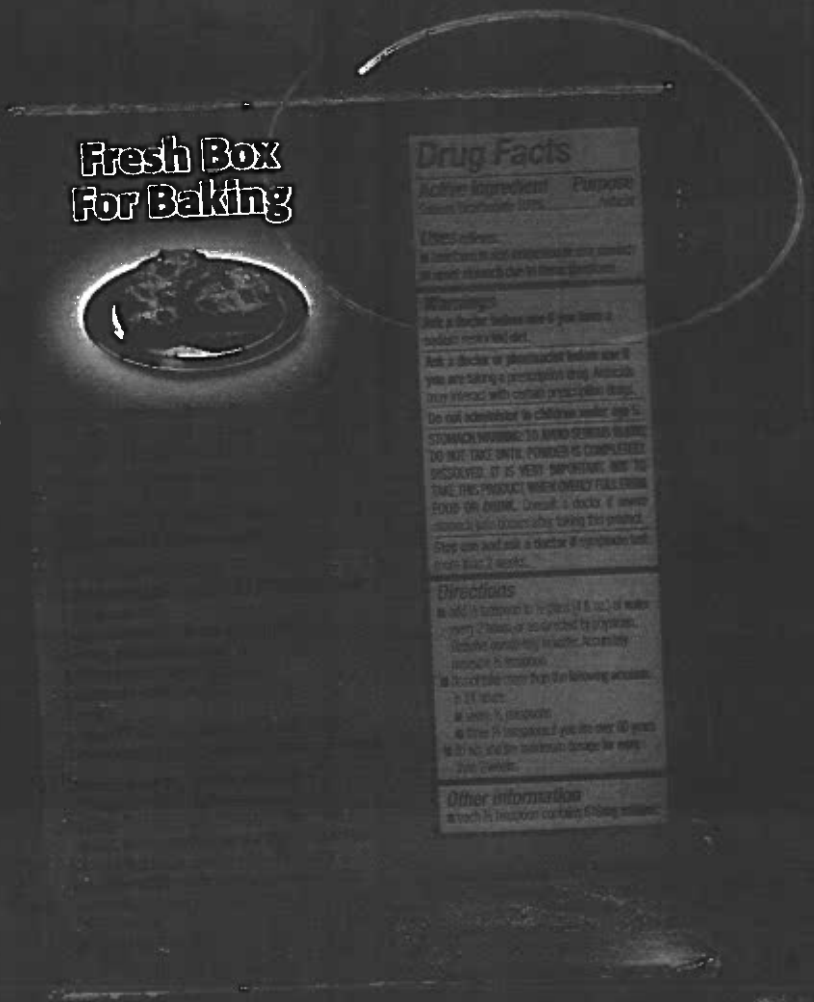
Smucker's - Concord Grape

SKU 051500001622

Smucker Strawberry

SKU 051500(

Baking Soda


Fresh Box
For Baking
Drug Facts
Directions
Other information

BISCUITS

Good things come from Sysco eNutrition

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SYSCO eNutrition>Search Food Products and Recipes>Product Detail

Dough Biscuit Btrmlk

SUPC: 1695592

Pack/Size: 120/2.2 OZ

Nutrition Source: Manufacturer

MPC: 94562-06240

Kosher

Manufacturer: General Mills, Inc.

Brand: Pillsby

GTIN: 10094562062405

UPC: 094562062408

Ingredients: ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OIL, BUTTERMILK, SUGAR, NONFAT MILK, WHEY PROTEIN CONCENTRATE, SODIUM ALUMINUM PHOSPHATE, BAKING SODA, SALT, WHEY, DATEM, SODIUM CASEINATE. CONTAINS WHEAT AND MILK INGREDIENTS.

Nutrition Information

Allergens: Milk, Wheat

Bisquick

Barbara Spevak

From: aileenros1@juno.com
Sent: Sunday, July 21, 2013 10:19 PM
To: Barbara Spevak
Subject: More Ingredients (for next week)

Nutrition Facts
Serving Size 1/3 cup (40g)
Servings Per Container about 28

Amount Per Serving	
Calories	160
Calories from Fat	40
	% Daily Value*
Total Fat 4.5g	7%
Saturated Fat 1g	8%
Trans Fat 1.5g	
Cholesterol 0mg	0%
Sodium 410mg	17%
Potassium 40mg	1%
Total Carbohydrate 26g	9%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 3g	

Calcium 4%	• Iron 6%
Thiamin 10%	• Riboflavin 6%
Niacin 8%	• Folic Acid 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

TO REDUCE FAT AND CHOLESTEROL IN YOUR FAVORITE BISQUICK RECIPES

- Use skim milk in place of whole or low-fat milk.
- Use margarine in place of butter.
- Use egg whites or egg substitute for whole eggs (1 large egg = 2 egg whites or ¼ cup egg substitute).

Ingredients: Enriched Flour Bleached (wheat flour, niacin, iron, thiamin mononitrate, riboflavin, folic acid), Partially Hydrogenated Soybean and/or Cottonseed Oil, Leavening (baking soda, sodium aluminum phosphate, monocalcium phosphate), Dextrose, Salt.
CONTAINS WHEAT INGREDIENTS.

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MINNEAPOLIS, MN 55440 USA
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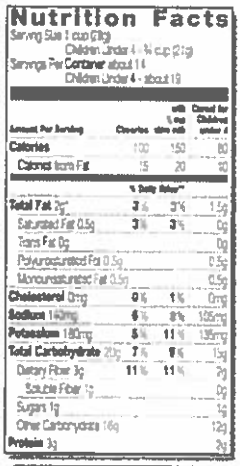
Carbohydrate Choices: 2

CHEERIOS

Product formulations, packaging and promotions may change.

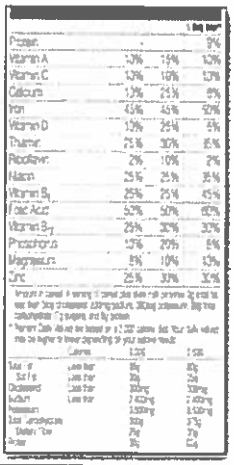
For current information, refer to packaging on store shelves.



Nutrition Facts

Serving Size 1 cup (28g)
Children Under 4 - ¾ cup (21g)
Servings Per Container about 14
Children Under 4 - about 19

Amount Per Serving	Cheerios	with ½ cup skim milk	Cereal for Children under 4
Calories	100	150	80
Calories from Fat	15	20	10
		% Daily Value*	
Total Fat 2g*	3 %	3 %	1.5g
Saturated Fat 0.5g	3 %	3 %	0g
Trans Fat 0g			0g
Polyunsaturated Fat 0.5g			0.5g
Monounsaturated Fat 0.5g			0.5g
Cholesterol 0mg	0 %	1 %	0mg
Sodium 140mg	6 %	8 %	105mg
Potassium 180mg	5 %	11 %	135mg
Total Carbohydrate 20g	7 %	9 %	15g
Dietary Fiber 3g	11 %	11 %	2g
Soluble Fiber 1g			0g
Sugars 1g			1g
Other Carbohydrate 16g			12g
Protein 3g			2g



	Amount	% Daily Value
Protein		8%
Vitamin A	10%	15%
Vitamin C	10%	10%
Calcium	10%	25%
Iron	45%	45%
Vitamin D	10%	25%
Thiamin	25%	30%
Riboflavin	2%	10%
Niacin	25%	25%
Vitamin B_6	25%	25%
Folic Acid	50%	50%
Vitamin B_{12}	25%	30%
Phosphorus	10%	20%
Magnesium	8%	10%
Zinc	25%	30%

Amount in Cereal. A serving of cereal plus ½ cup of skim milk provides 3g protein, 190mg potassium, 30mg magnesium, 3mg zinc, 24g carbohydrate, 7 grams sugar, and 3g protein.

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Whole Grain Oats, Corn Starch, Sugar, Salt, Tripotassium Phosphate, Wheat Starch, Vitamin E (mixed tocopherols) Added to Preserve Freshness.

Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B6 (pyridoxine hydrochloride), Vitamin A (palmitate), Vitamin B1 (thiamin mononitrate), A B Vitamin (folic acid), Vitamin B12, Vitamin D3.

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MINNEAPOLIS, MN 55440 USA
May be mfg. under U.S. Pat. No. 7,021,525
© 2014 General Mills
Exchange: 1 1/2 starch
Based on Academy of Nutrition and Dietetics and American Diabetes Association criteria

2050362640

Not made with genetically modified ingredients.*
*Trace amounts of genetically modified (also known as "genetically engineered") material may be present due to potential cross contact during manufacturing and shipping.

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GENERAL MILLS

search go

Brands

Baking products

Cereals

Big G cereals
Cascadian Farm
Cheerios
Chex
Cinnamon Toast Crunch
Fiber One
Kix
Lucky Charms
Monsters
Total
Trix
Wheaties

Dough / Pastries

Fruit

Ice Cream

Meals

Organic / natural

Cheerios Product List

Cereal
Milk n Cereal Bar
NewWeb
Snack Mix

Cereal

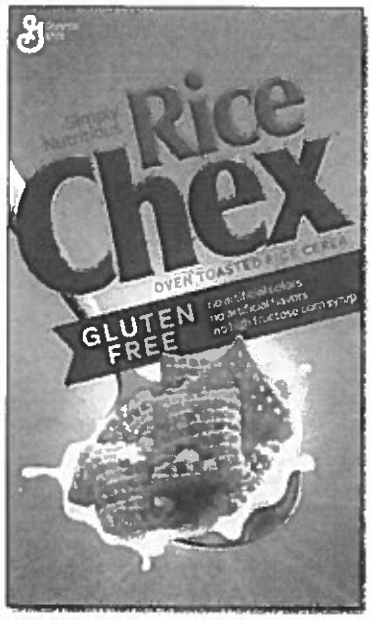
Apple Cinnamon Cheerios
Banana Nut Cheerios
Cheerios
Chocolate Cheerios
Cinnamon Burst Cheerios
Dulce De Leche Cheerios
Frosted Cheerios
Fruity Cheerios
Honey Nut Cheerios
Honey Nut Cheerios Medley Crunch
Multi Grain Cheerios
Multi Grain Cheerios Peanut Butter
Yogurt Burst Cheerios - Strawberry

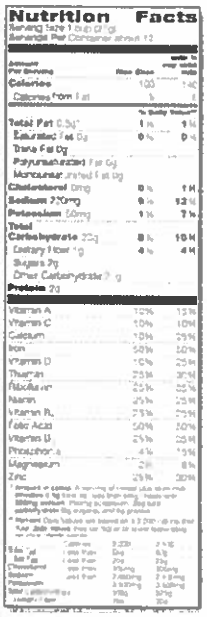
Milk n Cereal Bar

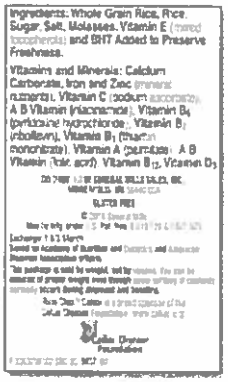
CHEX, rice

Product formulations, packaging and promotions may change.

For current information, refer to packaging on store shelves.




Nutrition Facts


Ingredients: Whole Grain Rice, Rice, Sugar, Salt, Molasses, Vitamin E (mixed tocopherols) and BHT Added to Preserve Freshness.

Vitamins and Minerals: Calcium Carbonate, Iron and Zinc (mineral nutrients), Vitamin C (sodium ascorbate), A B Vitamin (niacinamide), Vitamin B_6 (pyridoxine hydrochloride), Vitamin B_2 (riboflavin), Vitamin B_1 (thiamin mononitrate), Vitamin A (palmitate), A B Vitamin (folic acid), Vitamin B_{12}, Vitamin D_3.

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Brands

Baking products
Cereals
Big G cereals
Cascadian Farm
Cheerios
Chex
Cinnamon Toast Crunch
Fiber One
Kix
Lucky Charms
Monsters
Total
Trix
Wheaties
Dough / Pastries
Fruit
Ice Cream
Meals
Organic / natural
Pasta
Pizza
Snacks
Soup
Vegetables
Yogurt
General Mills Shop

Chex Brand Product List

Text for Chex products

100 Calorie Snack Mix
Cereal
Chex Mix Treats
Chips
Gluten Free Oatmeal
Snack Mix
Sweet n Salty Snack Mix

100 Calorie Snack Mix

Cheddar
Chocolate Caramel

Cereal

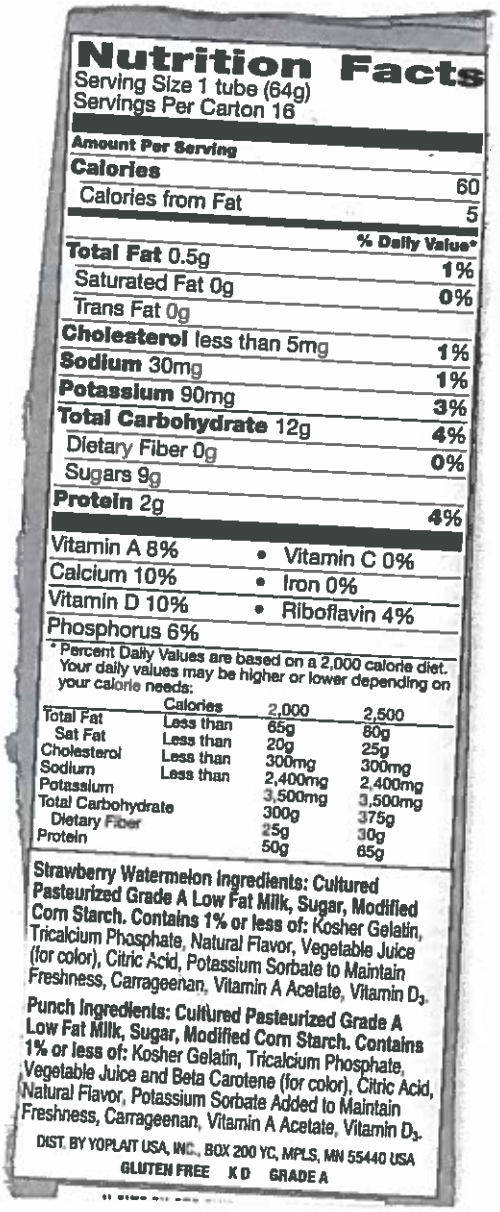
Chex Apple Cinnamon
Chex Chocolate
Chex Cinnamon
Chex Corn
Chex Honey Nut
Chex Rice
Chex Vanilla
Chex Wheat

Chex Mix Treats

Chex Mix Chocolate Chunk Treats

Chips

Caramelized Onion
Cheddar Jalapeno



Nutrition Facts

Serving Size 1 tube (64g)
Servings Per Carton 16

Amount Per Serving	
Calories	60
Calories from Fat	5
	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol less than 5mg	1%
Sodium 30mg	1%
Potassium 90mg	3%
Total Carbohydrate 12g	4%
Dietary Fiber 0g	0%
Sugars 9g	
Protein 2g	4%

- Vitamin A 8%
- Vitamin C 0%
- Calcium 10%
- Iron 0%
- Vitamin D 10%
- Riboflavin 4%
- Phosphorus 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Strawberry Watermelon Ingredients: Cultured Pasteurized Grade A Low Fat Milk, Sugar, Modified Corn Starch. Contains 1% or less of: Kosher Gelatin, Tricalcium Phosphate, Natural Flavor, Vegetable Juice (for color), Citric Acid, Potassium Sorbate to Maintain Freshness, Carrageenan, Vitamin A Acetate, Vitamin D_3.

Punch Ingredients: Cultured Pasteurized Grade A Low Fat Milk, Sugar, Modified Corn Starch. Contains 1% or less of: Kosher Gelatin, Tricalcium Phosphate, Vegetable Juice and Beta Carotene (for color), Citric Acid, Natural Flavor, Potassium Sorbate Added to Maintain Freshness, Carrageenan, Vitamin A Acetate, Vitamin D_3.

DIST. BY YOPLAIT USA, INC., BOX 200 YC, MPLS, MN 55440 USA

GLUTEN FREE K D GRADE A

Goguts

Nutrition Facts

Serving Size 1 tube (64g)
Servings Per Container 16

Amount Per Serving	
Calories	60
Calories from Fat	5
	% Daily Value*
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol less than 5mg	1%
Sodium 30mg	1%
Potassium 90mg	3%
Total Carbohydrate 12g	4%
Dietary Fiber 0g	0%
Sugars 9g	
Protein 2g	4%

Vitamin A 8%	• Vitamin C 0%
Calcium 10%	• Iron 0%
Vitamin D 10%	• Riboflavin 4%
Phosphorus 6%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Protein		50g	65g

Strawberry Splash Ingredients: Cultured Pasteurized Grade A Low Fat Milk, Sugar, Modified Corn Starch. Contains 1% or less of: Kosher Gelatin, Tricalcium Phosphate, Vegetable Juice (for color), Natural Flavor, Potassium Sorbate Added to Maintain Freshness, Carrageenan, Vitamin A Acetate, Vitamin D_3.

Cool Cotton Candy Ingredients: Cultured Pasteurized Grade A Low Fat Milk, Sugar, Modified Corn Starch. Contains 1% or less of: Kosher Gelatin, Tricalcium Phosphate, Fruit Juice (for Color), Potassium Sorbate Added to Maintain Freshness, Natural Flavor, Carrageenan, Vitamin A Acetate, Vitamin D_3.

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GLUTEN FREE K D GRADE A

Goguts

CHOC. Chips, Here

HERSHEY'S

HERSHEY'S Semi-Sweet Chocolate Chips

HERSHEY'S Semi-Sweet Chocolate Chips

A true classic, these rich semi-sweet chocolate chips make baked goods great.

OUD

Click here for a list of Gluten Free Products

* Click on a product icon below to see corresponding nutrition information on the right.

HERSHEY'S Semi-Sweet Chocolate Chips

Ingredients

SEMI-SWEET CHOCOLATE (SUGAR, CHOCOLATE, COCOA BUTTER, MILK FAT, SOY LECITHIN, VANILLIN, ARTIFICIAL FLAVOR, MILK)

Nutrition Information

Kosher Status: OU-D

Serving Size: 1 Tbsp.

Total Calories	70
Calories from Fat	35

Amount Per Serving	**%DV** *
Total Fat 4 g	6%
Saturated Fat 2.5 g	13%
Trans Fat g	
Cholesterol mg	0%
Sodium mg	0%
Total Carbohydrate 10 g	3%
Dietary Fiber 1 g	4%
Sugars 8 g	
Protein 1 g	
Vitamin A	0%
Vitamin C	0%
Calcium	0%
Iron	2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Hershey's goal is to keep each product's nutrition information up-to-date and accurate but please consult the label on the product's packaging before using. If you notice that something is different on a product's label than appears on our website, please call us for more information at (800) 468-1714.

CHOC. Syrup, Her

Good things come from Sysco eNutrition

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SYSCO eNutrition>Search Food Products and Recipes>Product Detail

Syrup Chocolate

SUPC: 4015095

Pack/Size: 6/#10

Nutrition Source: User Added

Brand: Hershey

Ingredients: HIGH FRUCTOSE CORN SYRUP; CORN SYRUP; WATER; COCOA; SUGAR; CONTAINS 2% OR LESS OF: POTASSIUM SORBATE (PRESERVATIVE); SALT; MONO- AND DIGLYCERIDES; XANTHAN GUM; POLYSORBATE 60; VANILLIN, ARTIFICIAL FLAVOR

Create New Recipe

Nutrition Information

COOL WITH

Good things come from Sysco eNutrition

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Topping Whpd Tubs

SUPC: 1161157

Nutrition Source: Manufacturer

Pack/Size: 12/16 OZ

Kosher

Gluten-Free

Brand: Whlfcls

Ingredients: Water, partially hydrogenated palm kernel oil, corn syrup, high fructose corn syrup, contains less than 2% of the following: sugar, partially hydrogenated coconut oil, *sodium caseinate (a milk derivative), artificial flavor, polysorbate 60, sorbitan monostearate, guar gum, xanthan gum, soy lecithin, glycerine, colored with (beta cartotene), partially hydrogenated soybean oil. * Not a source of lactose. ALLERGEN INFORMATION: CONTAINS MILK, SOY.

Allergens: Milk, Soy

Nutrition Information

Fluff

product

Marshmallow Fluff (16 oz)

found in: Condiments / Dressings > Flavored Spread

brand: Marshmallow

manufactured by: Durkee-Mower, Inc.

allergens: a red allergen icon with an ⊘ indicates that the manufacturer asserts that this product is free from this allergen

ingredients (4): Corn Syrup, Sugar, Egg(s) Whites Dried, Vanillin

ingredients color key: • controversial • avoid • non-controversial

members, please sign in to view which ingredients are on your personalized "avoid" list.

warnings: no specific warnings are currently known for this product

nutrition facts

Serving Size: 2 Tbsp
Servings Per Container: 38

amount per serving:	
calories: 40	calories from fat: 0
total calories: 1520	total calories from fat: 0

	% daily value* (DV)	recommended (DV)
total fat 0g	0%	65g
saturated fat 0g	0%	20g
trans fat 0g		
cholesterol 0mg	0%	300mg
sodium 5mg	0%	2,400mg
potassium 0mg	0%	3,500mg

healthier options


La Fede Bruschetta Spread (12 oz)


Crosse & Blackwell Mint Sauce - with Egyptian Mint Leaves(5.00 oz)


Maranatha Almond Butter - Creamy(12.00oz)


Wild Garden Traditional Hummus Dip(13.40 oz)


Cantare Traditional Olive Tapenade(7 oz)


Marco Polo Mild Ajvar Red Pepper Spread With Eggplant & Garlic(19.3 oz)

total carbohydrate 10g	3%	300g
dietary fiber 0g	0%	25g
sugars 6g		
protein 0g		

*Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

1
points

Weight Watchers Winning Points® Value* = 1
Weight Watchers PointsPlus® Value* = 1

*Weight Watchers® and Pointsⓔ are registered trademarks of Weight Watchers International, Inc. The number of Points provided here were calculated by Food Facts, Inc. based on published Weight Watchers International, Inc. information and do not imply sponsorship or endorsement of such number of Points, Food Facts, Inc., or the above product by Weight Watchers International, Inc.

foodfacts

Food coloring

Betty Crocker

Neon Gel Food Colors

4 EASY TO USE TUBES

EASY COLOR BLENDING & MIXING

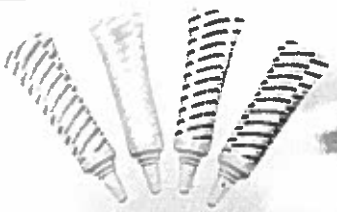
- **Won't dilute even the most delicate recipes.**
- **No drip formula is easy to use.**

DIRECTIONS FOR COLORING EGGS:

- Use hard boiled, clean, white eggs.
- Add 1 teaspoon of Gel Food Color to a small cup.
- Add 1/2 cup of hot tap water (120°) and 1 tsp. vinegar.
- Stir until gel is completely dissolved (about 5 minutes).
- Submerge egg for 4 minutes.
- Carefully remove egg from solution and let sit on drying rack until completely dry (about 15 minutes).

For ideas visit...
www.signaturebrands.com

Easy To Use Gel Formula



DIRECTIONS FOR COLORING COOKIE DOUGH, ICING, AND WHITE CAKE BATTER:

- Add selected gel food color to dough, icing, or white cake batter.
- Mix until color is well blended.
- Continue to add gel food color until preferred color is achieved.
- Bake dough or batter after desired color is achieved.

Pastel colors can be achieved by using small amounts of gel food color. To achieve bolder colors continue to add a small amount of gel food color until desired shade is reached.

INGREDIENTS: Corn syrup, sugar, water, modified cornstarch, yellow 5, yellow 6, red 3, carrageenan, potassium sorbate (preservative), sodium benzoate (preservatives), blue 1, citric acid.

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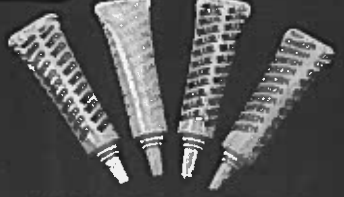
Food coloring

Easy To Use
Gel Formula



Betty Crocker

Classic
Gel Food Colors

4 EASY TO USE TUBES

EASY COLOR BLENDING & MIXING

- Won't dilute even the most delicate recipes.
- No drip formula is easy to use.

DIRECTIONS FOR COLORING EGGS:

- Use hard boiled, clean, white eggs.
- Add 1 teaspoon of Gel Food Color to a small cup.
- Add 1/2 cup of hot water and 1 teaspoon vinegar.
- Dip eggs for a minimum of five (5) minutes.
- Drain eggs well before placing on drying rack.

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COLOR BLENDING CHART

COLOR	RATIO
ORANGE	6 YELLOW: 2 RED
LIME GREEN	5 YELLOW: 1 GREEN
LT. BROWN	7 RED: 2 YELLOW: 1 BLUE
TEAL	1 BLUE: 1 GREEN
ROSE	8 RED: 1 BLUE

These ratios are to be used as a guideline. To achieve color intensity, continue to add a small amount of gel food color until desired shade is reached. For accurate color measurement, gently squeeze on spoon, knife or other mixing utensil.

INGREDIENTS: Corn syrup, sugar, water, food starch-modified , yellow 5, carrageenan, blue 1, red 40, sodium benzoate (preservative), citric acid.

FRENCH Bread

Good things come from Sysco eNutrition

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SYSCO eNutrition>Search Food Products and Recipes>Product Detail

Bread French Parisn Parbk

SUPC: 5860079

Pack/Size: 15/18 OZ

Nutrition Source: Manufacturer

MPC: 22204

Kosher

Manufacturer: Signature Bread

Brand: Signatr

GTIN: 10886105222045

Ingredients: ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, FERROUS SULFATE, THIAMIN MONONITRATE, RIBOFLAVIN,; FOLIC ACID), WATER. CONTAINS LESS THAN 2% OF THE FOLLOWING: SALT, YEAST, DOUGH CONDITIONER (DATEM, ENZYMES, ASCORBIC ACID, L-CYSTEINE, AZODICARBONAMIDE), DEXTROSE, CANOLA OIL.

Nutrition Information

Allergens: Wheat

GRAHAM Cracker Crumbs

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SYSCO eNutrition>Search Food Products and Recipes>Product Detail

Cracker Crumb Graham

SUPC: 4009601

Pack/Size: 1/10 LB

Nutrition Source: Profile Database

MPC: 15347

Kosher

Manufacturer: Kellogg's Co

Brand: Keebler

GTIN: 10030100153471

Ingredients: WHOLE WHEAT FLOUR, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), SUGAR, VEGETABLE OIL (COTTONSEED AND PARTIALLY HYDROGENATED SOYBEAN OIL WITH TBHQ FOR FRESHNESS AND/OR CANOLA OIL), CORN SYRUP, MOLASSES, HONEY, CONTAINS TWO PERCENT OR LESS OF CALCIUM CARBONATE, LEAVENING (BAKING SODA, SODIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE), SALT, ARTIFICIAL FLAVOR, VITAMIN A PALMITATE, BHT FOR FRESHNESS, SOY LECITHIN.

Nutrition Information

Allergens: Soy, Wheat

ICE Cream

Good things come from SYSCO eNutrition

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SYSCO eNutrition>Search Food Products and Recipes>Product Detail

Ice Cream Van

SUPC: 1921089

Nutrition Source: Manufacturer

Pack/Size: 1/3 GAL

Kosher

Brand: Whlfarm

Ingredients: Milk, cream, sugar, corn syrup, whey, buttermilk, vanilla extract, guar gum, mono & diglycerides, sodium phosphate, cellulose gum, sodium citrate, carrageenan, polysorbate 80, annatto (color).~CONTAINS: MILK.

Allergens: Milk

Create New Recipe

Nutrition Information

ICING, Vanilla

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Icing Rtu Vanilla Cream

SUPC: 4046124

Pack/Size: 2/11 LB

Nutrition Source: Manufacturer

MPC: 16000-11216

Kosher

Manufacturer: General Mills, Inc.

Brand: Gm

GTIN: 10016000112169

UPC: 016000112162

Ingredients: SUGAR, PALM OIL, WATER, HIGH MALTOSE CORN SYRUP, CORN STARCH. CONTAINS LESS THAN 2% OF THE FOLLOWING: HYDROGENATED PALM OIL, SALT, DISTILLED MONOGLYCERIDES, YELLOW 5 & 6 AND OTHER COLOR ADDED, POLYSORBATE 60, POTASSIUM SORBATE AND CITRIC ACID (PRESERVATIVES), SODIUM STEAROYL LACTYLATE, SODIUM ACID PYROPHOSPHATE, NATURAL AND ARTIFICIAL FLAVOR, NONFAT MILK. CONTAINS MILK INGREDIENTS.

Nutrition Information

Allergens: Milk

Jello, Strawberry

Strawberry Jello

Nutrition Facts/Datos de nutrición

Serving Size/Tamaño de la porción 1/8 package/paquete (22g)
(makes 1/2 cup/rinde 1/2 taza)
Servings Per Container/Porciones por envase 8

Amount Per Serving/Cantidad por porción	
Calories/Calorías 80	
	% Daily Value*/% Valor diario*
Total Fat/Grasa total 0g	0%
Sat Fat/Sat Fat 0g	0%
Trans Fat/Trans Fat 0g	
Sodium/Sodio 90mg	4%
Total Carbohydrate/Carbohidrato total 19g	6%
Sugars/Azúcares 19g	
Protein/Proteínas 2g	0%

Not a significant source of Calories from Fat, Cholesterol, Dietary Fiber, Vitamin A, Vitamin C, Calcium, and Iron./No es una fuente importante de calorías de grasa, colesterol, fibra dietética, vitamina A, vitamina C, calcio ni hierro.

*Percent Daily Values are based on a 2,000 calorie diet.
*Los valores porcentuales diarios están basados en una dieta de 2,000 calorías.

INGREDIENTS: SUGAR, GELATIN, ADIPIC ACID (FOR TARTNESS), CONTAINS LESS THAN 2% OF ARTIFICIAL FLAVOR, DISODIUM PHOSPHATE AND SODIUM CITRATE (CONTROL ACIDITY), FUMARIC ACID (FOR TARTNESS), RED 40.

INGREDIENTES: AZÚCAR, GELATINA, ÁCIDO ADÍPICO (PARA ACIDEZ), CONTIENE MENOS DE 2% DE: SABORIZANTE ARTIFICIAL, FOSFATO DISÓDICO Y CITRATO DE SODIO (CONTROL DE ACIDEZ), ÁCIDO FUMÁRICO (PARA ACIDEZ), ROJO 40.

KRAFT FOODS GLOBAL, INC.
NORTHFIELD, IL 60093-2753 USA
© KRAFT FOODS

Directions:

- **2 CUPS BOILING WATER**
- **2 CUPS COLD WATER**

ADD boiling water to gelatin mix; stir 2 min. until completely dissolved. **STIR** in cold water. **REFRIGERATE** 4 hours or until firm. Store refrigerated. Makes 8 (1/2-cup) servings.

Speed-Set Method: DISSOLVE gelatin mix in 1-1/2 cups boiling water. **ADD** ice to 1 cup cold water to make 2-1/2 cups. Stir into gelatin until slightly thickened. Remove any unmelted ice. **REFRIGERATE** 30 min for **soft set.** For a firmer set, refrigerate 60 to 90 min or until desired firmness. Store in refrigerator.

Instrucciones:

- **2 TAZAS DE AGUA HIRVIENDO**
- **2 TAZAS DE AGUA FRÍA**

AGREGUE el agua hirviendo a la mezcla de gelatina; revuelva durante 2 minutos hasta que esté completamente disuelta. **INCORPORE** el agua fría. **REFRIGERE** durante 4 horas o hasta que esté firme. Guardar en el refrigerador. Rinde 8 porciones de 1/2 taza cada una.

Método rápido: DISUELVA la mezcla de gelatina en 1-1/2 taza de agua hirviendo. **AGREGUE** hielo a 1 taza de agua fría para hacer 2-1/2 tazas. Incorpore a la gelatina hasta que se espese un poco. Retire todo el hielo que no se haya derretido. **REFRIGERE** durante 30 minutos para que esté **firme pero suave.** Para que esté más firme, refrigere de 60 a 90 minutos o hasta que quede a su gusto. Guardar en el refrigerador.

▲ OPEN HERE ▲

KISSES, Herd

Report Generation Date 10/15/2009
Validity Date 10/15/2009
Report Display/Print Date DATE 5/29/2014

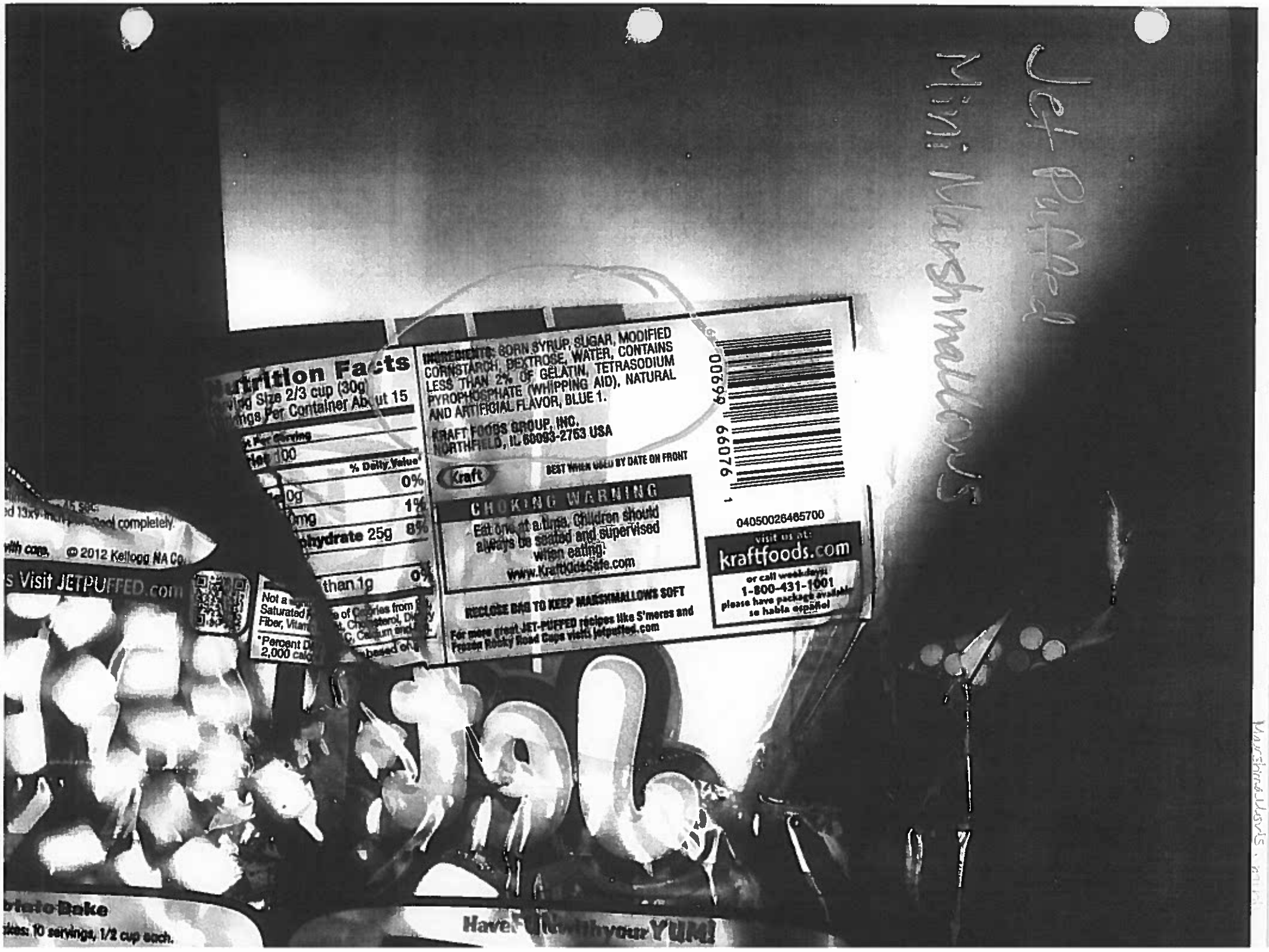
Kisses, Milk Chocolate, 25 lb, US

Nutrition Facts	
Serving Size 9 Pieces (41 g)	
Servings Per Container about 277	
Amount Per Serving	
Calories 200	
Calories from Fat 100	
	% Daily Value*
Total Fat 12 g	18%
Saturated Fat 7 g	35%
Trans Fat 0 g	
Cholesterol 10 mg	3%
Sodium 35 mg	1%
Total Carbohydrates 25 g	8%
Dietary Fiber 1 g	4%
Sugars 23 g	
Protein 3 g	
Vitamin A	0%
Vitamin C	0%
Calcium	8%
Iron	2%

Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs

Calories		2,000	2,500
Total Fat	less than	65 g	80 g
Saturated Fat	less than	20 g	25 g
Cholesterol	less than	300 mg	300 mg
Sodium	less than	2400 mg	2400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

INGREDIENTS:
MILK CHOCOLATE (SUGAR; MILK; CHOCOLATE; COCOA BUTTER; LACTOSE; MILK FAT; SOY LECITHIN; VANILLIN, ARTIFICIAL FLAVOR)
RELIGIOUS STATEMENT:
OU-D


Jet-Puffed
Mini Marshmallows
Nutrition Facts
INGREDIENTS: CORN SYRUP, SUGAR, MODIFIED CORNSTARCH, DEXTROSE, WATER, CONTAINS LESS THAN 2% OF GELATIN, TETRASODIUM PYROPHOSPHATE (WHIPPING AID), NATURAL AND ARTIFICIAL FLAVOR, BLUE 1.
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NORTHFIELD, IL 60093-2763 USA
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Eat one at a time. Children should always be seated and supervised when eating.
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MOZZARELLA ch-e

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SYSCO eNutrition>Search Food Products and Recipes>Product Detail

Cheese Mozz String

SUPC: 0615658

Nutrition Source: Manufacturer

Pack/Size: 192/1OZ

Brand: Arezzio

Ingredients: Pasteurized Part Skim milk, Cheese Cultures, Salt, Enzymes.~ALLERGEN INFORMATION: CONTAINS MILK

Allergens: Milk

Create New Recipe

Nutrition Information

OATS

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Cereal Hot Oat Quick

SUPC: 4991378

Nutrition Source: Profile Database

MPC: 43285

Pack/Size: 12/42 OZ

Kosher

Manufacturer: Quaker Foods

GTIN: 10030000432850

Brand: Quaker

UPC: 030000432853

Ingredients: 100% Natural Whole Grain Quaker(R) quality rolled oats.

Create New Recipe

Nutrition Information

Nutrition Facts

Serving Size 1 tbsp (15mL)
Servings Per Container about 95

Amount Per Serving	
Calories 130	Calories from Fat 130
	% Daily Value*
Total Fat 14g	**22%**
Saturated Fat 2g	**10%**
Trans Fat 0g	
Polyunsaturated Fat 8g	
Monounsaturated Fat 3g	
Cholesterol 0mg	**0%**
Sodium 0mg	**0%**
Total Carbohydrate 0g	**0%**
Protein 0g	

Not a significant source of dietary fiber, sugars, vitamin A, vitamin C, calcium, and iron.

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENT: SOYBEAN OIL.

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W

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all-purpose cook
Wesson Vegetab
and has a light t
shine through.

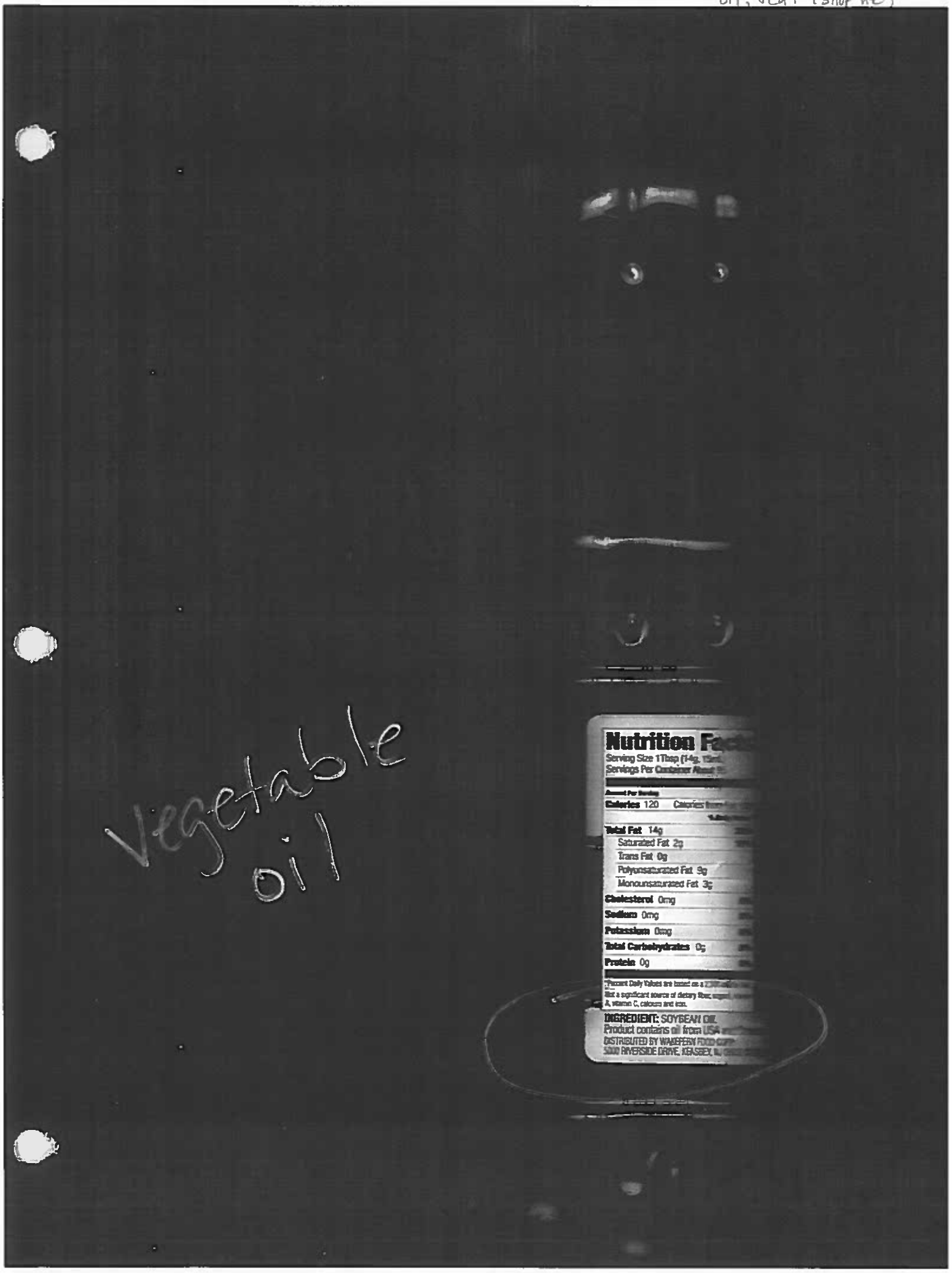
TASTE THE
NOT THE

Usage Ti

Baking - Substitu
butter, margarine o
Frying - Perfect fo
Sautéing - Chick
and vegetables

OIL, Veg-Wes 2

oil, veg. (shop nt)



OREOS

product

Nabisco Chocolate Oreo Sandwich Cookies (15.5 oz)

found in: Snack Foods > Cookies & Cookie Products

brand: Nabisco

manufactured by: Nabisco

allergens: a red allergen icon with an ⊘ indicates that the manufacturer asserts that this product is free from this allergen

ingredients (22): Sugar, Flour Unbleached Enriched (Wheat Flour, Niacin, Iron Reduced, Thiamine Mononitrate (Vitamin B1), Riboflavin (Vitamin B2), Folic Acid (Vitamin aB)), Palm, and/or, Canola Oil High Oleic, Cocoa Processed with Alkali, Corn Syrup High Fructose, Corn Starch, Leavening (Baking Soda, and/or, Calcium Phosphate), Salt, Soy Lecithin, Flavor(s) Artificial Vanillin, Chocolate

ingredients color key: • controversial • avoid • non-controversial

members, please sign in to view which ingredients are on your personalized "avoid" list.

warnings: Contains Wheat and Soy Ingredients

Soy Lecithin is exempt from being labeled as a soy allergen according to U.S. labeling laws. There are only slight traces of the soy protein present to trigger a reaction, however people who are allergic to soy should use caution and check with their allergist before consuming this product

healthier options


Irene's Cranberry Biscotti(8 oz)


Miss Meringue Sugar Free Chocolate Meringue Cookies (1.5 oz.)


Orgran Outback Chocolate Animal Cookies(6.17 oz)


Kinnikinnick Foods KinniKritters Animal Cookies (8 oz)


President's Choice Blue Menu Fruit & Nut Soft Cookies (14.8 oz.)


Tree of Life Fat-Free Toasted Almond Butter Cookies(7.5 oz.)

nutrition facts

Serving Size: 3 Cookies
Servings Per Container: 13

amount per serving

calories: 160 calories from fat: 60

PIE Crust, Fillings

Pillsbury Pie Crusts

2 Pie Crusts

PER 1/8 CRUST

100	2.5g	130mg	0g
CALORIES	SAT FAT 12% DV	SODIUM 6% DV	SUGARS

Pillsbury Pie Crusts

Just unroll, fill & bake!

Nutrition Facts

Serving Size 1/8 Crust (25g)
Servings Per Container 16

Amount Per Serving	
Calories 100	Calories from Fat 50
	% Daily Value*
Total Fat 6g	9%
Saturated Fat 2.5g	12%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 2.5g	
Cholesterol less than 5mg	1%
Sodium 130mg	6%
Total Carbohydrate 12g	4%
Dietary Fiber 0g	0%
Sugars 0g	
Protein less than 1g	
Vitamin A 0% • Vitamin C 0%	
Calcium 0% • Iron 0%	

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Ingredients: Enriched Flour Bleached (wheat flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), **Partially Hydrogenated Lard with BHA and BHT to Protect Flavor***, **Wheat Starch, Water. Contains 2% or less of:** Salt, Rice Flour, Xanthan Gum, Potassium Sorbate and Sodium Propionate (preservatives), Citric Acid, Yellow 5, Red 40.

*Adds A Trivial Amount Of Trans Fat

CONTAINS WHEAT INGREDIENTS.

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May be mfg. under U.S. Pat. Nos. 5,270,065, 6,838,105 & Pat. Pend.

 3621516401

DO NOT EAT RAW PIE CRUST DOUGH

PERFECT APPLE PIE

Prep: 30 Minutes Start to Finish: 3 Hours

Crust

1 box Pillsbury refrigerated pie crusts, softened as directed on box

Filling*

6 cups thinly sliced, peeled apples (6 medium)
3/4 cup sugar
2 tablespoons all-purpose flour
3/4 teaspoon ground cinnamon
1/4 teaspoon salt
1/8 teaspoon ground nutmeg
1 tablespoon lemon juice

1. Heat oven to 425°F. Place 1 pie crust in ungreased 9-inch glass pie plate. Press firmly against side and bottom.

2. In large bowl, gently mix filling ingredients; spoon into crust-lined pie plate. Top with second crust. Wrap excess top crust under bottom crust edge, pressing edges together to seal; flute. Cut slits or shapes in several places in top crust.

3. Bake 40 to 45 minutes or until

PRETZEL S

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ShopRite Pretzel Sticks - (0)

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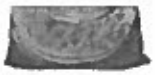

ShopRite of New London

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6.00 oz

SKU / UPC: 041190575558

Nutrition

Nutrition Facts

Serving Size 39 pret

Servings Per Container 15

Amount Per Serving	
Calories 100	Calories from Fat 0
	% Daily Value*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 290mg	**12%**
Total Carbohydrate 24g	**8%**
Dietary Fiber 1g	**4%**
Sugars -1g	
Protein 3g	
Vitamin A	0%
Vitamin C	0%

Calcium	0%
Iron	8%

Ingredients

Enriched Wheat Flour (Contains: Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, and Folic Acid), Salt, Corn Syrup, Yeast, Ammonium Bicarbonate and Sodium Bicarbonate.

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Other Info

Manufacturer

Wakefern Food Corp.

Elizabeth, NJ 07207
800-SHOPRITE

Safety Warnings

Contains wheat.

You May Also Like

Pennysticks - Pretzels

SKU: 070415101517

Pennysticks - Pretzels - Salted

SKU: 070415101562

Herr's - Pretzel Rods

SKU: 072600006171

Rc

Pudding - Vanilla

Jello Pudding - French Vanilla

Pudding - Vanilla & Choc.

Nutrition Facts

Serving Size	Chocolate		Vanilla	
1 pudding cup (92g)				
Servings Per Container	18		18	
Amount Per Serving				
Calories	110		100	
Calories from Fat	20		25	
	% Daily Value*		% Daily Value*	
Total Fat	2.5g	4%	3g	5%
Saturated Fat	1g	5%	1.5g	8%
Trans Fat	0g		0g	
Polyunsaturated Fat	0g		0g	
Monounsaturated Fat	0.5g		1g	
Cholesterol	0mg	0%	0mg	0%
Sodium	115mg	5%	110mg	5%
Potassium	95mg	3%	20mg	1%
Total Carb.	20g	7%	18g	6%
Dietary Fiber	2g	8%	less than 1g	3%
Sugars	13g		12g	
Protein	less than 1g		less than 1g	
Calcium		30%		30%
Iron		4%		0%

Not a significant source of Vitamin A, and Vitamin C.

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Potassium		3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

CHOCOLATE INGREDIENTS: WATER, NONFAT MILK, SUGAR, MODIFIED CORN STARCH, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: PALM OIL, PARTIALLY HYDROGENATED PALM OIL, SUNFLOWER OIL, PARTIALLY HYDROGENATED SOYBEAN OIL), COCOA (PROCESSED WITH ALKALI), LESS THAN 2% OF CALCIUM CARBONATE, SALT, SODIUM STEAROYL LACTYLATE, ARTIFICIAL FLAVOR, COLOR ADDED.
CONTAINS: MILK.

VANILLA INGREDIENTS: WATER, NONFAT MILK, SUGAR, MODIFIED CORN STARCH, VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: PALM OIL, PARTIALLY HYDROGENATED PALM OIL, SUNFLOWER OIL, PARTIALLY HYDROGENATED SOYBEAN OIL), LESS THAN 2% OF CALCIUM CARBONATE, SALT, SODIUM STEAROYL LACTYLATE, DISODIUM PHOSPHATE, NATURAL AND ARTIFICIAL FLAVOR, COLOR ADDED (INCLUDING YELLOW 5 AND YELLOW 6).
CONTAINS: MILK.

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OMAHA, NE 68103-0768 U.S.A.

GLUTEN FREE

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PUFF PASTRY

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SYSCO eNutrition>Search Food Products and Recipes>Product Detail

Dough Puff Pastry Square 5x5

SUPC: 7545973

Nutrition Source: Manufacturer

Pack/Size: 120/2OZ

Kosher

Brand: Bkrscls

Ingredients: UNBLEACHED ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), WATER, VEGETABLE OILS (PALM, SOYBEAN, HYDROGENATED COTTONSEED), CONTAINS 2 PERCENT OR LESS OF: HIGH FRUCTOSE CORN SYRUP, SALT, MONO AND DIGLYCERIDES, SOY LECITHIN, MALTED BARLEY FLOUR, TURMERIC AND ANNATTO EXTRACTS FOR COLOR. CONTAINS: WHEAT, GLUTEN, SOY.

Nutrition Information

Allergens: Soy, Wheat

Rolo

ROLO
ROLO® Pretzel Delights
Small Pretzels
Pecan Halves
ROLO® Chewy Caramels in Milk Chocolate
Directions:
Dist. by The Hershey Company
Hershey, Pennsylvania
Under License from Societe des Produits
Vevey, Switzerland. Trademark Owners
© THE HERSHEY COMPANY
Questions or comments about this product
call toll-free weekdays 9-4 ET
Visit us at www.hersheys.com
701-37821-007
34000 378
PA53088
2014

SAUCE

Bayville, NJ

(732) 606-0800

Don Pepino Spaghetti Sauce - (0)

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ShopRite of New London

Not your store?

Details

28.00 oz

SKU / UPC: 030271025105

Nutrition

Nutrition Facts

Serving Size 1/2 cup

Servings Per Container 6

Amount Per Serving	
Calories 80	Calories from Fat 40
	% Daily Value*
Total Fat 4g	**6%**
Saturated Fat 0.5g	**3%**
Trans **Fat** 0g	
Cholesterol 0mg	**0%**
Sodium 530mg	**22%**
Total Carbohydrate 8g	**3%**
Dietary Fiber	**12%**
Sugars 5g	
Protein 2g	

Vitamin A	30%
Vitamin C	15%
Calcium	2%
Iron	8%

Ingredients

Tomatoes, Corn Oil, Salt, Spices, Powdered Onion and Garlic.

Share this

Other Info

Manufacturer

Don Pepino Sales Co., Inc.

Williamstown, NJ 08097

You May Also Like

Francesco Rinaldi - Pasta Sauce -

SKU 077644301329

Francesco Rinaldi - Pasta Sauce -

SKU 077644302326

Francesco Rinaldi - Pasta Sauce -

SKU 077644303323

Francesco Rinaldi - Pasta Sauce -

SKU 077644304320

SKITTLES

Skittles®

"Taste The Rainbow"

Skittles® Flavors

Skittles® Nutrition and Ingredients

Find out about Skittles® candy nutrition information and Skittles® facts:

Select Flavor: Original

Nutrition Facts
Serving Size 1 ct (61.5g)
Calories 250

Amount/Serving	%DV*
Total Fat 2.5g	4%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 20mg	1%
Total Carbohydrate 56g	19%
Dietary Fiber 0g	0%
Sugars 46g	
Protein 0g	

* Percent Daily Values (DV) are based on a 2,000 calorie diet.

INGREDIENTS:
Sugar, Corn Syrup, Hydrogenated Palm Kernel Oil, less than 2% of: Citric Acid, Tapioca Dextrin, Modified Corn Starch, Natural and Artificial Flavor, Colors (Red 40 Lake, Titanium Dioxide, Red 40, Yellow 5 Lake, Yellow 5, Yellow 6 Lake, Yellow 6, Blue 2 Lake, Blue 1, Blue 1 Lake), Sodium Citrate, Carnauba Wax.

Wrigley's goal is to keep our online nutritional information up-to-date and accurate. However, we always recommend that you check our labels, or call 1-800-WRIGLEY, for the most up-to-date ingredient and nutritional information.

Skittles® Facts and History

Learn more about the history of Skittles® candy and the introduction of each of the Skittles® flavors and Skittles® facts.

1979
Skittles® candies roll out across the US in force in the original flavor combination of Orange, Lemon, Lime, Grape and Strawberry in a rainbow of Skittles® colors. At first they're imported, but from 1982 Skittles candies are manufactured in the U.S.

1989
New varieties of Skittles® candies are introduced including Tropical Skittles® (with flavors like Banana, Kiwi and Mango) and Wild Berry Skittles® (with Raspberry, Wild Cherry and Strawberry flavors).

2000
Skittles® turn tough as hard-hitting Sour Skittles® candies make their debut.

2004
Something to really get your teeth into... the fruit flavored Skittles® Bubble Gum is launched.

2005
Why have just o
shell? Skittles® S
with each sweet
different fruity f

U.S. Brands

SWEETENED
Condensed mi

product

Nestle Carnation Sweetened Condensed Milk (14 oz)

found in: Milk and milk products > Milks

brand: Nestle

manufactured by: Nestle USA, Inc

allergens: a red allergen icon with an ⊘ indicates that the manufacturer asserts that this product is free from this allergen

ingredients (2): Milk, Sugar

ingredients color key: • controversial • avoid • non-controversial

members, please sign in to view which ingredients are on your personalized "avoid" list.

warnings: no specific warnings are currently known for this product

healthier options


Milk, Whole(1 fl oz)


Milk, 1%(1 fl oz)


Milk, 2%(1 fl oz)


Milk (Fat Free or Skim)(1 Cup)


Milk (Fat Free or Skim)(1 fl oz)


Silk Original Almondmilk(32 OZ)

nutrition facts

Serving Size: 2 tbsp
Servings Per Container: 10

amount per serving	
calories: 130	calories from fat: 30
total calories: 1300	total calories from fat: 300

	% daily value* (DV)	recommended (DV)
total fat 3g	5%	65g
saturated fat 2g	10%	20g
trans fat 0g		
cholesterol 10mg	3%	300mg
sodium 45mg	2%	2,400mg
potassium 0mg	0%	3,500mg

total carbohydrate 22g	7%	300g
dietary fiber 0g	0%	25g
sugars 22g		
protein 3g		
calcium	10%	
vitamin a	2%	

*Percent daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs

3 points

Weight Watchers Winning Points® Value* = 3
Weight Watchers PointsPlus® Value* = 3

*Weight Watchers® and Points® are registered trademarks of Weight Watchers International, Inc. The number of Points provided here were calculated by Food Facts, Inc. based on published Weight Watchers information and do not imply sponsorship or endorsement of such number of Points, Food Facts, Inc., or the above product by Weight Watchers International, Inc.

Unsweetened Chocolate

Barbara Spevak

From: aileenros1@juno.com
Sent: Sunday, July 21, 2013 10:31 PM
To: Barbara Spevak
Subject: One More Ingredient List

Hershey's unsweetened baking bar

contains chocolate and cocoa.

VANILLA Wafers

Good things come from SYSCO eNutrition

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Cookie Vanilla Wafer Bulk Pack

SUPC: 4008314

Nutrition Source: Manufacturer

Pack/Size: 6/13.3OZ

Kosher

Brand: Sys Cls

Ingredients: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE [VITAMIN B1], RIBOFLAVIN [VITAMIN B2], FOLIC ACID), SUGAR, SOYBEAN AND PALM OIL WITH TBHQ FOR FRESHNESS, CONTAINS TWO PERCENT OR LESS OF SALT, HIGH FRUCTOSE CORN SYRUP, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), BUTTER (CREAM, SALT), SOY LECITHIN, NATURAL AND ARTIFICIAL VANILLA FLAVOR. CONTAINS WHEAT, SOY AND MILK INGREDIENTS.

Allergens: Milk, Soy, Wheat

Create New Recipe

Nutrition Information

Sea Salt Veggie Chips

Nutrition Facts

Serving Size 1 Bag (28g)

Amount Per Serving	
Calories 130	Calories from Fat 60
	% Daily Value*
Total Fat 7g	**11%**
Saturated Fat 1g	**5%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 250mg	**10%**
Total Carbohydrate 15g	**5%**
Dietary Fiber less than 1g	**3%**
Sugars 1g	
Protein 1g	

Vitamin A	0%	• Vitamin C	2%
Calcium	0%	• Iron	2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: VEGGIE CHIPS (POTATO FLOUR, POTATO STARCH, TOMATO PASTE, SPINACH POWDER, SALT, SUGAR, BEETROOT POWDER [COLOR], PALM OIL, TURMERIC), CANOLA OIL AND/OR SAFFLOWER OIL AND/OR SUNFLOWER OIL, SEA SALT.

MANUFACTURED IN A FACILITY THAT PROCESSES WHEAT, SOY AND MILK.

Sea Salt Veggie Straws

Nutrition Facts

Serving Size 1 Bag (28g)

Amount Per Serving

Calories 130	Calories from Fat 60
	% Daily Value*
Total Fat 7g	**11%**
Saturated Fat 0.5g	**3%**
Trans Fat 0g	
Cholesterol 0mg	**0%**
Sodium 250mg	**10%**
Total Carbohydrate 16g	**5%**
Dietary Fiber less than 1g	**2%**
Sugars less than 1g	
Protein less than 1g	

Vitamin A	0%	• Vitamin C	2%
Calcium	0%	• Iron	2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: VEGGIE STRAWS (POTATO FLOUR, POTATO STARCH, CORN STARCH, TOMATO PASTE, SPINACH POWDER, SALT, SUGAR, BEETROOT POWDER [COLOR], TURMERIC), CANOLA OIL AND/OR SAFFLOWER OIL AND/OR SUNFLOWER OIL, SEA SALT.

MANUFACTURED IN A FACILITY THAT PROCESSES WHEAT, SOY AND MILK.

WHIPPED Cream

Good things come from Sysco eNutrition

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SYSCO eNutrition>Search Food Products and Recipes>Product Detail

Cream Whipped Arsl Xtra Creamy

SUPC: 1251745

Pack/Size: 12/15 OZ

Nutrition Source: User Added

Brand: Whlfarm

Ingredients: ngredients: Heavy Cream, Water, Sugar, Nonfat Milk, Maltodextrin, Contains less than 2% of: Cellulose Gel, Mono and Diglycerides, Natural and Artificial Flavor, Carrageenan, Cellulose Gum. Propellant: Nitrous Oxide. Contains: Milk

Allergens: Milk

Create New Recipe

Nutrition Information

White choc.

Gourmet chocolates guaranteed safe for those with any nut or peanut allergy. 1-888-468-8373

Items 0 | Sub Total $0.00 Checkout

DEPARTMENTS
- Main Store
- Specials
- Trail Mix
- Pretzels & Chocolate
- Other Candy
- Granola Bars-TANABAR
- Energy - MetaBall
- Boxed Chocolates
- Chocolate Pops
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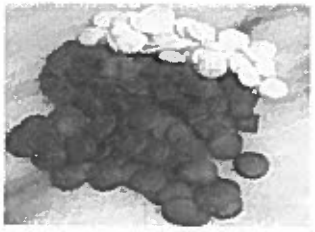
Safe Snack Guide

Candy Melts-16oz Bag



Item Number: 6-1007

Flavor Choice Select

Price: Starting at $4.50

Quantity 1

BUY NOW

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Detailed Description

Milk Candy Melts: Sugar, vegetable oils (palm kernel and partially hydrogenated palm), skim milk, cocoa powder, whole milk, vanilla, natural and artificial flavors, sorbitan tristearate and soy lecithin (emulsifiers), and salt. Dark Candy Melts: Sugar, vegetable oils (palm kernel and partially hydrogenated palm), cocoa powder, skim milk, cocoa (processed with alkali), vanilla, natural and artificial flavors, sorbitan tristearate and soy lecithin (emulsifiers), and salt. (Contains: dairy.) White Candy Melts: Sugar, palm kernel oil, nonfat milk powder, whole milk powder, whey powder, palm oil, soy lecithin added as an emulsifier, and vanilla.

10 Island Circle Grand Isle, VT 05458 Toll-Free: 1-888-468-8373 Phone/Fax: 802-372-4654 customerservice@vermontnutfree.com

York PEPPA PATTI

As A... 70% Less

than the average of the leading chocolate candy bra...

175 WRAPPED PIECES

York

Get the sensation!®

*3 grams of fat per 41 gram serving vs. 10 grams of fat in the average of the leading chocolate candy brands.

Nutrition Facts

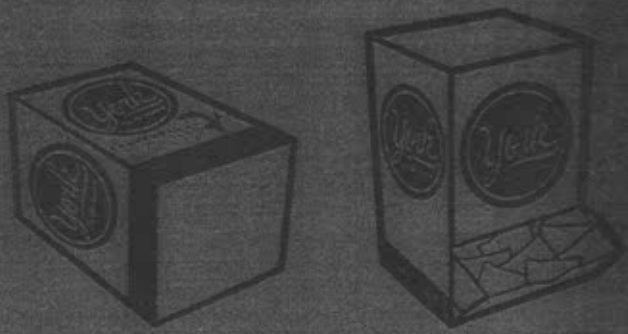
Serving Size 3 Pieces (41 g)
Servings Per Container about 58

Amount Per Serving	
Calories 150	Calories from Fat 25
	% Daily Value*
Total Fat 3 g	5%
Saturated Fat 2 g	10%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 15 mg	1%
Total Carbohydrates 33 g	11%
Dietary Fiber less than 1 g	4%
Sugars 27 g	
Protein less than 1 g	

Vitamin A	0%	• Vitamin C	0%
Calcium	0%	• Iron	2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g



1. LAY DISPLAY ON BACK
2. PRESS TAB
3. STAND DISPLAY UP
4. PULL DOWN DOOR

INGREDIENTS: SUGAR, CORN SYRUP, SEMISWEET CHOCOLATE (CHOCOLATE, SUGAR, COCOA, MILKFAT, COCOA BUTTER, SOY LECITHIN, PGPR, EMULSIFIER, VANILLIN, ARTIFICIAL FLAVOR), INVERT SUGAR, EGG WHITES, OIL OF PEPPERMINT, MILK. ⓘD

Dist. by The Hershey Company
Hershey, Pennsylvania 17033-0815, U.S.A.
Mfd. in Mexico
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Questions or comments about this product, call toll-free weekdays 9-4 ET 1-800-468-1714
Visit us at www.YorkPeppermintPatties.com

0 34000 06642 1

175 COUNT

34000 06642

11F19S3T BB 05 2014

CT FOOD ALLERGY MOM

ABOUT

A food allergic life

FINALLY, THE DEFINITIVE WORD ON OREOS!

April 18, 2013 · *by* ctfoodallergymom · *in Uncategorized* · *2 Comments*

We've heard anecdotal statements for years that Oreos were peanut-free, but no one could tell us for sure. So, we went right to the source. And boy are we happy. I'm on my way to the store right now!

Kraft Foods

Thank You for Contacting Us!

Hi Genevieve,

Thank you for visiting our website.

CTFOODALLERGYMOM

CTFOODALLERGYMOM

- Tree Nut Allergy Alert: Silk Light Original Soymilk Containers fb.me/1RSAi0zQ3 1 week ago

I'd be glad to provide you with information on our OREO manufacturing processes pertaining to food allergens.

The only *Oreo* cookies that contain any peanut ingredients are the *Oreo* Double Delight Chocolate Sandwich Cookies Peanut Butter 'n Chocolate Crème.

Other *Oreo* products, including traditional *Oreo* Chocolate Sandwich Cookies, currently are produced in other facilities that do not produce the *Oreo* Double Delight Peanut Butter 'n Chocolate Crème and on production lines that do not produce peanut-containing products.

This information is accurate as of today. As recipes and production schedules are subject to change, always make sure you read the label every time you buy any product.

We understand that allergic consumers are concerned about the potential carryover of an allergen between products that are manufactured on shared equipment. Most of our production lines are designed to be convertible to other products. If a product is made on shared equipment, every reasonable precaution, including stringent

- Steve Carell and Despicable Dairy fb.me/6KbnTL6BG
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- 2014 Promotions | New Britain Rock Cats Promotions fb.me/32LJssFU2
  3 weeks ago
- fb.me/3BOcZ2zuM
  3 weeks ago
- kids with #foodallergies don't need to feel left out, even in baseball. Future #yankees catcher http://t.co/BgyNvTYd4D
  1 month ago

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- Easter Bunny one stop shopping
- Peanut Allergies Are NOT A JOKE

ARCHIVES

cleaning and sanitation practices, is taken to prevent cross-contact with the eight major allergens (eggs, fish, shellfish, milk, peanuts, soy, tree nuts and wheat). When contact with one of these allergens is unavoidable, then the product is labeled appropriately. Please be aware that formulas may change and the best source of information is the ingredient line. We ask that our consumers take the time to check the ingredient line prior to purchasing a product.

I hope this information will assist you with your food choices.

For more information about food nutrition, visit www.mondelezinternational.com and click on Healthy Living.

Adele Stapley
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The Nut-Free Mom
Raising a nut-free kid in a nutty world®

Friday, September 3, 2010

Is Hershey's Chocolate Nut-Free?

With school in session again, I'm getting a lot of questions about candy and snacks. I thought it was time to revisit my nut-free Hershey chocolate info. A lo fo people want to know "Is Hershey's Chocolate nut free?" Here is a blog that I wrote in the past year:

Like me, a lot of you have probably called Hershey in the past. They have pretty thorough information on their labels, according to the reps I've spoken to and appear to take appropriate safety protocols. For those of you who want a nut-free facility for your chocolates, of course I will plug Vermont Nut-Free Chocolates once again! They have a huge selection of nut-free chocolates including baking chocolate, themed chocolate candies and some delicious new nut-free snacks. They are always my first choice.

Now, on to Hershey: I have used most of the following Hershey's products and they've worked out fine for my severely nut-allergic daughter. However, depending on your situation, they may not work for you. Always check with your doctor if you've got additional questions.

OK, with the disclaimer out of the way, here is the list of Hershey's candies that are currently "safe" for people allergic to tree nuts and peanuts:

Hershey's Milk Chocolate Bar - regular size 1.5 oz (KING Size or any other size of this bar does have cross contamination)--- this bar is made on a dedicated line 24 hours per day (does contain milk)

Jolly Ranchers - hard candy

Twizzlers - Strawberry (does contain wheat and soy)

York Peppermint Patty (does contain milk)

Hershey's Milk Chocolate Kisses (does contain milk)

Hershey's Chocolate Syrup

Hershey's Cocoa Powder (for baking)

Check out this link from the FAQS page at Hershey. It confirms what I have been told--if there is any concern about crossover contact, they will have an allergy warning such as "may contains" or "processed on equipment with." If you don't see this type of allergy warning you can then deem the product "safe."

For example, that would mean plain Hershey's milk chocolate kisses are safe for nut allergies. For other varieties--and there are so many--please read the labels carefully. Also, Hershey's semi-sweet baking chips are OK. This is good to know since Nestle, many people's old standyby, are off limits.

Of course, companies can make mistakes so we never have guarantees when purchasing prepared foods from a facility that is not dedicated nut-free. However, kudos to Hershey (located in my husband's hometown!) for taking food allergies seriously. If you have questions about specific allergy needs, you can call Hershey at

About Me

Jenny

The Nut-Free Mom (TM) is North America's leading parenting site for families living with peanut and tree nut allergies. I'm the mother of 2 wonderful girls: one has life-threatening nut allergies and one doesn't. "'The Nut-Free Mom' is a great blog for all parents who have a child allergic to nuts, or any food...." - Parents Magazine

View my complete profile

New to nut allergies? My e-book helps you cope.

You -- and your child -- can learn to manage severe nut allergies. "Packed with great advice." Allergic Living magazine

Buy it now from amazon.com

Click for a direct link to my e-book on Amazon.

Also available on Nook, iPad, Mac and android phone. Click http://nut-freemom.blogspot.com/p/my-e-book-new-nut-free-mom-now-available.html for more details.

Nut-Free Chocolate Candy